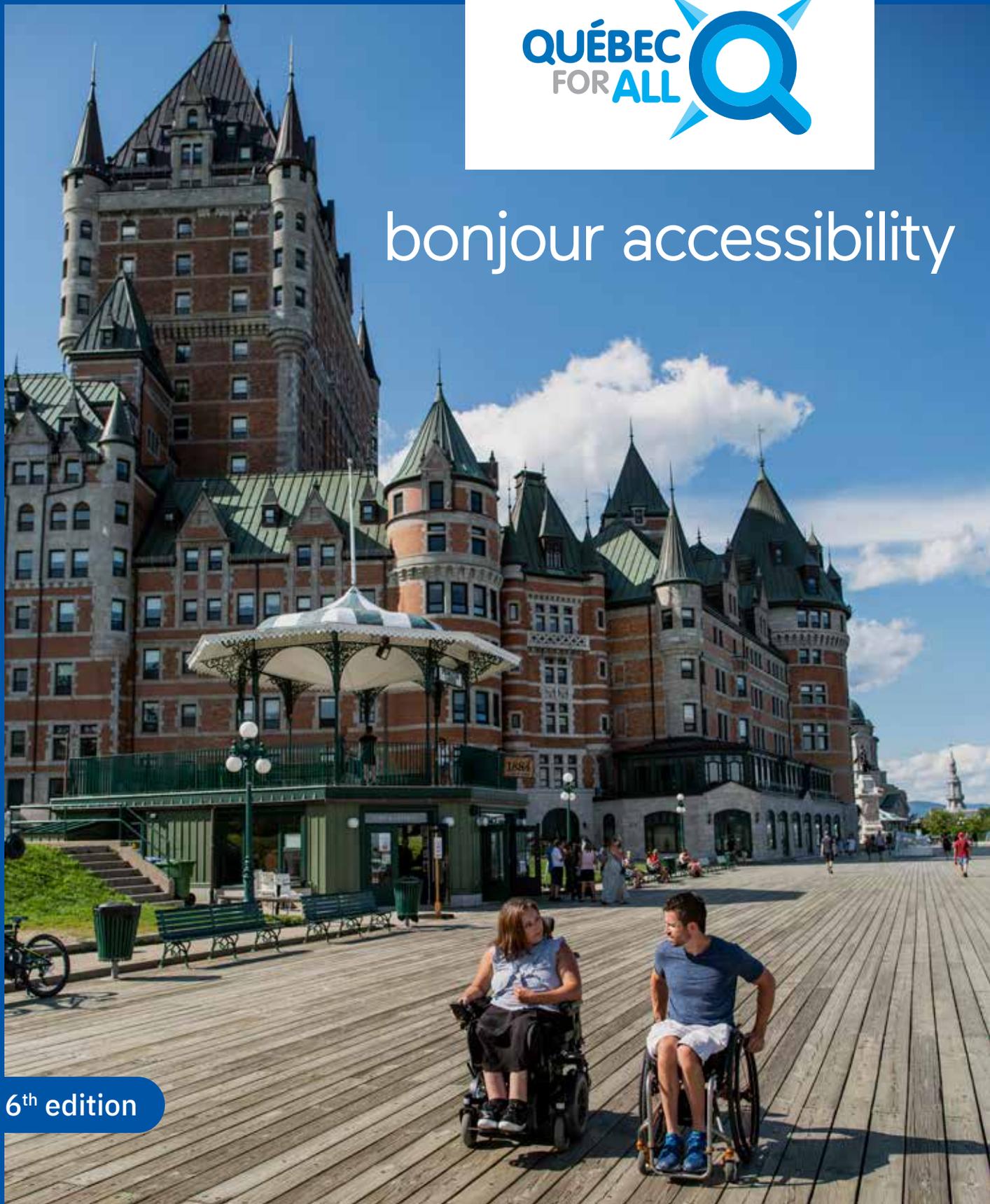




bonjour accessibility



6th edition

© TQ / G. Leroyer





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Kéroul, the organization behind *Québec for all*

Founded by André Leclerc in 1979, Kéroul is a non-profit organization dedicated to promoting accessible tourism and cultural establishments, activities and services in Québec. Kéroul is the key consultant for Tourisme Québec regarding accessibility: training of front-line staff, assessment of accessibility at tourist establishments, and management of Tourisme Québec's Programme d'accessibilité des établissements touristiques (PAET), which helps businesses become more accessible by offering financial assistance to that end.

Québec residents, become a member of Kéroul

Subscribe on the [Kéroul website](#) or by phone at 514 252-3104, for \$25 per year.

- Support an organization with a mission that's important to you
- Receive *Le Baladeur*, a quarterly magazine that focuses on accessible tourism and culture
- Receive the bi-monthly newsletter, *Kéroul en bref*
- Attend the annual general meeting
- Contribute to the development of accessibility

Kéroul certification

Based on the [barrier-free design standards of the Québec Construction Code](#), Kéroul's accessibility criteria touch on all aspects of accessibility from a visitor's standpoint, so the rating is a reliable indicator.

Three accessibility ratings for clients with a mobility impairment:

-  An "accessible rating" means that the establishment meets all of a visitor's accessibility criteria and offers a satisfactory visitor experience for the majority of people with a mobility impairment.
-  A "partially accessible" rating means that the establishment meets a visitor's main accessibility criteria but has some missing elements that could affect the experience of some people with a mobility impairment.
-  A "not accessible" rating means that the establishment does not meet a visitor's main accessibility criteria (there are thresholds, steps, etc.).

Two additional ratings may be assigned:

-  Rating for visitors with hearing impairments (e.g. audioguide).
-  Rating for visitors with visual impairments (e.g. tactile exploration).



Visit Québec with peace of mind

What is Québec for all?

Québec for all is the perfect website for planning your next vacation in Québec. Its database comprises over 2,000 tourism businesses that Kéroul has certified as "accessible" or "partially accessible." The site also offers information on accessible transportation as well as tips and a blog to help you plan your trip.

Go to Québec for All to use the database

[quebecforall.com](#)



In this brochure, we offer you many ideas for outings and accommodations. Please note, however, that some facilities are currently being re-evaluated; these company names are followed by an asterisk (*). Remember to contact the establishment before going there to confirm its accessibility, as well as the presence and proper functioning of equipment (skis, joëlettes, adapted bicycles, etc.).

You will find more tourist establishments available online at [quebecforall.com](#) or [keroul.qc.ca](#).

Summary

Québec Regions	4
Abitibi-Témiscamingue	6
Outaouais	8
Laurentians	10
Lanaudière	14
Laval	16
Montréal	17
Montérégie	22
Eastern Townships	25
Centre-du-Québec	28
Mauricie	30
Saguenay-Lac-Saint-Jean	32
Eeyou Istchee Baie-James	35
Québec City Region	36
Charlevoix	40
Chaudière-Appalaches	42
Bas-Saint-Laurent	44
Gaspésie	46
Côte-Nord	49
Îles-de-la-Madeleine	51
Travel services	53
Transportation	54

Québec Regions



Québec offers over 1.6 million km² of incredible landscapes, human warmth and indoor and outdoor activities! Each season gives you the opportunity to experience unique discoveries and encounters, in a land where hospitality and respect for others are fundamental values.

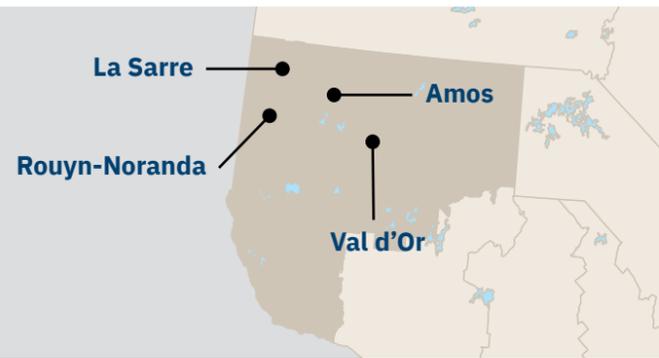
Québec offers the chance to enjoy a wealth of unforgettable experiences in 19 exceptional tourist regions. Get out into nature, learn more about our First Nations, make the rounds of festivals or enjoy a host of gastronomic delights. It's all there for you.

Each region offers facilities that are

- accessible and
- partially accessible

Abitibi-Témiscamingue © H. Lacroix	10 51	Montérégie © TQ / D. Lafond	28 99	Charlevoix © Le Massif de Charlevoix	13 39
Outaouais © TQ / P. Lambert - C. Parent	31 64	Eastern Townships © TQ / J.-F. Bergeron	58 82	Chaudière-Appalaches © TQ / M. Julien	16 49
Laurentians © TQ / M. Dupuis	32 118	Centre-du-Québec © TQ / C. Savard	23 125	Bas-Saint-Laurent © TQ / M. Dupuis	43 71
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Laval © S. Poliquin	22 59	Saguenay-Lac-Saint-Jean © TQ / Y. Ouellet	39 68	Côte-Nord © Condos-hôtel Natakam	11 55
Montréal © TQ / J. Tremblay	214 247	Eeyou Istchee Baie-James © TQ / M. Dupuis	2 7	Îles-de-la-Madeleine © TQ / A. Quenneville	16 29

Abitibi-Témiscamingue



This vast region is composed of lush forests and lakes. You'll travel through one picturesque village after another. Also known for its mining potential, the region is dotted with fertile farmland and historic sites.

Parc national d'Aiguebelle © H. Lacroix

Parks and Outdoors

Refuge Pageau • Amos

This shelter cares for orphaned, sick or injured wild animals. A beautiful place to get to know the iconic wildlife of Québec.



© TQ / C. Savard

Parc botanique à fleur d'eau (botanical gardens)* • Rouyn-Noranda

In this verdant jewel, you'll be able to make your way along accessible paths in the midst of more than 25,000 plants, trees and shrubs.

Parc national d'Aiguebelle • Rouyn-Noranda

The magnificent landscapes of this region await you. The accessible La Castorière trail invites you to explore 760 metres of beaver habitat.

Pavillon d'interprétation de l'esker • Saint-Mathieu-d'Harricana

This picnic stop in the heart of the forest features an exhibition on what is involved in collecting water from an esker.

Culture and Heritage

Centre d'exposition d'Amos* • Amos

This three-room centre hosts some 15 exhibitions per year, with a focus on contemporary modes of creation.

Maison Hector-Authier • Amos

The very first urban-style house in the region, it offers visitors an immersive experience of the days when Abitibi was first settled.

Vieux Palais, Palais des arts Harricana • Amos

This former courthouse is now a centre dedicated to the visual arts and the region's history.

Obadjiwan-Fort Témiscamingue National Historic Site* • Duhamel-Ouest

This former trading post is central to the region's history and bears witness to the Indigenous presence and the trading rivalries that took place there.



© TQ / J-P Huard

La Corne Nursing Station National Historic Site of Canada • La Corne

Learn about the work that nurses did over the years at this nursing station built between 1932 and 1975.

Centre d'interprétation de la foresterie • La Sarre

Immerse yourself in the region's history through a look at its forest industry, geography and archaeology. Take your time looking at the artefacts and interactive exhibits.

Musée minéralogique de l'Abitibi-Témiscamingue • Malartic

After learning about the local geology, minerals and mining projects, explore the Canadian Malartic pit, the largest open-pit gold mine in the country still in operation.

Fossilarium • Notre-Dame-du-Nord

Discover the fascinating world of fossils and how fossilization takes place through an extensive collection from every continent.

Première-Chute Hydroelectric Generating Station (Hydro-Québec) • Notre-Dame-du-Nord

Learn about a uniquely designed power generating station, the history of electrification of the region and the process of power generation.

MA, musée d'art de Rouyn-Noranda • Rouyn-Noranda

This museum contributes to the development of the arts in Québec, Canada and the Americas and offers a collective Indigenous perspective to the continent.

Musée de la poste et Boutique de forge, Parc Héritage • Saint-Marc-de-Figuery

Take yourself back to 1920 and learn about the important roles played by the postmaster and the blacksmith in the parish's development in those days.

Site patrimonial Cité de l'Or, village minier de Bourlamaque* • Val-d'Or

Explore what was once one of the highest producing gold mines in the country. End your visit with a tour of the mining village, classified as a historic site.



© TQ / M. Dupuis

VOART center and Félix-Leclerc auditorium • Val-d'Or

This exhibition centre presents contemporary art practices by artists from Québec and Canada.

Maison du Frère-Moffet* • Ville-Marie

Visit the oldest house in the region to learn more about the history of Témiscamingue's founding as an agricultural region since the arrival of the Oblates around 1870.

Flavours and Traditions

Fromagerie La Vache à Maillotte • La Sarre

This renowned factory has been making artisanal cheeses from cow's and sheep's milk the regional way since 1996.

Fromagerie Le Fromage au Village • Lorrainville

A variety of fine artisanal products awaits you at this cheese factory: fresh cheese curds, raw milk cheddar, soft and washed-rind cheeses.

Fromagerie Fromabitibi • Macamic

Savour cheese and dairy products made from goat's and cow's milk straight from the farm. Simply succulent!

Sports and Leisure

Centre plein air Mont Kanasuta* • Arntfield

Ski at a special place with natural snow. Available on site: tandemski with instructor (advance booking required) and dualski.

Centre de ski Mont-Vidéo* • Barraute

A unique ski experience in Abitibi, in partnership with the Association de ski adapté de l'Abitibi-Témiscamingue (sit skis and tandemski).

Accommodations

Hotels

Amosphère Complexe Hotelier • Amos

Hotel Albert • Rouyn-Noranda

Hotel Comfort Inn Rouyn-Noranda* • Rouyn-Noranda

Le Noranda Hotel & Spa* • Rouyn-Noranda

Motel Mistral* • Rouyn-Noranda

Continental Centre-ville • Val-d'Or

Hotel Forestel* • Val-d'Or

Hotel Quality Inn & Suites Val-d'Or • Val-d'Or

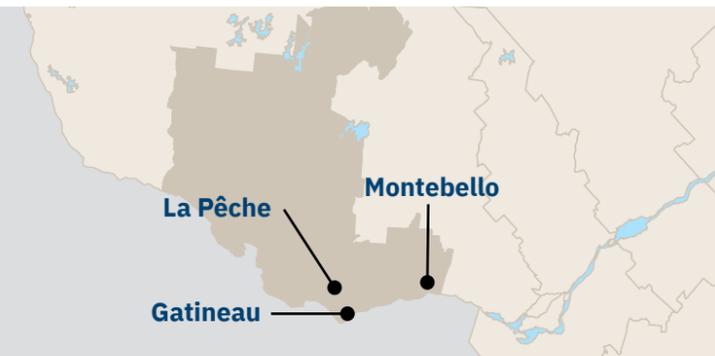
Vacation Resort

Centre de plein air du Lac-Flavrian* • Rouyn-Noranda

Campground

Camping Abijévis, parc national d'Aiguebelle* • Val-d'Or

Outaouais



Next to the Ontario border, the Outaouais is a cultural region par excellence. It offers a variety of beautiful museums to explore and typical Québec outdoor activities to enjoy in every season.

Marché public © Promo Accès / Kéroul

Parks and Outdoors

Gatineau Park • Gatineau

Huge park with partially accessible trails as well as access to lookouts and beaches. In the winter, you can rent an adapted cross-country ski sled.



© Promo Accès / Kéroul

Leamy Lake Park • Gatineau

This municipal park offers a peaceful walk in the shade of the trees, near a small beach with lovely views of the wooded surroundings.

Parc de la Francophonie and Parc Jacques-Cartier • Gatineau

These small urban parks provide a pleasant break in nature right in the heart of the city.

Relais plein air du parc de la Gatineau • Gatineau

Close to bicycle paths and waterways, these shelters are ideal starting points for outdoor enthusiasts in any season.

Waterways – Jacques-Cartier Street • Gatineau

Stroll along the Ottawa River on the landscaped pedestrian pathway, where you'll come across numerous accessible docks along the way.

Réserve écologique de la Forêt la Blanche* • Mayo

This ecological reserve is one of the last remaining old-growth forests in the country, with some trees over four centuries old.

Parc Oméga • Montebello

From inside your vehicle, venture out to meet the iconic large animals of Québec.



© Promo Accès / Kéroul

Parc national de Plaisance* • Plaisance

At this bird watcher's paradise, get around on trails with boardwalks between the marshes.

Culture and Heritage

Buckingham Historical Society Museum • Gatineau

This museum, located in the Old Market Place, traces the history of Buckingham through an interactive exhibit, archives, artifacts and photographs.

Canadian Museum of History • Gatineau

Experience Canada's history from its first peoples to the present day through stories, artefacts and other treasures.

Gatineau Hot Air Balloon Festival • Gatineau

Stroll through the accessible site and enjoy colourful performances on an elevated stage.

Indigenous Experiences • Gatineau

Learn about Indigenous cultures and their history in this authentic experience at the foot of the Canadian Museum of History.

L'Imagier Art Centre • Gatineau

A centre for those who are curious and passionate about contemporary art. In the summer, free performances by musicians take place at Parc de l'Imaginaire.

Sentier culturel • Gatineau

This cultural trail, inspired by Boston's Freedom Trail, invites visitors to follow a 3-km red line on the ground as they explore downtown Gatineau.



© Promo Accès / Kéroul

Symmes Inn Museum • Gatineau

Trace the development of this place by the river located in a building classified as a National Historic Site.



© Promo Accès / Kéroul

Théâtre de l'Île • Gatineau

Built in 1886, this former water tower is now home to the Théâtre de l'Île, the first municipal theatre in Québec.

Fairbairn House Heritage Centre • La Pêche

Built in 1861, this interpretive centre now consists of a tourist office, exhibits, a cabin, a barn and trails.

George Bryson Cultural House • Mansfield-et-Pontefract

This elegant house is a museum for the history of the Pontiac region and the Bryson family.

Manoir Papineau National Historic Site • Montebello

You'll be charmed by the Papineau estate. Stroll through the garden, the manor house's main floor or the family museum.

Musée des Pionniers* • Saint-André-Avellin

Discover objects from the past, photographs and rare novels from the 19th century that tell the stories of pioneer life. You can also view some beautiful antique farm equipment.

Flavours and Traditions

ChocoMotive – Économusée de la chocolaterie • Montebello

Located in the old train station, this economuseum showcases authentic know-how and offers delicious chocolates made from fair trade and organic ingredients.

Sports and Leisure

Casino du Lac-Leamy • Gatineau

A wide variety of games of chance awaits you in a friendly atmosphere.

Sommet Edelweiss* • La Pêche

The region's hub for monoski or dualski.

Accommodations

Hotels

Auberge de la Gare • Gatineau

Comfort Inn* • Gatineau

Crowne Plaza* • Gatineau

Doubletree by Hilton • Gatineau

Four Points par Sheraton • Gatineau

Hilton Lac-Leamy • Gatineau

Hotel V* • Gatineau

Les Suites Victoria • Gatineau

Ramada Plaza Manoir du Casino* • Gatineau

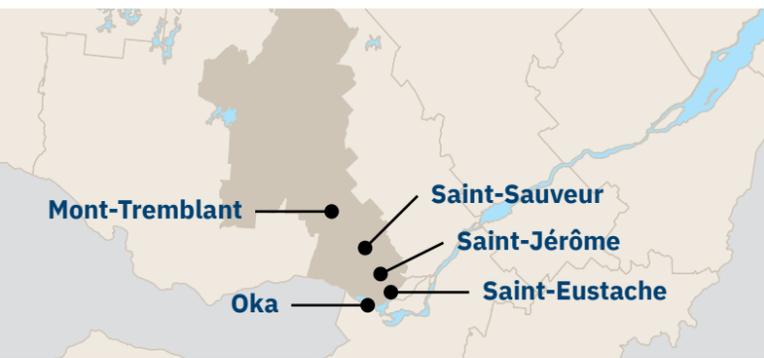
Best Western Plus • Hull

Moulin Wakefield Mill Hotel & Spa* • La Pêche

Auberge du Draveur* • Maniwaki

Fairmont Le Château* • Montebello

Laurentians



The Laurentians are a major vacation destination and offer great outdoor activities with breathtaking scenery. Agritourism attracts many visitors who enjoy delicious local products.

Centre de villégiature Tremblant © TQ / M. Dupuis

Parks and Outdoors

- Mont-Tremblant National Park • Lac-Supérieur**
Secteur de la Diable offers an accessible discovery centre. A number of trails are accessible and offer beautiful views of the natural environment.
- Domaine Saint-Bernard • Mont-Tremblant**
Showcasing nature in all its simplicity, the Jardin des oiseaux has accessible stone paths for observing the local fauna and flora.
- Parc national d'Oka • Oka**
Easily accessible, this park has a swimming area and groomed trails for a relaxing day on the shores of Lake of Two Mountains.
- Sentier des cimes Laurentides • Saint-Faustin-Lac-Carré**

A new destination, this treetop walk culminates with the ascent of a panoramic tower by means of a wooden structure that gradually climbs to a stunning bird's-eye view of the Laurentian forest and mountains.



© D. Desmarais

Parc régional de Val-David-Val-Morin – Far Hills area • Val-Morin

In this area of the park, enjoy the accessible facilities. Some of the trails are steep; however, there are many rest areas available.

Culture and Heritage

- Église de l'Annonciation Oka • Oka**
Church historically linked to the first Indigenous mission established by the Sulpicians.
- Carillon Canal National Historic Site* • Saint-André-d'Argenteuil**
Spectacular site with a 200-tonne gate that enables boats to navigate a 20-metre drop at the lock.
- Espace muséal du Manoir Globensky • Saint-Eustache**
A former seigneurial residence, this museum space hosts exhibitions and guided tours on the heritage and history of the city and the region.
- Exotarium reptile farm* • Saint-Eustache**
Become acquainted with more than 300 live reptiles: turtles, snakes, lizards, crocodiles and much more.
- Nid'Otruche • Saint-Eustache**
Safari farm that demystifies the world's largest bird, the ostrich.
- Musée d'art contemporain des Laurentides • Saint-Jérôme**
This contemporary art museum has four permanent exhibits showcasing visual arts and local flora and fauna.
- Musée de la Cathédrale de Saint-Jérôme • Saint-Jérôme**
Museum space at the cathedral dedicated to Curé Labelle, an emblematic figure in the Laurentians, referred to as the King of the North.

Flavours and Traditions

- Vignobles des Négondos* • Mirabel**
This vineyard established in 1993 offers organic wines produced with love, which you can taste and purchase on site.
- Ferme biologique aux petits oignons • Mont-Tremblant**
This organic produce farm grows more than 65 certified organic vegetables, herbs, flowers and fruits and sells them on site.
- Jude-Pomme • Oka**
Let yourself be transported through the orchard with the accessible tractor ride and stop at the lookouts to admire the spectacular landscape.

Chemin du Terroir des Laurentides



Verger Legault © Promo Accès / Kéroul

- Located in the Basses-Laurentides region, this trail covers some 226 km and features a wealth of agricultural tourism attractions.
- Public markets in Blainville, Oka, Vieux Saint-Eustache and Saint-Jérôme**
At these four accessible markets, you'll discover terroir flavours and local products.
 - Aux Saveurs du printemps • Mirabel**
Manufacture and sale of maple products.
 - Intermiel • Mirabel**
Beekeeping, as well as the production and sale of honey products.
 - Parc régional éducatif du Bois-de-Belle-Rivière • Mirabel**
About 20 km of hiking trails in an enchanting setting and seasonal sports activities.
 - Route des gerbes d'Angelica • Mirabel**
Outdoor site with thematic gardens, a bistro and a boutique selling local products.
 - Serres Stéphane Bertrand • Mirabel**
Sale of local food products and small decorative objects.
 - Labonté de la pomme • Verger & Miellerie • Oka**
U-pick, as well as a rustic and country atmosphere typical of sugar shacks.

- La Maison Lavande • Saint-Eustache**
Come and admire the 100,000 lavender plants. Enjoy a multi-sensory experience with this aromatic plant and visit the perfume shop.
- Cidrerie Lacroix • Saint-Joseph-du-Lac**
Located on a flat terrain, this orchard offers a wide variety of apples as well as a delicious range of ciders to taste.
- Le Verger Méli-Mélo • Saint-Joseph-du-Lac**
During apple season, come to this orchard to pick your own and take a tour on an accessible tractor.
- Verger chez les Gauthier • Saint-Joseph-du-Lac**
You'll be able to pick apples in season thanks to this orchard's gentle slope.

Cabane à sucre Constantin and Cabane à sucre Lalande • Saint-Eustache

These two sugar shacks have several reception rooms throughout the year for those who have a sweet tooth.

- La Magie de la Pomme • Saint-Eustache**
Boutique selling local products, eating area, U-pick, mini-farm and sugar shack.
- Moulin Légaré • Saint-Eustache**
National Historic Site showcasing the city's history.
- Vignoble Rivière du Chêne • Saint-Eustache**
Boutique, indoor and outdoor tasting areas, and a tour of the wine-making area.
- Microbrasserie Dieu du Ciel! (Saint-Jérôme) • Saint-Jérôme**
Food and beverage area, patio and a tour of the beer-making area.
- La Bullerie • Saint-Joseph-du-Lac**
This vineyard has a beautiful terrace and a wine store.
- Les Vergers Lafrance • Saint-Joseph-du-Lac**
Production and sale of apple products. Seasonal U-pick.
- Tarterie du verger des musiques • Saint-Joseph-du-Lac**
Small kiosk selling homemade sweet pies and breads.
- Verger Richard Legault • Saint-Joseph-du-Lac**
U-pick, accessible tractor rides, mini-farm and terroir products.
- Vignoble et microbrasserie Les Vents d'Ange • Saint-Joseph-du-Lac**
Boutique, restaurant, wine interpretation trail and U-pick squash.
- Les fromagiers de la Table Ronde • Sainte-Sophie**
Production and sale of organic milk cheeses.

Sports and Leisure

Casino* • Mont-Tremblant

Located on the Versant Soleil side of the ski hill, this casino offers great entertainment.

Mont Tremblant Ski Resort* • Mont-Tremblant

Enjoy the Tremblant experience and take to the slopes on a dualski or tandemski (advance booking required).



© TQ / G. Leroyer

Sommet Morin-Heights* • Morin-Heights

A spectacular landscape for a unique experience in dualski or tandemski (advance booking required).

Station de sports Mont-Avalanche* • Saint-Adolphe-d'Howard

A great mountain to be on. Try the dualski or the tandemski.

Tyroparc • Sainte-Agathe-des-Monts

The zip line at this mountain adventure park has a harness with a backrest. Manual assistance is required for transfers.

Mont Habitant* • Saint-Sauveur

A beautiful family resort that has everything to make your experience fun and memorable. Reserve your dualski or tandemski.

Le Village du Père Noël* • Val-David

Surrounded by his friends, Santa Claus awaits you in his magical park where you can enjoy a range of activities.

Accommodations

Hotels

-  Days Inn* • Blainville
-  Hotel du Lac-Carling* • Grenville-sur-la-Rouge
-  Les Jardins de l'Achillée Millefeuille* • La Conception
-  Best Western Plus* • Mont-Laurier
-  Comfort Inn* • Mont-Laurier
-  Comfort Inn* • Mont-Tremblant
-  Le Grand Lodge* • Mont-Tremblant
-  Marriott Residence Inn* • Mont-Tremblant
-  Auberge Le Clos-Joli* • Morin-Heights

 Hotel et Spa Mont-Gabriel • Sainte-Adèle

  Super 8* • Sainte-Agathe-des-Monts

 Impéria Hotel et Suites* • Saint-Eustache

 Best Western • Saint-Jérôme

  Comfort Inn • Saint-Jérôme

 Super 8 • Saint-Jérôme

 Hotel & Suites Les Laurentides* • Saint-Sauveur

Vacation Resort

 Le P'tit Bonheur* • Lac-Supérieur

 Domaine des Prés d'Or • Saint-Aimé-du-Lac-des-Îles

 Base de plein air Bon Départ* • Wentworth-Nord

Cottages • Bed & Breakfast

   Domaine Kaaloo, la mésange d'Olivier • Chute-Saint-Philippe

 Maloujo • Lac-Saint-Paul

 Domaine Saint-Bernard, le Grand-Saint-Bernard • Mont-Tremblant

 La Jolie Campagnarde, les chalets du ruisseau • Piedmont

 Gîte Vita Bella B&B • Saint-Adolphe-d'Howard

Campgrounds

 Municipal campground* • Brownsburg-Chatham

 Camping Domaine Lausanne* • Ivry-sur-le-Lac

 Camping Chutes-aux-Iroquois* • Labelle

 Compact cottages and Huttopia tents* • Parc national d'Oka

 Secteurs La Diable* or La Pimbina* • Parc national du Mont-Tremblant

 Camping et centre de plein air* • Sainte-Agathe-des-Monts

 Municipal campground Parc Carillon* • Saint-André-d'Argenteuil



Parc national d'Oka © S. Laroche



NATURE AT ITS PEAK!

- Grandiose and accessible
- Heritage site
- Restaurant and boutique
- 15 minutes from Tremblant



737, de la Pisciculture, Mont-Blanc
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AT THE SERVICE OF PEOPLE WITH DISABILITIES

pooling
our strengths

The Office offers its assistance to people with disabilities and to their family and friends.

The Office des personnes handicapées du Québec...

- **listens** and **helps** you identify your needs;
- **informs** you about existing resources programs and services;
- **advises** you about how to apply for services;
- **refers** you to the organization most likely to meet your needs;
- **supports** you in the steps you take.

For more information

Phone : 1-800-567-1465

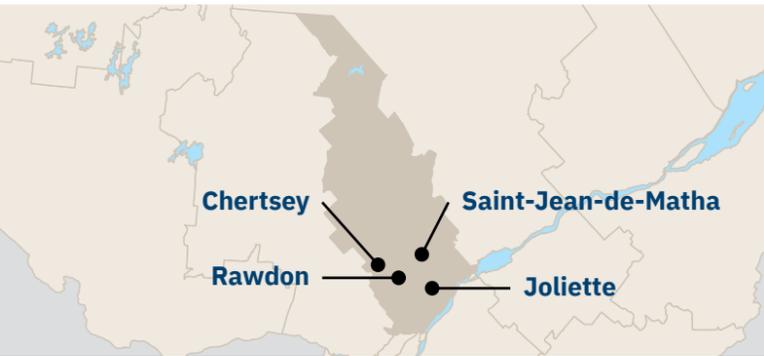
 TTY
1-800-567-1477

aide@ophq.gouv.qc.ca    
Quebec.ca/services-people-with-disabilities

Votre gouvernement

Québec 

Lanaudière



Nature, culture and agritourism come together in this region to create the good life. The Lanaudière has a rich religious heritage, and a variety of sports can be enjoyed here year round.

Parc régional des chutes Monte-à-Peine et des Dalles © TQ / O. Albert

Parks and Outdoors

Parc du Grand-Coteau • Mascouche

This urban park boasts 23 km of forested walking trails, two natural ponds, water fun, game modules, a creamery and picnic tables.

Parc des Chutes-Dorwin* • Rawdon

Nature lovers will appreciate this peaceful spot, which offers a waterfall, lookouts, interpretive trails centred on local flora, and play areas.

Parc régional des Chutes-Monte-à-Peine-et-des-Dalles (municipalities of Saint-Jean and Sainte-Mélanie)* • Sainte-Béatrix

You'll be charmed by the beautiful scenery at this park, but note that there are a few steep slopes.

Culture and Heritage

Musée Gilles-Villeneuve • Berthierville

Explore the history of the Villeneuve family in the various arenas of motor sports: a must-see for racing enthusiasts.



© TQ / Tourisme Lanaudière / J. Vigneux

Musée d'art de Joliette* • Joliette

The museum's collection of 8,900 works of art is one of the largest in Quebec. This museum is also known for its high-level contemporary art exhibitions.

Maison Rosalie-Cadron • Lavaltrie

The birthplace of Rosalie Cadron-Jetté (1794-1864). This historic site tells her story as the mother of 11 children who founded the Sœurs de Miséricorde.

Maison et jardins Antoine-Lacombe* • Saint-Charles-Borromée

Art and horticulture aficionados will be delighted by this neoclassical style house and the surrounding gardens.

Sir Wilfrid Laurier National Historic Site* • Saint-Lin-Laurentides

Learn about the life of Wilfrid Laurier and visit a typical Québec home from the time of his youth.

Places of worship*

Visit the *Abbaye Val Notre-Dame* in Saint-Jean-de-Matha, the *Purification-de-la-Bienheureuse-Vierge-Marie church* in Repentigny, the *Saint-Louis-de-France church* in Terrebonne, the *Saint-Henri-de-Mascouche church* and the *Cuthbert chapel* in Berthierville.

Flavours and Traditions

Alchimiste - Microbrasserie – Économusée du brasseur • Joliette

This microbrewery offers products developed through local partnerships and traditional brewing techniques.

Ferme Guy Rivest • Rawdon

Come to the farm to pick or buy strawberries, cherries and ground cherries. A picnic area and corn maze complete the experience.

La Terre des Bisons • Rawdon

Come escape to the world of the mighty bison at this ranch. An interpretive centre and a shop that sells local products await you.

Au jardin des noix • Saint-Ambroise-de-Kildar

Learn about the nuts grown here by taking a guided tour of a 4,000-tree nut grove, and visit the shop, the picnic area and the small shop. And you'll be able to pick your own!

La Courgerie • Sainte-Élisabeth

Pick your own squash or buy some at the market. Use your phone to scan the QR codes for more information on growing and cooking these fruits of the vine.

Vignoble Saint-Gabriel • Saint-Gabriel

Come to this winery and see the two antique tractor museums, explore the wine cellar and the shop and enjoy a charcuterie tasting on the patio.

Distillerie Grand Dérangement • Économusée du distillateur • Saint-Jacques

A uniquely designed distillery that creates gins and vodkas using local ingredients. And soon you'll have a chance to see how these spirits are produced at an economuseum.

Ferme Vallée Verte 1912 • Saint-Jean-de-Matha

Farm producing various types of cheese, yogurt and milk made from non-homogenized pasteurized milk sold on site.

Magasin de l'Abbaye Val Notre-Dame • Saint-Jean-de-Matha

In addition to the products prepared on site, the store sells many other delicious local products.

Qui sème récolte! • Saint-Jean-de-Matha

This cider operation offers products made on site, including cider, kombucha, canola oil and maple products.

Cabane à sucre • Au sentier de l'érable* • Sainte-Julienne

During maple sugar season, enjoy traditional dishes in a typical sugarshack atmosphere in a country setting.

Miel de Chez-nous • Sainte-Mélanie

Apiary with a recreational and educational program introducing visitors to the world of honey bees. A store and a mini-farm complete the visit.

Vignoble Saint-Thomas • Saint-Thomas

This vineyard established in 2004 on what were once tobacco fields grows grapes and asparagus. It also houses a tasting pavilion and a shop.

Sports and Leisure

Chiens de traîneau Kinadapt –* Rawdon

Experience a memorable dog sled ride at this centre run by kinesiologists who provide sleds with a back support so you can enjoy a safe experience.

Station touristique Val Saint-Côme* • Saint-Côme

With a 300-metre descent and majestic panoramas, this ski hill offers 36 runs, 8 of which are illuminated at night.

Ski Montagne Coupée • Saint-Jean-de-Matha

Starting from the Auberge de la Montagne Coupée, Petite Roche is a paved trail in the heart of nature.

Accommodations

Hotels

Days Inn • Berthierville

Château Joliette • Joliette

La Porte de la Matawinie* • Saint-Jean-de-Matha

Auberge du Lac-Taureau • Saint-Michel-des-Saints

Hotel Central* • Saint-Michel-des-Saints

Super 8 Lachenaie* • Terrebonne

Cottages

Chalets Yvano • Chertsey

Lake Grenier Cottages / Clover cottage • Chertsey

Lake Grenier Cottages / Chalet Galinette • Chertsey

Chalet Le Vivelô • Entrelacs

Chalets pour tous • Sainte-Béatrix

Le P'tit Urbain • Saint-Côme

Chalet Le Ludique • Sainte-Émélie-de-l'Énergie

Cabins Réserve faunique Rouge-Matawin • Saint-Michel-des-Saints

Vacation Resort

Camp Papillon* • Saint-Alphonse-Rodriguez

Centre Plein Air L'Étincelle* • Saint-Alphonse-Rodriguez

Camp musical Père Lindsay • Sainte-Béatrix

Havre Familial* • Sainte-Béatrix

Campgrounds

Camping Belle-Vie* • Sainte-Julienne

Camping au Plateau 5 Étoiles* • Terrebonne

Laval



This island is both urban and rural. You'll find large shopping malls there, but also Vieux-Sainte Rose, a quaint neighbourhood featuring a lovely church, beautiful gardens lining its streets, cafés and old houses.

Montréal



Montréal is a cosmopolitan city with so much to offer! Art and culture lovers will be delighted with the multitude of accessible establishments. Also famous for its festivals, it pulses with life in the summer.

Centre de la nature © TQ / S. Potiquin

Place Ville Marie © TQ / A. Quenneville

Parks and Outdoors

Bois de l'Équerre

This forest is home to a variety of ecosystems and offers an adapted trail so you can take full advantage of what this natural environment has to offer.

Centre de la nature de Laval*

An urban park that offers a nice setting for a rest stop or outdoor activities.

Parc de la Rivière-des-Mille-Îles

This wildlife refuge is a protected area located next to the river of the same name. An exploration centre explains why this environment needs to be preserved.

Culture and Heritage

Centrale hydro-électrique de la Rivière-des-Prairies (Hydro-Québec)

This power generating station with a storied past recounts the history in the Montréal area around 1930. You'll have a chance to see turbine pits and a spillway.

Centre d'interprétation de l'eau

This interpretive centre, the only one of its kind in Québec, hosts scientific activities that focus on issues related to water and the importance of protecting it.

Église Sainte-Rose-de-Lima*

This Catholic church, built between 1852 and 1856, is recognized as a historic monument.

Musée de la santé Armand-Frappier

Museum devoted to the science related to human health. The fun educational activities offered here help make this information accessible to the general public.

Flavours and Traditions

Ferme Marineau

Family-run vegetable and berry farm. A coarse gravel path leads to the fields where you can pick your own strawberries and pumpkins.

Sports and Leisure

Cosmodôme space camp*

Come to learn about the exploits and discoveries of space explorers in an immersive environment.

Escalade Clip'n Climb

Enjoy an exciting experience on one of the 30 colourful climbing walls.

Ifly Montréal*

Strap into a harness designed for people with reduced mobility for a safe but thrilling experience with a free-fall simulator.

Accommodations

Hotels

Comfort Inn Laval*

Hampton Inn & Suites by Hilton Laval*

Holiday Inn Laval Montréal*

Residence Inn Laval*

Sheraton Laval*

Visit Montréal's neighbourhoods by wheelchair and by metro



Our map (published in 2019) highlights points of interest that are close to accessible metro stations. You can [search online](#) or order it at [quebecforall.com](#) in the blog section.

Parks and Outdoors

Old Port of Montréal

The Old Port looks out onto Montréal, the banks of the St. Lawrence River and nearby attractions in the heart of the city.



© TQ / P. Fleming

Parc Jean-Drapeau – Espace 67

Visit Alexander Calder's massive "Three Discs" sculpture for stunning views of downtown and the river.

Parc-nature de l'Île-de-la-Visitation*

This quiet, relaxing urban park offers beautiful views of Rivière des Prairies.

Squares and plazas

Many town squares and plazas are accessible in the city of Montréal. You can go for a stroll, rest, take in the beautiful views, admire local artworks or enjoy seasonal festivities. Some examples of such places are: [Place d'Armes](#), [Place des Arts](#), [Place des Festivals](#), [Place des Montréalaises](#), [Place du Canada](#), [Place Émilie-Gamelin](#), [Place Jacques-Cartier](#), [Place Jean-Paul-Riopelle](#), [Place Shamrock](#), [Place Vauquelin](#), [Dorchester Square](#) and [Victoria Square](#).

Zoo Ecomuseum

See some of Québec's smaller wild residents at this shelter that cares for injured animals, including foxes, otters, raccoons and porcupines.

Culture and Heritage

Basilique Notre-Dame de Montréal

The Basilica's history as Montréal's mother church is inseparable from that of the city. The interior decors are nothing short of amazing.

Centre Canadien d'Architecture (CCA)

Dig into some of the world's largest collections of publications, drawings, plans, models, engravings, photographs and the like at this centre of architecture.

Centre Émilie-Gamelin*

Take a look back at the charitable work begun in the 19th century by the blessed Émilie Gamelin, which continues to inspire current efforts along the same lines.

Centre Phi

At the crossroads of art, cinema, music, design and technology, the centre offers a program focused on digital and contemporary arts.

Château Dufresne

Created from the former residences of the Dufresne brothers, this museum offers exhibitions on heritage and the arts.

Château Ramezay

This heritage site in Old Montréal recounts the history of the city and the province, from prehistory to the present day.

Cinémathèque québécoise

Take in a screening or an exhibition highlighting the work of exceptional film artists of the past and present.

Écomusée du fier monde

A history museum that offers a look at the day-to-day lives of ordinary people, the Écomusée du fier monde invites visitors to explore little-known aspects of Montréal's culture.

Espace pour la vie



Jardin botanique © TQ / M. Julien

This museum complex encompasses five different tourist attractions:

-  The **Biosphère** is dedicated to raising public awareness of environmental issues through its programming, activities and exhibitions.
-  The **Biodôme** and its five ecosystems of the Americas are all under one roof—you'll feel like you're out in nature.
-  The **Botanical Garden** is recognized as one of the world's finest, with more than 15 thematic gardens. Download the Botanical Garden map with the accessible route to enjoy a memorable experience. Visit the blog at quebecforall.com.

-  The **Insectarium** helps humans have a better experience of nature, by reconsidering their relationship with insects in particular.
-  The **Planetarium** uses state-of-the-art technology to provide a unique experience of the universe through its immersive theatres.

Hydro-Québec's head office

As soon as you enter the lobby, you will be captivated by Jean-Paul Mousseau's mural. Continue your visit in the reception centre with tactile exhibits and virtual tours of the generating stations.

La Guilde

This renowned art gallery is a resource for Inuit art, First Nations art, Métis art, and Fine Crafts from Canada.

Lachine Canal National Historic Site*

Explore this fascinating historical site that was once the country's main industrial centre. Its 13-km path runs between the Old Port and Lake Saint-Louis.

McCord Museum*

This museum celebrates life in Montreal, yesterday and today: its history, its people, its communities.

Montreal Holocaust Museum

Find out the stories of Montreal survivors of this tragedy. Through the diversity of their destinies, you'll understand the complexity and the scale of the Holocaust.

Montréal Science Centre

An inclusive place where young and old alike can enjoy learning about science and technology through exhibits, entertaining workshops and experiments.



© TQ / G. Leroyer

Musée de Lachine

Explore a heritage site, a classified archaeological collection, 17th century buildings and a garden with 50 contemporary sculptures.

Musée des Hospitalières de l'Hôtel-Dieu de Montréal

Four centuries of history can be traced through the museum's fascinating collection, which is linked to hospital, medical and pharmaceutical practices, as well as to religious art.

Musée des métiers d'art du Québec

Learn about the history of crafts in the province and enjoy temporary exhibitions of contemporary craftspeople.



© C. Hayeur

Palais des congrès de Montréal

In this convention and conference centre, you can wander around the main floor to visit its shops or just to appreciate its works of art.

Parc olympique (under construction, reopening in 2024)

View the city from atop the world's tallest inclined tower and get close and personal with the tactile models of the Olympic stadium.

Pointe-à-Callière

Classified as a national archaeological and historic site, it is the only major archaeological museum in Canada. It covers the Indigenous period to the present day.

Rutherford Museum*

Museum dedicated to the New Zealand physicist Ernest Rutherford, with exhibits of the scientific instruments he used to study radioactivity.

Sir George-Étienne Cartier National Historic Site

Visit the family home of one of the Fathers of Confederation (1814-1873).

Société des arts technologiques (SAT)

For digital art and immersive technology enthusiasts, the *Satosphere* hosts unique artistic creations under its 18-metre dome.

St. Joseph's Oratory of Mount Royal*

A spectacular Catholic shrine, the Oratory also offers a beautiful view of the city. It draws close to 2 million visitors and pilgrims each year.

The Fur Trade at Lachine National Historic Site*

This old stone shed houses an interpretive centre with an interactive exhibition on the saga of 18th and 19th century Montréal.

The Montreal Museum of Fine Arts

Internationally renowned museum with an outstanding contemporary decorative arts collection.

Université de Montréal exhibition centre

As the custodian of the Université de Montréal's art collection, this centre also showcases university collections and knowledge.

Vox – Centre de l'image contemporaine

This centre presents exhibits of contemporary art where image-making is the focus: photography, video, multimedia, film and publication.



Vieux-Montréal © S. Poulin

Accessibility of libraries and cultural centres



To check the accessibility of these locations and the services they offer before you go, visit quebecforall.com for the brochures *Des bibliothèques pour tous* and *Les Maisons de la culture de Montréal*.

Flavours and Traditions

If you want to prepare a nice meal, satisfy a craving or simply look at some beautiful stalls, take a trip to the city's markets.

-  **Atwater Market**
-  **Jean-Talon Market**
-  **Maisonneuve Market**



Marché Jean Talon © TQ / Vlan Communication

Shopping

Montréal is a great place for shopping. Underground or above ground, numerous complexes and malls await you in all four corners of the city.

-  **CF Galeries d'Anjou***
-  **Centre Eaton Montréal***
-  **Complexe Desjardins***
-  **Marché Bonsecours**
-  **Place Montréal Trust***
-  **Place Versailles***
-  **Place Ville Marie***



Complexe Desjardins © TQ / D. Poulin

Cinemas, Theatres, Shows and Festivals

Liven up your day or evening with Montréal's incredible cultural programming. Festivals, theatrical performances and international artists are rolled out in quick succession.

-   **Bell Centre***
-   **Casino de Montréal**
-   **Centaur Theatre***
-   **Centre du Théâtre d'Aujourd'hui***
-   **Centre Segal des arts de la scène***
-   **Cinéma Banque Scotia Montréal***
-  **Cinéma Beaubien**
-  **Cinéma Cineplex Odeon Quartier Latin**
-  **Cinéma du Parc**
-  **Cinéma Impérial**
-  **Corona Theatre***
-  **DB Clarke Theatre, Concordia University**
-   **Festival du nouveau cinéma**
-  **Festival international de jazz de Montréal***
-  **Just for Laughs festival***
-  **Maison symphonique de Montréal**
-   **Maison Théâtre**
-  **Montréal - Arts interculturels (MAI)***
-   **Monument National**
-  **Osheaga**
-   **Théâtre Denise-Pelletier***
-  **Théâtre du Nouveau Monde (TNM)**
-   **Théâtre du Rideau Vert**
-   **Théâtre Outremont***
-   **Théâtre Saint-Denis***
-  **TOHU, la Cité des arts du cirque**
-   **Salle Pauline Julien***
-  **Salle Pollack - Université McGill***
-  **Stade Saputo stadium***
-  **Usine C***

Accommodations

Hotels

-  **Alt Hotel Montreal***
-  **Auberge de la Fontaine***
-  **Best Western Ville Marie Hotel & Suites***
-  **Bonaventure Montreal***
-  **Boxotel**
-  **Candlewood Suites***
-  **Courtyard Marriott Montreal Downtown**
-   **Delta Hotels Montreal***
-   **Doubletree by Hilton Montréal***
-   **Embassy Suites by Hilton Montréal***
-   **Faubourg Montréal***
-  **Hilton Garden Inn Montréal Centre-Ville***
-   **Holiday Inn Montreal Centreville Downtown***
-  **Hotel 10***
-  **Hotel Chez Swann***
-  **Hotel Gault***
-  **Hotel Labelle***
-  **Hotel Monville**
-  **Intercontinental Montreal***
-  **La Tour Belvédère***
-   **Le Centre Sheraton Montréal Hotel***
-  **Le Germain Hotel Montreal***
-  **Le Méridien Versailles-Montréal***
-  **Le St-Martin Hotel Particulier***
-  **Marriott Springhill Suites Old Montreal***
-   **Montreal Marriott Château Champlain**



Parc du Mont-Royal © TQ / G. Leroyer

-  **Novotel Montreal Centre***
-  **Omni Mont-Royal***
-  **Renaissance Montreal Downtown Hotel**
-  **Résidence de L'UQAM René Lévesque***
-  **Résidence de L'UQAM Saint-Urbain***
-   **Residence Inn by Marriott Montreal Downtown**
-  **Ritz-Carlton Montréal**
-   **Sofitel Montreal Golden Mile***
-  **Travelodge by Wyndham Montreal Centre***
-  **W Montreal***
-   **Westin Montreal***

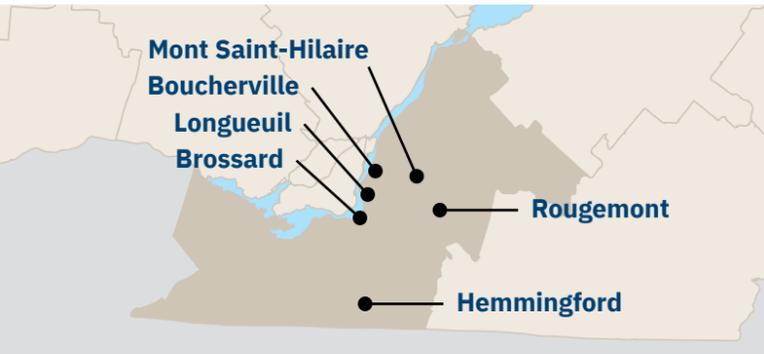
Hotels at the airport

-  **Auberge de l'Aéroport inn* • Dorval**
-  **Comfort Inn Aéroport* • Dorval**
-   **Fairfield Inn & Suites by Marriott* • Dorval**
-  **Hampton Inn & Suites by Hilton* • Dorval**
-   **Holiday Inn Express & Suites* • Dorval**
-  **Radisson Aéroport de Montréal • Airport Hotel* • Dorval**
-   **Sheraton Airport Montreal* • Dorval**
-   **Aloft Montreal Airport* • Montréal**
-   **Courtyard by Marriott* • Montréal**
-  **Montreal Airport Marriott in Terminal Hotel* • Montréal**
-   **Residence Inn by Marriott* • Montréal**
-  **Comfort Inn Montréal Airport* • Pointe-Claire**
-   **Holiday Inn & Suites* • Pointe-Claire**
-  **Hilton Garden Inn Montreal Airport* • Saint-Laurent**
-  **Novotel Montreal Airport* • Saint-Laurent**



Quai de l'Horloge © TQ / G. Leroyer

Montérégie



Dotted with villages and fertile countryside, this agritourism region abounds with orchards, vineyards and sugar bushes. The many vestiges of history that remain are a testament to the region's colourful past.

Parc national des Îles-de-Boucherville © TQ / G. Leroyer

Parks and Outdoors

Parc national des Îles-de-Boucherville • Boucherville

In the middle of the St. Lawrence River, five small islands make up the park, with 19 km of accessible trails on Île-Sainte-Marguerite, Île-de-la-Commune and Île-Grosbois.

Île Saint-Bernard • Châteauguay

Come and spend a relaxing day in the woods at the water's edge amidst the local fauna and flora.

Parc national du Mont-Saint-Bruno • Saint-Bruno-de-Montarville

Ideal for families, this national park offers accessible trails around the lakes. The paths are wide and there are picnic tables along the way.



© S. Laroche

Jardin Daniel A. Séguin • Saint-Hyacinthe

Wander through this magnificent 4.5 hectare flower-filled park, famous for one of the largest collections of annuals in Québec.

Municipal beach* • Saint-Zotique

Beach with an accessible swing, wading pool with ramp and accessible picnic tables.

Culture and Heritage

Beauharnois hydropower generating station (Hydro-Québec) • Beauharnois

With its art deco architecture, this hydropower generating station is also one of the largest in the world.

Chambly Canal National Historic Site* • Chambly

The nine locks and the bridge still operate manually. Enjoy a moment of relaxation in an environment shaped by over a century of history.

Fort Chambly National Historic Site of Canada* • Chambly

At the foot of the Chambly Rapids, this fort is one of the most important remnants of 17th and 18th century military architecture.

Battle of the Châteauguay National Historic Site* • Howick

Learn how 300 Canadian soldiers managed to defeat an invasion by 3,700 Americans in 1813.

Centre de conservation des oiseaux sauvages, Le Nichoir* • Hudson

A rehabilitation centre that cares for injured or abandoned wild birds so that they can be released back into the wild.

La Maison amérindienne • Mont-Saint-Hilaire

This museum highlights First Nations knowledge and skills through exhibits as well as environmental and food-related activities.

Musée des Beaux-Arts* • Mont-Saint-Hilaire

This museum promotes the legacy of artists Jordi Bonet, Paul-Émile Borduas and Ozias Leduc, three iconic local figures.

Droulers-Tsiionhiakwatha Archaeological Site Interpretation Center • Saint-Anicet

Immerse yourself in the world of the St. Lawrence Iroquoians with this life-size reconstruction of an Iroquoian village.

Électrium -- Le centre d'interprétation de l'électricité d'Hydro-Québec • Sainte-Julie

Learn more about electricity through entertaining and interactive models, dynamic guides and videos.

Saint-Ours Canal National Historic Site • Saint-Ours

Referred to as the tenth Richelieu lock, the Saint-Ours canal offers magnificent views of the river for those looking for a place to relax or enjoy a little holiday.

Biophare • Sorel-Tracy

This interactive museum shines a light on the natural and human heritage of the Réserve de la biosphère du Lac-Saint-Pierre and the St. Lawrence River.

Centre des arts contemporains du Québec • Sorel-Tracy

This brand new contemporary art centre offers rich and diversified exhibits, artist lectures and artistic performances.

Flavours and Traditions

Les Vignes des Bacchantes • Hemmingford

Take a guided tour of the vineyard to learn more about the world of wine.

Fromagerie Ruban bleu • Mercier

Share the passion of these cheesemakers and discover how their cheese is made. You'll also be able to enjoy a taste!

Érablière au Toit Rouge* • Mont-Saint-Grégoire

In a pretty little grove, enjoy a traditional meal and take part in the types of activities offered at a sugar bush.

Vergers et Cidrerie Denis Charbonneau* • Mont-Saint-Grégoire

Pick your own apples and berries at this orchard and cider operation. Some fine local products await you in the shop.

Domaine de Cavel* • Mont-Saint-Hilaire

The organic apples grown here on the south side of the mountain are bursting with sunshine.

Le Flanc Nord, Verger & Cidrerie • Mont-Saint-Hilaire

Visit this magnificent orchard and cider operation, renowned for its ambiance and its apples, not to mention its pastries and ciders.

Vignoble La Grande Allée • Mont-Saint-Hilaire

Come taste some wine, and visit the art gallery and the shop offering handmade products.



© Vignoble La Grande Allée

Chocolaterie La Cabosse d'Or* • Otterburn Park

Taste the magic, and fall in love with over 100 varieties of handmade Belgian-style chocolates.

Cidrerie Michel Jodoin • Rougemont

Learn about the history of cider and explore the cellars and the place where the cider is produced, and savour various products.

Les Quatre Feuilles • Rougemont

An ideal place to enjoy sugaring-off time, apple season or holiday time.

Vignoble Coteau Rougemont • Rougemont

Experience a moment of pure happiness in synergy with nature at this vineyard. Enjoy a taste of the multiple award-winning wines and ciders produced here.

Vignoble des Pins* • Sainte-Anne-de-Sabrevois

Find a nice variety of wines here, including late-harvest ones.

Sucrierie des Gallant* • Sainte-Marthe

Enjoy maple products in this huge grove on the south side of Rigaud Mountain.

Le Relais de la Pomme • Saint-Paul-d'Abbotsford

Shop for fresh local fruit and vegetables at this food market.

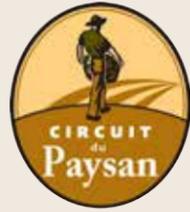
Les Fraises Louis Hébert • Saint-Valentin

Explore the world of strawberries and visit the first interpretive centre that touches on them.



Cidrerie Michel Jodoin © M. Jodoin

Circuit du paysan



In the foothills of the Adirondacks, in the Haut-Saint-Laurent valley, this tour takes you on a 194-kilometre route through stunning scenery in the Montérégie region, where you'll discover some unique products.

Entre Pierre et Terre • Franklin

Micro-cider operation and distillery producing local products from heirloom apples and pears.

Vergers Cassidy • Franklin

Try out the orchard's U-pick experience and take home some of the homemade products available in the shop.

Cabane à sucre l'Hermine • Havelock

The warm atmosphere at this sugar shack will awaken your taste buds to the flavours of maple.

Vignoble du Marathonien • Havelock

Come and taste some wine, or harvest apples in a country setting nestled between orchards and vineyards.

Cidrerie du Minot • Économusée du cidriculteur • Hemmingford

Relive cider making as it was done in the 19th century and enjoy a few samples.

Domaine des Salamandres • Hemmingford

Taking its inspiration from the salamander, a rather rare species, this estate produces unique wines and pears.

Parc Safari zoo • Hemmingford

Hurry to the only place in Québec where you can drive your car amidst African wildlife.

Vergers Écologiques Philion • Hemmingford

At this orchard, a beautiful panorama awaits you as well as delicious apple, honey and maple products.

Vergers Petch • Hemmingford

You'll have a chance to taste some lovely apples and enjoy some good times with your family on the small farm at this orchard.

Domaine Herdman • Hinchinbrooke

Take part in the interpretive tours of wild boar enclosures and leave with some local products.

Fromagerie Fritz Kaiser • Noyan

Enjoy artisanal cheeses, ripened and washed on pine boards, that combine local flavour with Swiss know-how.

Récréoparc • Sainte-Catherine

Enjoy the partially accessible activities and beach at this urban park.

Exporail, the Canadian Railway Museum* • Saint-Constant

Experience a captivating journey into the world of railroads with Canada's largest collection of trains.

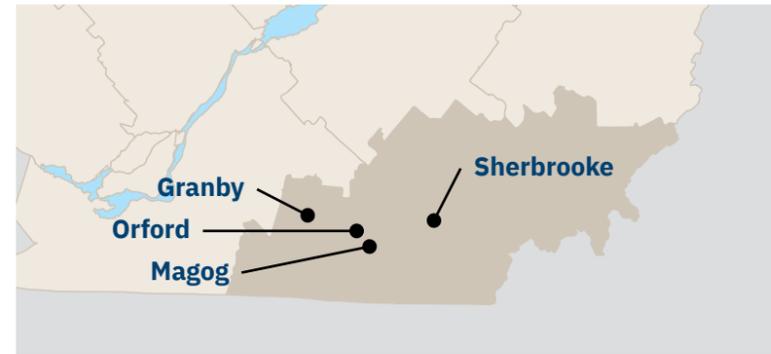


© TQ / D. Poulin

Campgrounds

- Camping Choisy • Rigaud**
- Camping de l'Île* • Roxton Falls**
- Camping Domaine du Rêve* • Sainte-Angèle-de-Monnoir**
- Camping Lac Mineur* • Saint-Jacques-le-Mineur**
- Camping Lac du Repos • Saint-Jean-Baptiste**
- Plage La Liberté* • Saint-Liboire**
- Camping Sainte-Madeleine* • Sainte-Madeleine**
- Camping La Clé des champs Complexe VR • Saint-Philippe**
- Camping Saint-Polycarpe • Saint-Polycarpe**

Eastern Townships



With 80% of its territory covered by forests, this region is an explosion of colour in the fall. Explore picturesque villages of Anglo-Saxon heritage, savour some local products and get a taste of a unique way of life.

Vignoble de l'Orpailleur – Économusée du vigneron © TQ / D. Lafond

Parks and Outdoors

Les Amis des Sentiers de Bromont – Parc des Sommets (Mont Oak) • Bromont

You'll find plenty of easy-to-intermediate trails in this area. After you make your reservation, you can rent an adapted electric bicycle or a Dahu.

Parc Découverte Nature • Coaticook

Come to experience pond fishing. The site's indoor activity, Acoatica, is an interactive survival adventure.

Parc de l'Étang Burbank* • Danville

This observation site in the heart of nature offers 4.5 km of accessible trails.

Centre d'interprétation de la nature du Lac Boivin • Granby

Peaceful and sustainable conservation area beckons you to discover its fauna and flora or do a bit of birdwatching.

Parc régional du Mont-Ham • Ham-Sud

Get to know the Waban-Aki nation as you follow a small accessible trail.



© Parc régional du Mont-Ham

Marais de la Rivière-aux-Cerises* • Magog

In a natural marsh setting, this stunning example of biodiversity offers accessible trails and an interpretive centre.

Parc national du Mont-Mégantic* • Notre-Dame-des-Bois

Far from any light pollution, explore the mountain (warning: rugged trails), and at nightfall, observe the impressive starry sky at the ASTROLab.

Parc national du Mont Orford • Orford

Home to the dazzling flora and fauna of this provincial park, Étang Fer-de-lance and Boucle des Trois-étangs are accessible trails that are pleasant to get around on.

Parc national de la Yamaska • Roxton Pond

The Grand-tour trail at this provincial park offers 19 km of partially accessible trails with a few steep slopes. Discovery centre, beach and playgrounds.

Culture and Heritage

Musée Beaulne* • Coaticook

In this bourgeois home, discover the history of the Norton family, and of Arthur Osmore Norton, who made his fortune manufacturing jacks for trains.

Louis S. St. Laurent National Historic Site* • Compton

Find out what life was like for this former Prime Minister of Canada (1948-1957). Learn about rural ways of life and see some period artefacts, the general store and much more.

Accommodations

Hotels

- Hotel Mortagne* • Boucherville**
- Escad Hotel Quartier DIX30 • Brossard**
- Hotel Le Dauphin Montréal-Longueuil* • Longueuil**
- Sandman Hotel Montréal-Longueuil • Longueuil**
- Holiday Inn Express* • Saint-Jean-sur-Richelieu**
- Auberge des Gallant* • Sainte-Marthe**
- Hotel Plaza Valleyfield* • Salaberry-de-Valleyfield**
- Hotel de la Rive* • Sorel-Tracy**

Zoo de Granby • Granby

Have a wildlife experience among the many animals from different continents along an accessible path. In the summer, take advantage of the Amazoo water park to cool off.



Zoo de Granby

Maison du Granit* • Lac-Drolet

Discover the secrets of granite and its regional importance in this former quarry perched at an altitude of 680 m.

Maison Merry • Magog

Maison Merry tells the story of Magog and the surrounding area, from the time of the Indigenous people and the American settlers to the present day.

Galerie d'art Antoine-Sirois at Université de Sherbrooke • Sherbrooke

Visit this truly regional institution showcasing contemporary art.

Mhist-Musée d'histoire de Sherbrooke • Sherbrooke

The Mhist contains archives on the documentary historical and ethnological heritage of the Sherbrooke area.

Musée de la nature et des sciences de Sherbrooke • Sherbrooke

This museum promotes awareness of the natural sciences with original and informative exhibits.

Musée des Beaux-Arts de Sherbrooke • Sherbrooke

Explore a visual arts collection that attests to the artistic vitality of Québec and the Eastern Townships in particular.

Musée Marie-Léonie Paradis • Sherbrooke

Visit the four alcoves focusing on different themes to learn about the life of Mother Marie-Léonie, founder of the Petites Sœurs de la Sainte-Famille.

Musée Missisquoi* • Stanbridge East

The museum is composed of several buildings: an old mill, a general store and Québec's only dodecagonal (12-sided) barn.

Musée Colby-Curtis* • Stanstead

Get a glimpse of the elegant lifestyle of a frontier family and the history of Stanstead County in a sumptuous classical Georgian-style villa.

Musée de l'ingéniosité J. Armand Bombardier • Valcourt

Explore the history of the ingenious Ski-doo inventor J. Armand Bombardier through interactive exhibits, an immersive show and much more.

Parc historique de la Poudrière de Windsor* • Windsor

Visit the site of Québec's oldest plant manufacturing gunpowder, an essential component of explosives.

Flavours and Traditions



Bleu Lavande © TQ / D. Poulin

Savonnerie Main de nature • Barnston

Made with passion, these handcrafted soaps are created with fresh, locally-grown products.

Fromagerie La Station • Économusée de la fromagerie fermière • Compton

Indulge yourself in these farmhouse cheeses made from unpasteurized organic cow's milk. Come and experience an immersive and olfactory tour of the economuseum.

Verger le Gros Pierre • Compton

This orchard lets you pick your own apples and offers an accessible tractor ride, an apple interpretation trail, a playground and a shop.

Domaine de Dunham • Dunham

A magnificent orchard on the Route des Vins, with over 25,000 fruit trees that are there for the picking. An oasis of calm at an enchanting site.

Vignoble de l'Orpailleur • Économusée du vigneron • Dunham

Come and see what these skilled winemakers are doing and where it all began.

Au cœur de la pomme • Frelighsburg

Have a picnic by the Pike River, pick your apples and visit the boutique.

Érablière Bernard • Granby

Share a meal at a sugar shack in a rustic setting and take the Trotteux trail.

Verger Champêtre gîte & compagnie • Granby

You can take an alpaca for a walk and get to know the animals at the mini-farm at this orchard. Bring your own picnic lunch, or enjoy the wonderful food prepared on site.

Bleu Lavande* • Magog

Visit the interpretive centre to learn more about lavender and experience the interactive space created by Moment Factory. Go for a picnic in the fragrant fields.

Savon des Cantons* • Magog

Give yourself over to the intoxication as you take in the sweet scent of plant-based soaps and cosmetics made by this artisan soap factory.

Vignoble Chemin de la Rivière* • Magog

Enjoy a taste and discover a range of products from the vineyard.

Vignoble le Cep d'Argent • Magog

Meet some pioneers of the Québec wine industry, and treat yourself to an unparalleled experience of Québec sparkling wine.

Cidrerie Milton • Sainte-Cécile-de-Milton

Discover an artisanal cider operation growing apples on ancestral lands that is recognized internationally as a bold and inspiring leader in the cider industry.

Vignoble La Halte des Pèlerins* • Sherbrooke

A family vineyard that offers a cultural and sensory experience.

Miellerie Lune de Miel* • Stoke

Visit the interpretive centre to learn more about bees, take a guided tour that looks at the lives of these insects and go into the Ruche Géante®, a unique museum that evokes a giant beehive.

Sports and Leisure

Spa Eastman* • Eastman

Treat yourself at this spa in the heart of nature. The outdoor pools are accessible.

Escapades Memphrémagog, Bateau le Grand Cru* • Magog

Go for a boat ride on this majestic lake and enjoy a gourmet menu while taking in the breathtaking views during the cruise.

Mont Owl's Head* • Mansonville

Enjoy an incredible view of Lake Memphremagog as you ski. The resort offers monoski, bi-ski, dualski and tandemski.

Centre de ski Mont-Orford* • Orford

Find out about the outings organized by the Fondation des sports adaptés on their website (advance booking required).

Mont-Bellevue* • Sherbrooke

A great sliding experience, day or night. Reserve your adapted ski equipment: tandemski with an instructor.

Accommodations

Hotels

-  Hotel Château-Bromont • Bromont
-  Le St-Martin Bromont Hotel & Suites • Bromont
-  Hotel Castel • Granby
-  Hotel Le Principal • Granby
-  Le Saint-Christophe, Hotel Boutique & Spa* • Granby
-  Hotel Chéribourg* • Orford
-  La Petite Auberge de Jouvence* • Orford
-  Manoir des Sables Hotel & Golf • Orford
-  Motel de la Gare* • Richmond
-  Delta Hotels Sherbrooke* • Sherbrooke
-  Grand Times Hotel • Sherbrooke
-  Hotel Le Floral* • Sherbrooke
-  Hotel Le Président* • Sherbrooke
-  Quality Hotel & Suites* • Sherbrooke

Vacation Resort

-  Camp Massawippi - Centre de Réadaptation Mab-Mackay* • Ayer's Cliff
-  Centre de villégiature de Jouvence* • Orford

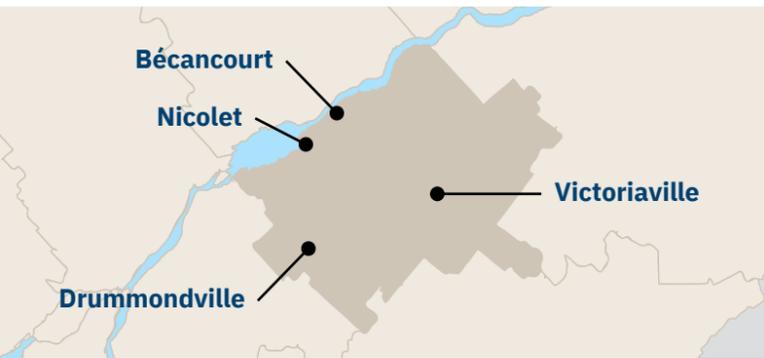
Cottages

-  Chalets U* • Austin
-  Au Relais des Mésanges, le Pavillon des Mésanges* • Dudswell

Campgrounds

-  Camping Parc de la gorge de Coaticook • Coaticook
-  Camping Aventure Mégantic • Frontenac
-  Camping Melbourne • Melbourne
-  Camping secteur Franceville* • Parc national du Mont-Mégantic
-  Camping secteurs lac Fraser ou lac Stukely* • Parc national du Mont-Orford
-  Camping Parc de la Yamaska, tentes Huttopia* • Roxton Pond
-  Camping Saint-Alphonse* • Saint-Alphonse-de-Granby
-  Domaine des Cantons • Saint-Étienne-de-Bolton

Centre-du-Québec



Stretching from the St. Lawrence River to the foothills of the Appalachians, this region comes alive with a rich cultural life. This land of maple trees and cranberries will enchant epicureans.

Deschailons-sur-Saint-Laurent © TQ / Z. Rose

Parks and Outdoors

Parc Marie-Victorin* • Kingsey Falls

Visit this botanical garden where astonishing giant mosaiculture sculptures rise up in six fantastic gardens and a tropical greenhouse.

Parc régional de la Rivière Gentilly • Sainte-Marie-de-Blandford

Surrounded by forest, hike the 1.3-km unobstructed loop trail, which includes various rest areas.



© S. Jubinville

Parc du Boisé-des-Frères-du-Sacré-Cœur • Victoriaville

Stroll through this park and contemplate the surrounding natural areas.

Parc du Mont Arthabaska • Victoriaville

Close to downtown, this park offers a variety of free activities: trails, snow tubing, birdwatching and concerts at the lookout.

Parc du Réservoir Beaudet • Victoriaville

Wander the accessible trails or take an adapted kayak to see the birds during the fall migration season.

Terre-des-Jeunes Park • Victoriaville

This park is one of the largest green spaces in the city. A pleasant place for a moment of relaxation in a lush woodland that the Nicolet River flows through.

Culture and Heritage

Centre de la biodiversité du Québec • Bécancourt

Take the woodland trails to learn more about the local ecosystems, and visit the museum to get acquainted with Québec wildlife, past and present.

Moulin Michel de Gentilly* • Bécancourt

Hear the story of buckwheat and Québec's flour mills. A site where history, the abundance of the land and peaceful quiet reign.

Musée des cultures du monde • Nicolet

The only museum in the Americas dedicated to the five great religions of the world, it presents exhibitions and activities to promote learning, knowledge and exploration.

Musée des Abénakis* • Odanak

Located in a former Catholic school on the banks of the Saint-François River, this museum highlights the rich culture of the Abenaki First Nation.

Centre d'interprétation de la canneberge* • Saint-Louis-de-Blandford

Come and learn more about cranberries in the interpretive centre and enjoy products made from this iconic Québec berry at the shop.

Musée de l'hotel des Postes • Victoriaville

Located in a Second-Empire style building, this museum dedicated to the mail exhibits artefacts and presents a replica of an old post office.

Victoriaville, Destination for All



© Ville de Victoriaville

This municipality offers an accessible, varied and quality tourist experience, enabling people with special needs to stay for several days. Tourists can sleep, eat, visit, shop and enjoy a range of daily activities in a barrier-free environment and a culture of hospitality excellence.

Flavours and Traditions

Marché public Drummondville • Drummondville

Live to the rhythm of the seasons with the tastes and colours of this local market.

Miellerie King, Distillerie B • Kingsey Falls

From bee to bottle, take a guided tour of the distillery and taste some spirits, honey mead cocktails and various other food products.

Verger & Cultures Duhaimé* • Saint-Germain-de-Grantham

Get a taste of the enthusiasm for apples and healthy fruit products at this orchard. In season, pick your own apples from among 25 different varieties.

Fromagerie Victoria • Victoriaville

Visit a cheese factory (advance booking required) and discover cheeses and homemade products that you can taste while you're there or take away.

Marché public des Bois-Francis* • Victoriaville

This farmers market is a seasonal grocery store where you can discover local products, one flavour at a time.

Sports and Leisure

Spa détente du lac William • Saint-Ferdinand

Treat yourself to a moment of relaxation with customized spa treatments in a bucolic setting. In season, get out on the water in a pontoon boat.

Gleason* • Tingwick

A mountain that's just the right size, and an ideal place to get into skiing with adapted equipment: dualski and sit ski chairs.

Parachute Victoriaville • Victoriaville

Try tandem skydiving and have the experience of a lifetime! Please mention your needs when booking.

Piscine Édouard-Dubord • Victoriaville

A well-equipped swimming pool: lift, pool wheelchairs, walker, beach entry pool.



© Ville de Victoriaville

Accommodations

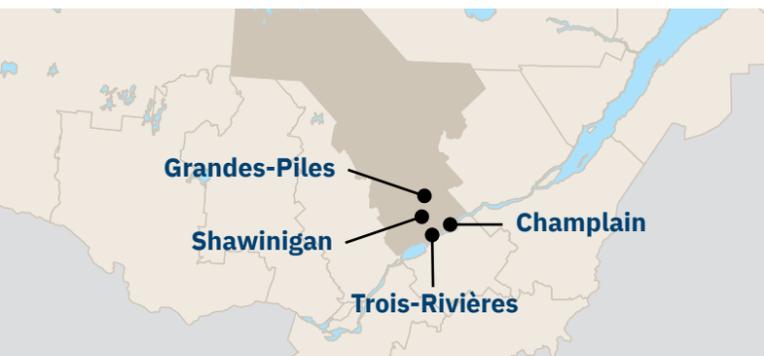
Hotels

- Auberge Godefroy Hotel-Spa-Golf • Bécancourt
- Best Western Plus • Hotel Universel* • Drummondville
- Comfort Inn* • Drummondville
- Hotel et Suites Le Dauphin* • Drummondville
- Motel Blanchet* • Drummondville
- Quality Suites* • Drummondville
- Hotel Montfort • Nicolet
- Manoir du Lac William • Saint-Ferdinand
- Le Victorin Hotel et Congrès • Victoriaville
- Quality Inn & Suites • Victoriaville

Camping

- Camping Port Saint-François* • Nicolet
- Camping Parc régional de la Rivière Gentilly • Sainte-Marie-de-Blandford

Mauricie



Known as “la belle d’à côté”, this beautiful region next door encompasses vast spaces of unspoiled wilderness. Authentic and welcoming, rich in religious and industrial heritage, it offers some wonderful cultural activities.

Parc national de la Mauricie © TQ / J. Bartlett

Parks and Outdoors

Parc national de la Mauricie* • Shawinigan

In the heart of the Laurentian forest, take in the beautiful views and enjoy the lakeside picnic tables. Some trails are accessible (gentle slope).

Parc de l'Île Saint-Quentin* • Trois-Rivières

This green space offers recreational and educational outdoor activities in every season.

Culture and Heritage

Église Notre-Dame-de-la-Visitation • Champlain

Classified as a historic monument in Québec, this magnificent place of worship is an integral part of the history of the Chemin du Roy and the Mauricie region.

Village du Bûcheron • Grandes-Piles

Follow in the footsteps of the Québec lumberjacks of yesteryear through stories and song.

La Cité de l'Énergie* • Shawinigan

At this combination science centre/museum, explore the local history and heritage through immersive exhibits and activities.

Shawinigan-2 Generating Station (Hydro-Québec) • Shawinigan

The former generating station has been transformed into a large exhibition hall with a collection of industrial equipment. The second part of the visit includes access to the generating station, which was completed in 1928 in the Art Deco style.

Boréalis, Centre d'histoire de l'industrie papetière • Trois-Rivières

A former industrial heritage site, it is now a museum centred on forestry, the log drive, lumberjacks and the lives of workers in a bygone era.

Cathédrale de l'Assomption* • Trois-Rivières

Built between 1854 and 1858, this Neo-Gothic cathedral is the mother church of the diocese of Trois-Rivières.



© TQ / D. Lafond

Centre d'exposition Raymond-Lasnier • Trois-Rivières

This contemporary art centre hosts thematic and group exhibitions and events.

Forges du Saint-Maurice National Historic Site* • Trois-Rivières

Witness the vestiges of Canada's early steel industry, admire the iron and cast iron pieces, and learn more about this community of artisans.

Manoir Boucher de Niverville • Trois-Rivières

Located in a protected area and archaeological site, this manor house reveals the secrets of the worldly life in New France.



© TQ / JF. Bergeron

Musée des Ursulines de Trois-Rivières • Trois-Rivières

Classified as a heritage site, this museum showcases the three-century history of this religious community dedicated to teaching and healing.

Musée POP • Trois-Rivières

This museum brings together six thematic interactive exhibitions dealing with popular culture in Québec.

Sanctuaire Notre-Dame-du-Cap • Trois-Rivières

A haven of peace and a spiritual beacon open to the world, this sanctuary is a major tourist attraction in the Mauricie region, with more than 430,000 visitors each year.

Flavours and Traditions

Microbrasserie Nouvelle-France • Saint-Alexis-des-Monts

Enjoy local beers as you look out at the production plant.



© TQ / G. Leroyer

Marché public • Shawinigan

Fresh, local and gourmet, this farmers market will whet your appetite.

Microbrasserie Le trou du Diable • Shawinigan

A microbrewery and shop offering a selection of unique beers and related products.

Sports and Leisure

Salon de quilles Biermans* • Shawinigan

Come and enjoy a relaxing time out at this fine bowling alley.

The **FestiVoix de Trois-Rivières*** is a major cultural event in Québec. This summer music festival takes place in the historic district of downtown Trois-Rivières. The main sites have dedicated areas with accessible portable toilets nearby.

The locations • sometimes elevated, sometimes on the ground near the stage • are accessible to anyone who uses a manual or electric wheelchair, who uses a 3-wheel or 4-wheel mobility scooter, or who has the help of a guide dog.

Accommodations

Hotels

Auberge du Lac-à-l'Eau-Claire • Saint-Alexis-des-Monts

Le Baluchon Éco-Villégiature • Saint-Paulin

Comfort Inn & Suites • Shawinigan

Hotel Énergie Shawinigan • Shawinigan

Auberge du Lac Saint-Pierre • Trois-Rivières

Comfort Inn* • Trois-Rivières

Hotels Gouverneur* • Trois-Rivières

Hotel OUI GO! • Trois-Rivières

L'Auberge du Lac Saint-Pierre • Trois-Rivières

Les Suites de Laviolette* • Trois-Rivières

Super 8 Trois-Rivières* • Trois-Rivières

Campgrounds

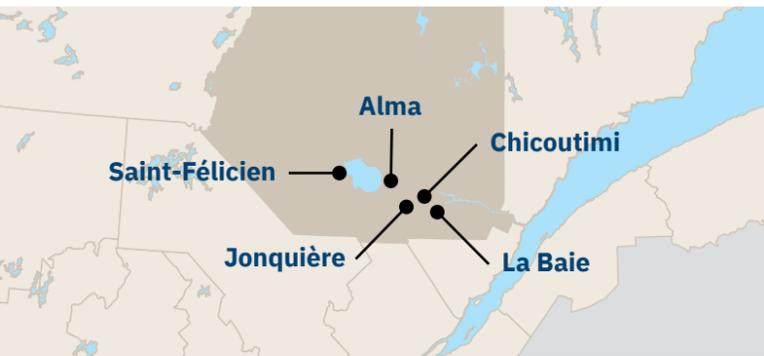
Camping Kea Otamac* • Lac-à-la-Tortue

Camping Belle Montagne* • Saint-Paulin

Camping Parc de l'Île Melville* • Shawinigan

Camping Les Forges • Trois-Rivières

Saguenay–Lac-Saint-Jean



The many bays and picturesque villages around the Saguenay River and Lac Saint-Jean define this region. Historical, natural, First Nations and culinary attractions make it a must-see.

© Parc national du Fjord-du-Saguenay

Parks and Outdoors

La Zone portuaire • Chicoutimi

The old port area is a multifunctional meeting place on the banks of the Saguenay River. You'll find an accessible building and barrier-free pathways here.

Jardin Scullion* • L'Ascension-de-Notre-Seigneur

4 km of paths crisscross this accessible garden. You can access the south bank of the creek by crossing a lovely arched bridge inspired by the beautiful gardens of England.

Quai de Petit-Saguenay* • Petit-Saguenay

This small, steeply sloped wharf offers a rest area with a spectacular view of the fjord.

Parc national du Fjord-du-Saguenay, Baie-Éternité area* • Rivière-Éternité

Nestled in the hollow of steep cliffs, this area offers beautiful views of the fjord.



© Parc national du Fjord-du-Saguenay

Parc Sacré-Cœur • Saint-Félicien

This pretty little urban park offers a magnificent view of the Ashuapmushuan River.

Quai de Sainte-Rose-du-Nord* • Sainte-Rose-du-Nord

This small wharf overlooks the fjord, in the heart of the pretty little village of Sainte-Rose-du-Nord.

Culture and Heritage

Historic village of Val-Jalbert • Chambord

Go back in time to 1927 at this authentic village with 40 period buildings.

La Pulperie • Chicoutimi

Learn about the history of this pulp mill and the major role it played in the city's and the region's development in the early 20th century.

Centre d'histoire et d'archéologie de la Métabetchouane • Desbiens

This museum of history and archaeology looks at the importance of natural waterways through time.

Parc de la caverne du Trou de la Fée • Desbiens

Explore this unique natural place through a virtual reality experience. The deck provides a magnificent view, and an immersive show rounds out the visit.

Centre d'histoire Sir-William-Price • Jonquière

Located in the St. James the Apostle chapel, this centre showcases the history of the industrial town of Kenogami and the lives of its workers.

Centre national d'exposition • Jonquière

The centre features artists, exhibitions, events and activities related to traditional, modern, contemporary and current art, as well as history and science.

Musée de la Défense aérienne de Bagotville • La Baie

Learn about the history of military aviation in Canada through interactive exhibits, photographs and unique historical artefacts.

Musée du Fjord • La Baie

Multimedia and tactile exhibits and activities illustrate aquatic science, natural heritage interpretation and local history.

Pyramide des Ha! Ha!* • La Baie

Erected in memory of the 1996 floods, this pyramid is covered with 3,000 "yield" signs affixed to an aluminium structure.

Verrerie d'Art Touverre – Économusée du soufflage de verre • La Baie

Verrerie Touverre – Économusée de la taille de pierres fines • La Baie

Discover these workshops displaying two fascinating crafts: glassblowing and gem cutting. Come and admire some unique pieces.

Moulin des Pionniers* • La Doré

Explore a sawmill and an exhibition on the lives of French settlers in the early 20th century.

Musée amérindien • Mashteuatsh

Immerse yourself in First Nations history. Discover the history and culture of the Pekuakamiulnuatsh of Lac-Saint-Jean.



Cristal du Lac – Économusée du prospecteur cristallier • Métabetchouan–Lac-à-la-Croix

Take a geological excursion to the mine and bring back some quartz crystals. The century-old barn that houses the workshop has retained all its charm of yesteryear.

Musée Louis-Hémon* • Péribonka

Take a look back at the adventure of this man, a French author who passed through Lac-Saint-Jean in 1912, and spend some time in the land of Maria Chapdelaine.

Église de Saint-Félicien • Saint-Félicien

Admire this sweet little Catholic church across from Sacré-Cœur park.

Zoo sauvage • Saint-Félicien

This 485-hectare zoo showcases nearly 1,000 animals from 80 species of the boreal regions and the cold parts of the world.

Flavours and Traditions

Délices du Lac-Saint-Jean – Économusée de la confitière : bleuet sauvage • Albanel

Specialized in the transformation of wild blueberries, this family business is proud to introduce you to products made from this small emblematic fruit.

Chocolaterie des Pères Trappistes de Mistassini Inc. – Économusée de la Chocolaterie des Pères • Dolbeau-Mistassini

Founded in 1939, this chocolate factory carries on the traditions today. Walk through 80 years of history and learn more about how to make chocolate.

Domaine le Cageot • Jonquière

A range of products made from grapes, wild blueberries, raspberries and blackcurrants.

Les halles de la Rivière-aux-Sables • Jonquière

Come and discover the local flavours at this lively market.

Fromagerie Boivin • La Baie

This family-owned cheese factory has been making excellent fresh cheddar cheese daily since 1939.

Le Chevrier du Nord – Économusée de la chevière/agrovestimentaire • Saint-Fulgence

This family farm raises angora goats to make warm, unique clothing using traditional methods.

Ferme Gilbert et Fils • Saint-Henri-de-Taillon

The guided tour of this family farm introduces you to the daily life of these farmers, their history and the history of the evolution of agriculture.

Musée du fromage Cheddar • Saint-Prime

Make your own cheese in this world-renowned former factory. A unique experience.



© TQ / G. Leroyer

Accommodations

Hotels

- Comfort Inn* • Alma
- Hotel Universel* • Alma
- Travelodge Alma • Alma
- Village historique de Val-Jalbert, Hotel • Chambord
- Comfort Inn* • Chicoutimi
- Hotel Le Montagnais • Chicoutimi
- La Saguenéenne Hotel • Chicoutimi
- Motel l'Orée des Bois* • Girardville
- Hotel Delta Saguenay par Marriott • Jonquière
- Maison de Vébron* • L'Anse-Saint-Jean
- Auberge des Battures • La Baie
- Auberge du Presbytère Saint-Alexis • La Baie
- Ermitage Saint-Antoine • Lac-Bouchette

- Auberge Île du Repos* • Péribonka
- Hotel Manoir* • Roberval
- Motel Roberval* • Roberval
- Hotel de la Boréale* • Saint-Félicien
- Auberge des Îles • Saint-Gédéon

Cottages

- Les Chalets Baie Cascouia (Le Tricia) • Larouche
- Chalet Dorémi • Saint-Félicien

Vacation resort

- Centre Vacances Nature • Auberge Éva • Lac-Bouchette

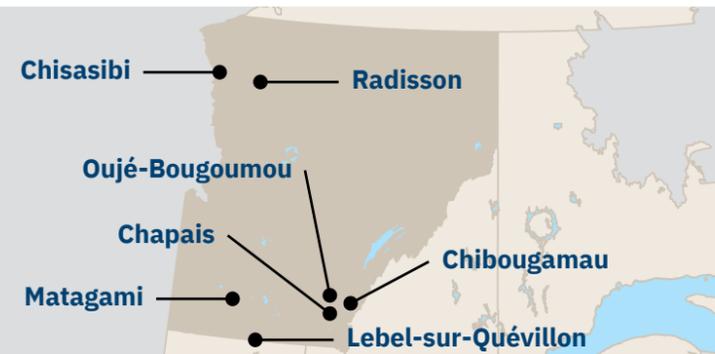
Campgrounds

- Centre de villégiature Dam-en-Terre* • Alma
- Camping Village historique de Val-Jalbert • Chambord
- Camping Site touristique Chute à l'Ours* • Normandin
- Camping Municipal* • Péribonka



bonjour
québec

Eeyou Istchee Baie-James



This region is awe-inspiring with its massive lakes, wild rivers, northern lights, endless forests, unique flora and fauna, and the rich and vibrant Cree culture.

© A-C Roberge

Culture and Heritage

Auditorium la Porte-du-Nord (Polyvalente La Porte du Nord)* • Chibougamau

Located on the grounds of a high school, this performance hall has two reserved spaces for wheelchair users.

Institut culturel cri Aanischaaukamikw • Oujé-Bougoumou

Learn about the culture of the James Bay Cree at this museum, which showcases the community's history.

Centre civique de Matagami* • Matagami

The centre's multipurpose room is partially accessible, providing access to certain recreational activities.



Pont Eastmain © GoVan

Centre communautaire de Lebel-sur-Quévillon* • Lebel-sur-Quévillon

This centre offers a host of activities under one roof, some of which are accessible: a curling room, a library, a bar and a restaurant.

Aménagement Robert-Bourassa (Hydro-Québec) • Radisson

This is the largest power generating facility in North America. It's a veritable cathedral carved in the rock!



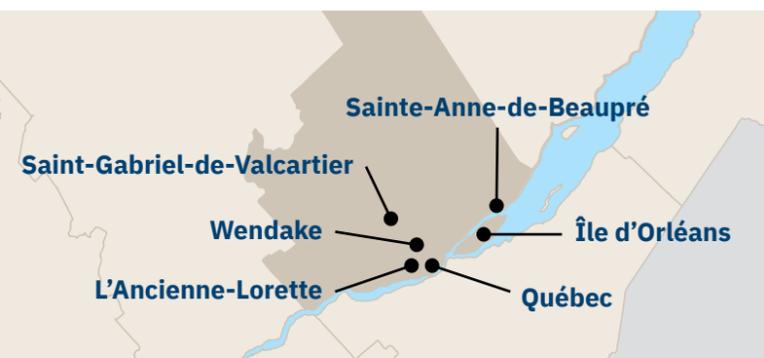
© TQ / M. Dupuis

Accommodations

Hotels

- Hôtel Opémiska* • Chapais
- Motel Chisasibi* • Chisasibi
- Auberge Capissisit • Oujé-Bougoumou
- Auberge Radisson* • Radisson

Québec City Region



The only fortified city in North America, Québec City is a world heritage treasure recognized by UNESCO. Far more than a living museum, Québec City and its surroundings have much to offer.

© TQ / G. Leroyer

Parks and Outdoors

Canyon Sainte-Anne* • Beaupré

Starting at the north shore, the adapted trails provide a pathway with spectacular views from the suspension bridges.

Baie de Beauport Sun Life • Québec City

The sandy beach here is equipped with a mat, and its entertaining installations make it a very popular place in summer.

Domaine de Maizerets* • Québec City

This oasis of green in an urban industrial area has a 27-hectare park divided into three areas: a historic centre, a woodland and an arboretum.

Jardin universitaire Roger-Van den Hende* • Québec City

This peaceful haven in the heart of the city is a place of learning and research. You can meander around at your own pace among more than 4,000 species and cultivars.

Parc de la Chute-Montmorency* • Québec City

This spectacular natural site is breathtaking. At 83 metres in height, its striking waterfall is taller than Niagara Falls.



© TQ / G. Leroyer

Parc de la Plage-Jacques-Cartier* • Québec City

Running along the river for 2.6 km, this park attracts people who like to go out for a stroll, contemplate life or watch the birds.

Urban parks • Québec City

Place des Canotiers, Place de l'Assemblée Nationale, Parc de l'Amérique-Française, Parc de l'Amérique-Latine, Parc de la Francophonie, Parc des Moulins, Parc du Bois-de-Coulonge and Promenade Samuel-De-Champlain are places steeped in history, offering green spaces that enhance the city and give visitors a chance to enjoy a piece of the local heritage.

Réserve faunique de Portneuf • Rivière-à-Pierre

Come to this wildlife reserve to encounter some rugged landscapes among picturesque mountains, raging waterfalls and peaceful streams.

Réserve nationale de faune du Cap-Tourmente* • Saint-Joachim

Visit this wildlife reserve located in a wetland whose contrasting landscapes are shaped by the action of the river, and contemplate the coastal marshes, plains and mountains.

Parc national de la Jacques-Cartier* • Stoneham-et-Tewkesbury

Home to one of the most beautiful glacial valleys in Québec, this park offers accessible trails and the chance to meander along the winding river.

Culture and Heritage

Aux Trois Couvents • Château-Richer

Located on an archaeological site, this place invites you to discover the region's history, heritage and culture, from the 17th century to today.

Centre d'interprétation du Chemin du Roy* • Deschambault-Grondines

Discover the ancient and contemporary history of the historic route known as the Chemin du Roy, the first real road in North America.

Église Saint-Joseph* • Deschambault-Grondines

Located in the heart of a protected area, the church is classified as a historical monument and has an impressive collection of artworks and stained glass windows.

Moulin de La Chevrotière • Deschambault-Grondines

The mill is home to a permanent exhibition of traditional trades and visual artwork.

Vieux presbytère • Deschambault-Grondines

This old rectory, a landmark of Québec's heritage dating from 1816, presents some excellent exhibitions on village heritage and contemporary visual art.

Aquarium du Québec • Québec City

With its 10,000 marine animals, this aquarium enchants young and old alike.



© TQ / P. Lambert - JF. Frenette

Assemblée nationale du Québec • Québec City

Embark on an exciting visit of the Québec legislature with experienced guides. Discover the secrets of parliament and explore the brand-new reception hall.

Cathédrale Holy Trinity* • Québec City

Visit the first Anglican cathedral built outside the British Isles and the first neoclassical place of worship built in Québec.

Citadelle de Québec and Musée Royal 22^e Régiment* • Québec City

Located in the Citadel, the Royal 22nd Regiment museum holds one of the largest military collections in Canada, from the period of New France to the present day.

Domaine Cataraqui • Québec City

At this 19th century English estate, explore the remains of a horticultural greenhouse and one for growing grapes, and make your way through a large kitchen garden overlooking the river.

Érico, Chocolaterie créative et Musée du chocolat* • Québec City

Watch the chocolate artisans at work and learn about the history of this delectable bean.

Fortifications of Québec National Historic Site* • Québec City

See the impressive ramparts that encircle Old Québec. These fortifications bear witness to the evolution of Québec City's defences from the 17th to the 19th century.

L'îlot des Palais • Québec City

This historical and archaeological site takes you into the vibrant life of the lower town of Old Québec, including the Jean Talon brewery, the Intendant's palaces, the King's prisons and stores, as well as the Boswell brewery.

Maison des Jésuites de Sillery* • Québec City

Go back in time at this archaeological site. Follow the interpretive panels to encounter objects dating back over 3,000 years.

Maison Girardin • Québec City

Classified as a historic monument and a building of national significance, this fully restored residence tells the story of Beauport and its community.

Maison Léon-Provancher • Québec City

An interpretive centre for history and science dedicated to the work of Father Léon Provancher, a trailblazing naturalist in French Canada.

Monastère des Augustines • Québec City

Steeped in history and tradition, this place offers a unique experience in total health that brings to life the heritage of the Order of St. Augustine.

Moulin des Jésuites de Charlesbourg • Québec City

In the heart of the Charlesbourg heritage site, the Centre d'interprétation du Moulin et du Trait-Carré tells the story of New France.

Musée de la civilisation • Québec City

A place of knowledge and ideas, this museum casts a new and often unexpected light on the human experience through its daring and original exhibitions.

Musée des plaines d'Abraham • Québec City

Discover the treasures of one of the world's most prestigious urban parks. Relive the famous battles of 1759 and 1760.

Musée national des beaux-arts du Québec • Québec City

This national museum consists of four pavilions and a collection of over 40,000 works from the 17th century to the present.

Musée naval de Québec* • Québec City

Explore the history of the river and the Naval Reserve. Find out about the military history, the conflicts and their repercussions on the public.

Observatoire de la Capitale • Québec City

Get a bird's-eye view of the city from this 221-metre high observatory with a 360-degree view.

Pôles culturels du Monastère des Ursulines • Québec

Explore three floors of temporary and permanent exhibits showcasing the cultural legacy of the Ursulines.

Site patrimonial du Parc-de-l'Artilerie* • Québec City

Visit the Arsenal Foundry and the Dauphine Redoubt. Admire the unique architecture and decor of these buildings that have marked the country's history.

Villa Bagatelle* • Québec City

Nestled in the heart of a shady garden, this villa and its interpretive centre evoke the tradition of the 19th century fashion of vacationing at Sillery.

Atelier Paré • Économusée de la sculpture sur bois • Sainte-Anne-de-Beaupré

At this ecomuseum, meet wood carvers whose sculptures depict the goblins, werewolves, witches and devils of Québec folklore.

Sanctuaire de Sainte-Anne-de-Beaupré* • Sainte-Anne-de-Beaupré

At this important pilgrimage site, find out more about the life of Saint Anne, her history, her devotion, her relics.



© TQ / P. Lambert - J.F. Frenette

La Grande Ferme • Historical site • Saint-Joachim

Through a multi-sensory experience, this interpretation centre showcases the heritage and history of this part of the country.

Musée Huron-Wendat • Wendake

Inspect a very rare collection that speaks to the rich culture and skills of this First Nation.

Site traditionnel Huron Onhoüa Chetek8e • Wendake

This traditional Indigenous village recreates the history, heritage and customs of the Huron nation. Explore the longhouse, the fish smokehouse and the sweat lodge.

Getaway to Île d'Orléans

Ferme Le Beau Markon • Sainte-Famille-de-l'Île-d'Orléans

Wander through the orchards with accessible U-pick, and enjoy a picnic on site.



© TQ / M. Julien

Manoir Mauvide-Genest • Saint-Jean-de-l'Île-d'Orléans

For over three centuries, this provincial historic site has stood as a testament to the ambition and success of an extraordinary couple in New France.

Parc maritime de Saint-Laurent* • Saint-Laurent-de-l'Île-d'Orléans

With a guide or on your own, learn about the fascinating era of wooden shipbuilding.

Cidrerie Verger Bilodeau • Saint-Pierre-de-l'Île-d'Orléans

Apple and maple treats await you at this orchard and cider operation. Picnic table, U-pick, mini-farm.

Espace Félix-Leclerc* • Saint-Pierre-de-l'Île-d'Orléans

Learn about the life of this legendary artist, his legacy, his work and his universal values.

Flavours and Traditions

Ferme Langlois et fils - Chez Médé • Économusée du maraîcher : maïs sucré de Neuville • Neuville

Come and chat with the 12th generation farmers who grow and process their vegetables here.

Artisans et artistes indiens du Québec* • Wendake

In this shop you'll find creations crafted by Indigenous craftspeople.

Raquettes et artisanat Gros-Louis* • Wendake

You'll find Indigenous arts and crafts in this family-owned store.

Sports and Leisure

SkySpa • Québec City

For a moment of relaxation during your stay, this spa is equipped with an accessible steam bath, lounge area and café.

Nord Expe • Sainte-Brigitte-de-Laval

Adapted seats with back and side support make guided snowmobile rides accessible.

Village Vacances Valcartier* • Saint-Gabriel-de-Valcartier

This huge water park has paved lanes to make it easier to get around.

Ski Saint-Raymond* • Saint-Raymond

Mountain with natural snow. Open during the day and evening. Don't forget to reserve your equipment: monoski or dualski.

Accommodations

Hotels

-  Sleep Inn & Suites Québec Est* • Boischatel
-  Cofortel • L'Ancienne-Lorette
-  Comfort Inn* • L'Ancienne-Lorette
-  Hotel Must - Hotels JARO* • L'Ancienne-Lorette
-  Repotel Duplessis Aéroport* • L'Ancienne-Lorette
-  Ambassadeur Hotel et Suites* • Québec
-  Auberge Saint-Antoine* • Québec
-  Best Western Plus Centre-Ville Québec* • Québec
-  Best Western Premier Hotel Aristocrate • Québec
-  Entourage sur-le-lac • Québec
-  Fairmont Le Château Frontenac* • Québec
-  Grand Times Hotel, Aéroport* • Québec
-  Grand Times Hotel* • Québec
-  Hampton Inn & Suites by Hilton • Québec
-  Hotel & Suites Le Dauphin Québec* • Québec
-  Hotel & Suites Normandin* • Québec
-  Hotel Château Laurier Québec • Québec
-  Hotel Citadelle* • Québec

-  Hotel Classique* • Québec
-  Hotel Delta Québec par Marriott* • Québec
-  Hotel Lindbergh - Hotels JARO* • Québec
-  Hotel-Motel Le Gîte* • Québec
-  Hotel Pur Québec* • Québec
-  Hotel Royal William* • Québec
-  Hotel Universel* • Québec
-  L'Hotel Québec - Hotels JARO* • Québec
-  Le Bonne Entente* • Québec
-  Le Concorde Québec* • Québec
-  Le Germain Québec* • Québec
-  Le Monastère des Augustines • Québec
-  Marriott Québec Centre-Ville* • Québec
-  N Hotel Québec* • Québec
-  Palace Royal - Hotels JARO* • Québec
-  Plaza Québec - Hotels JARO* • Québec
-  Quality Suites* • Québec
-  Repotel Henri IV* • Québec
-  Super 8 par Wyndham Québec Sainte-Foy* • Québec
-  Travelodge* • Québec
-  Auberge St-Alexis* • Saint-Raymond
-  Hotel-Musée Premières Nations* • Wendake

Vacation resorts

-  Centre de plein air Le Saisonnier* • Lac-Beauport
-  Cité Joie* • Lac-Beauport
-  Station touristique Duchesnay • Sainte-Catherine-de-la-Jacques-Cartier
-  Camp O'Carrefour • Saint-Pierre-de-l'Île-d'Orléans

Cottage

-  La Voisine, Les chalets Tourisma • Saint-Léonard-de-Portneuf

Campgrounds

-  Camping Juneau et Chalets • Saint-Augustin-de-Desmaures
-  Camping Orléans* • Saint-François-de-l'Île-d'Orléans
-  Camping Valcartier* • Saint-Gabriel-de-Valcartier
-  Camping Stoneham* • Stoneham-et-Tewkesbury

Charlevoix



Designated by UNESCO as a Biosphere Reserve, the region attracts painters, poets and writers who portray the uniqueness of its landscapes. The Route du Fleuve runs along the St. Lawrence River, and the views are exceptional.

Croisière AML © TQ / M. Julien

Parks and Outdoors

Centre d'interprétation et d'observation de Pointe-Noire* • Baie-Sainte-Catherine

An exceptional panorama opens up before your eyes at this interpretive observation centre. Be on the lookout for the birds and marine mammals living here.



© TQ / D. Lafond

Parcours des Berges Alexis le Trotteur* • Clermont

This urban park that hugs the banks of the Malbaie River is partially accessible.

Culture and Heritage

Musée d'art contemporain* • Baie-Saint-Paul

Discover the world of contemporary artistic techniques through exhibitions of established and promising young artists.

Les Moulins de l'Isle-aux-Coudres – Économusée de la meunerie • Isle-aux-Coudres

A fascinating experience at the relaxing pace of the windmill and watermill era, brought together in a unique heritage site in America.

Musée de Charlevoix* • La Malbaie

Discover the regional culture through artifacts and testimonies highlighting the historical, artistic and cultural heritage of the region.

Musée maritime de Charlevoix • Saint-Joseph-de-la-Rive

Visit five exhibits, including a 360-degree experience, four boats (with steps), a wharf, a sawmill, a park, a plant maze, an arboretum and spots to contemplate the river.



© Tourisme Charlevoix / A-O Lyra

Papeterie Saint-Gilles, Économusée du papier* • Saint-Joseph-de-la-Rive

This unique workshop produces handmade paper from cotton in a former elementary school. Handmade paper made in Québec.

Flavours and Traditions

Cidres et vergers Pedneault – Économusée du cidrier • Isle-aux-Coudres

A century-old family business, this cider mill is the area's main fruit farm. Visit the economuseum to learn about the orchard and the cellar.



© TQ / G. Leroyer

Aux Fruits du Biscuitier • Isle-aux-Coudres

For a sweet break, this cookie shop has ice cream, pastries and coffee.

Galerie d'art Au P'tit Bonheur* • La Malbaie

A unique gallery where you can find paintings and sculptures by some of the most renowned professional artists in the country.

À l'Orée des Champs – Économusée de la charcutière d'agneau • Saint-Nazaire

This century-old family business produces sheep. It promotes regional products and products made from lamb produced on site.

Centre de l'émeu de Charlevoix – Économusée de la huilière • Saint-Urbain

Visit the largest emu farm in Canada. This centre promotes the breeding of emus without antibiotics or hormones.



© TQ / G. Leroyer

Ferries and Cruises

AML Grand Fleuve* • Baie-Sainte-Catherine

Accessible boarding at the Baie-Sainte-Catherine wharf. Watch for whales during a cruise in the heart of the Parc marin du Saguenay–Saint-Laurent.

Traverse L'Isle-aux-Coudres • Saint-Joseph-de-la-Rive

Take a 15-minute boat ride to reach this enchanting island with its charming countryside and the hospitality it's known for.

Sports and Leisure

Casino de Charlevoix* • La Malbaie

This casino offers some 20 gaming tables, over 900 slot machines, two bars and a panoramic view of the St. Lawrence River.

Mont Grand-Fonds* • La Malbaie

A wilderness slope where bushes and clearings will bring out the adventurer in you. Tandemski and dualski available on request.

Le Massif de Charlevoix* • Petite-Rivière-Saint-François

Leave your daily routine behind and discover the freedom of dualskiing, tandemskiing, bi-skiing or kart-skiing, accompanied by a specially trained instructor.

Accommodations

Hotels

- Auberge Ancrage* • Baie-Saint-Paul
- Motel, Maison Chez Laurent* • Baie-Saint-Paul
- Auberge des 3 Canards* • La Malbaie
- Fairmont Le Manoir Richelieu • La Malbaie
- Hotel-motel Castel de la Mer* • La Malbaie
- Le Petit Manoir du Casino • La Malbaie
- Motel Le Mirage* • La Malbaie
- Auberge de nos Aïeux* • Les Éboulements

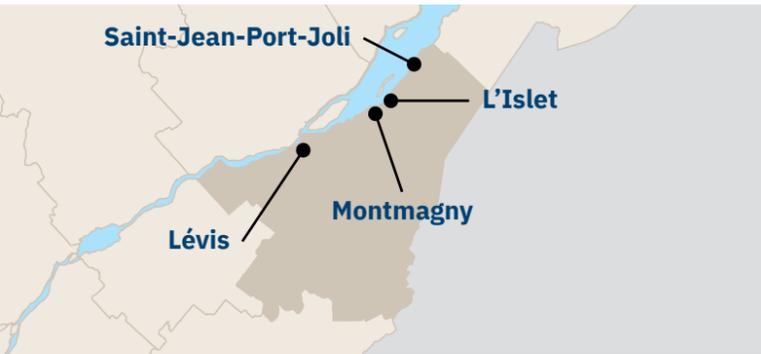
Cottage

- La Maison au bord du Fleuve* • Petite-Rivière-Saint-François

Campgrounds

- Camping le Cran, Parc national des Hautes-Gorges-de-la-Rivière-Malbaie* • Clermont
- Camping secteur Pied des monts, Parc national des Grands-Jardins* • Saint-Urbain

Chaudière-Appalaches



This region extends over 200 kilometers along the St. Lawrence River. It is home to some of Québec's most beautiful villages, mills and ancestral homes bearing witness to over 300 years of history.

Lieu historique national du Canada des Forts-de-Lévis © TQ / M. Julien

Parks and Outdoors

Parc des Chutes-de-la-Chaudière* • Lévis

Although it has some steep slopes, this urban park is worth going out of your way for and offers a spectacular view of the falls, which are over 35 metres high.

Domaine Joly-De Lotbinière* • Sainte-Croix

Those who love history, nature, the outdoors and horticulture will appreciate this natural enclave on the shores of the St. Lawrence River.

Parc national de Frontenac • Sainte-Praxède

Commune with the bounties of nature, including a thousand-year-old peat bog with its intoxicating scents, carnivorous plants and orchids.

Culture and Heritage

Musée Maritime du Québec • L'Islet

This museum houses one of Canada's most extensive collections of maritime heritage, with over 15,000 artefacts, maps, books and old documents.



© Kéroul

A.C. Davie Shipyard National Historic Site* • Lévis

See the importance of maritime history and of the Davie family in the development of the city of Lévis since the early 19th century.

Lévis Forts National Historic Site* • Lévis

Learn about the history of the forts that were built to protect Québec City against an American invasion following the Civil War.

Maison natale de Louis Fréchette • Lévis

This heritage and historic house is a literary and cultural centre. Activities, exhibits and events are held throughout the year.

Musée de l'accordéon* • Montmagny

Come and learn more about the accordion, an instrument that was central to Québec culture. While you're there, you can visit the museum at the Couillard-Dupuis manor.

Village miniature Baillargeon* • Notre-Dame-des-Pins

The site of this miniature village is a natural setting where you can meander among the 200 models created by Ernest Baillargeon.

Église Saint-Jean-Baptiste* • Saint-Jean-Port-Joli

Traditional Catholic place of worship built around 1780. Its exceptional interior decor was created by renowned artists.

Musée de la mémoire vivante • Saint-Jean-Port-Joli

Explore the knowledge, skills, customs and way of life passed down and preserved in living memory from generation to generation. Browse through an outdoor exhibition as well.

Musée Marius-Barbeau* • Saint-Joseph-de-Beauce

Learn more about the "Beaucerons", as the local people call themselves, through exhibitions of professional and emerging artists as well as historical and ethnological exhibits.

Minéro - Musée Thetford | KB3 • Thetford Mines

This museum recalls the mining history of the Appalachian region through collections and exhibits related to geology and earth sciences.

Flavours and Traditions

Microbrasserie Frampton Brasse – Économusée du brasseur • Frampton

This family business produces and transforms beers that are recognized worldwide. The economuseum explains the various stages of beer production.

Le Ricaneux • Économusée des vins de petits fruits • Saint-Charles-de-Bellechasse

Learn about the history of this family who make wine and alcoholic beverages from local berries. An authentic and friendly experience.



© J. Frenette

Ferme Cassis et Mélisse • Économusée de la fromagerie fermière : lait de chèvre • Saint-Damien-de-Buckland

At this organic farm and economuseum, learn about what's involved in being a herb grower, farmer, milk producer, cheesemaker and ripener.

Atelier Galerie Nicole Deschênes Duval* • Saint-Jean-Port-Joli

A lovely little gallery offering wood carvings and bronze reproductions.

Le Vivoir, a gallery featuring art, crafts and sculptures • Saint-Jean-Port-Joli

A shop that exhibits the creations of more than 50 Québec craftspeople and visual artists.

La Vallée Bleue, Distillerie • Val-Alain

At this distillery you'll be able to pick your own blueberries, taste some alcoholic beverages and gourmet products and enjoy the mini-farm and picnic area.

Ferries and Cruises

Traverse Québec-Lévis • Lévis

To spend a day in Québec City, hop on this ferry and get off at Lower Town.

L'Isle-aux-Grues-Montmagny Ferry • Saint-Antoine-de-l'Isle-aux-Grues

The ferry crossing takes 30 minutes. This island is known for its spectacular views and its wonderful cheeses. Photography and birdwatching enthusiasts will be thrilled.

Sports and Leisure

La Remontée • Centre d'Équithérapie* • Saint-Jean-Port-Joli

The centre offers many equestrian facilities and adapted equipment for people with limited physical abilities.

Massif du Sud* • Saint-Philéon

Go skiing in the heart of the highest ski area east of the Rockies with a dualski or tandemski and an instructor. You won't want to miss it.

Accommodations

Hotels

Auberge des Glacis* • L'Islet

Comfort Inn* • Lévis

Four Points by Sheraton* • Lévis

Hotel & Suites Normandin Lévis* • Lévis

Quality Inn & Suites • Lévis

Econo lodge Inn & Suites* • Saint-Apollinaire

Le Georgesville • Saint-Georges

Hotel-Motel La Différence* • Sainte-Marie

Motel Invitation* • Sainte-Marie

Vacation resort

Le Grand Village* • Lévis

Cottages • B&B

Chalet Labbé, Parc national de Frontenac • Adstock

Gîte Ambrelane • Thetford Mines

Campgrounds

Camping KOA Québec • Lévis

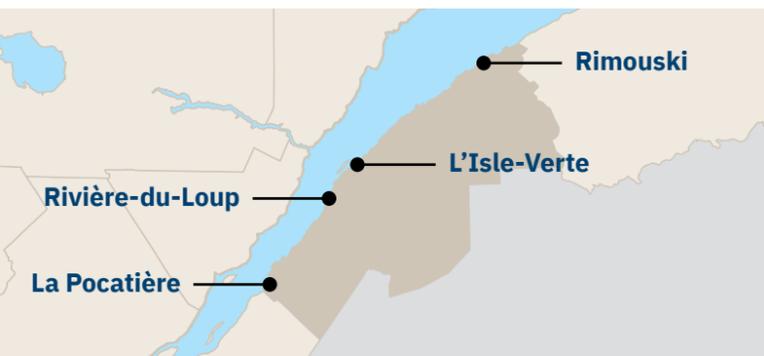
Camping Transit* • Lévis

Camping Demi-Lieue* • Saint-Jean-Port-Joli

Camping à l'Espace Vert* • Saint-Joseph-de-Coleraine

Camping Baie Sauvage, Parc national de Frontenac • Sainte-Praxède

Bas-Saint-Laurent



With the Route des Navigateurs and the Route des Frontières running through it, this region brings treasure islands to mind, with century-old lighthouses and sunsets that will charm all those who love fresh, salt-scented air.

Parc national du Bic © TQ / Z. Rose

Parks and Outdoors

Parc Beauséjour* • Rimouski

This small urban park has adapted picnic tables and a barrier-free trail.

Parc national du Bic* • Rimouski

This park with its coves and bays offers an ideal vantage point for watching the sun go down. The Chemin-du-Nord is an accessible trail along the coastline.

Trail along the shoreline of the Rimouski River* • Rimouski

This accessible trail runs along a salt marsh. From Rocher Blanc beach, on a clear day you can see the Côte-Nord only 50 km away.

Parc des Chutes et de la Croix* • Rivière-du-Loup

A path with a fairly steep slope leads to a spot where you'll be able to look at the falls.

Promenade de l'Anse-aux-Coques* • Sainte-Luce

This stroll along the beach offers a different, often stunning, scenic view every day, depending on the wind and tides.

Parc national du Lac-Témiscouata • Saint-Michel-du-Squatec

Local fauna and nature await you in this provincial park. The small Jardin des Mémoires trail is accessible, as is the beach, with its adapted picnic tables.

Culture and Heritage

Musée régional de Kamouraska* • Kamouraska

Located in a heritage building constructed in 1851, this museum has an extensive collection of more than 10,000 objects, archives and photographs of the region.

Maison Girard, Réserve nationale de faune de la baie de l'Isle-Verte* • L'Isle-Verte

The interpretive centre at this wildlife reserve hosts two permanent exhibitions on peat bogs and salt marshes. Birds are an integral part of any visit here.

Maison touristique régionale du Bas-Saint-Laurent • La Pocatière

See an interactive exhibit on the bounty of the Grande-Anse salt marsh and its biodiversity as well as a 360-degree video on Kamouraska.

Musée québécois de l'agriculture et de l'alimentation* • La Pocatière

Established in 1974, this museum focuses on agriculture and food resources as well as the rural parish of yesteryear.

Musée régional de Rimouski* • Rimouski

Museum dedicated to contemporary art, regional history and the relationship between science and social customs.

Sanctuaire Sainte-Anne-de-la-Pointe-au-Père* • Rimouski

Superb sanctuary both indoors and out with its park and statues.

Site historique maritime de la Pointe-au-Père • Rimouski

Visit the old buildings at the lighthouse station and the Empress of Ireland museum, which features an immersive exhibit on the history of this steamship and the horrific day it sank. The submarine located right next to it is partially accessible.

Manoir seigneurial Fraser* • Rivière-du-Loup

This prestigious residence takes you back to the daily lives of an influential family that had an impact on the development of the city in the 19th century.

Musée du Bas-Saint-Laurent* • Rivière-du-Loup

With a two-fold mission devoted to contemporary Québec art and regional history, this museum offers adapted activities and exhibits for all audiences.

La Vieille Gare de Rivière-Bleue* • Rivière-Bleue

The only preserved train station in the entire region. Immerse yourself in the Transcontinental adventure through interpretive panels, stories and period objects.

Chapelle du Quai • Rivière-Ouelle

Take a break at the Café de la Chapelle and visit the lovely pier just steps from the chapel.

Fort Ingall • Témiscouata-sur-le-Lac

Authentic reconstruction of the British fortress erected in 1839 during a border dispute between the United States and Canada.



© Tourisme Bas-Saint-Laurent

Musée du Témiscouata • Témiscouata-sur-le-Lac

This museum preserves and displays ethnographic and documentary collections on the colonial history of Témiscouata.

Flavours and Traditions

Domaine Acer • Économusée de l'acériculture : boissons alcoolisées • Auclair

Learn about the art and history of maple fermentation at the economuseum and how maple sap is transformed into syrup and spirits.



Domaine Acer – Économusée de l'acériculture : boissons alcoolisées © TQ / G. Leroyer

Microbrasserie - Le secret des Dieux • Pohénégamook

Located in a former presbytery, this microbrewery invites visitors to sample beers and local products.

Ferries and Cruises

Traverse de L'Île-Verte • L'Isle-Verte

Thirty-minute ferry crossing. Surrounded by nature on this island, you'll have a chance to let a world of peace and tranquility unfold in front of you.

Accommodations

Hotels

- Motel Le Pocatois* • La Pocatière
- C Hotels Le Navigateur* • Rimouski
- Comfort Inn • Rimouski
- Hotel l'Empress • Rimouski
- Hotel Rimouski • Rimouski
- Motel Bienvenu • Rimouski
- Auberge Internationale* • Rivière-du-Loup
- Comfort Inn • Rivière-du-Loup
- Hotel Lévesque • Rivière-du-Loup
- Hotel Universel • Rivière-du-Loup
- Quality Inn* • Rivière-du-Loup
- Motel Cartier* • Rivière-du-Loup

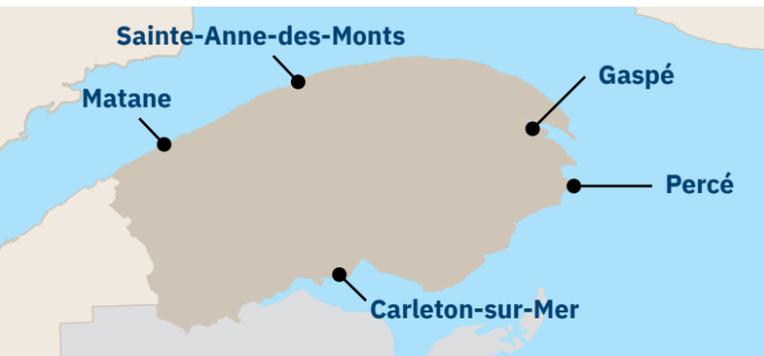
Vacations resorts

- Camp Canawish* • Rivière-Ouelle
- Auberge La Clé des Champs* • Saint-Cyprien

Campground

- Camping Municipal de Saint-Hubert* • Saint-Hubert-de-Rivière-du-Loup

Gaspésie



Large numbers of tourists take the fabled 885-km trip around the Gaspé Peninsula in high season. Here you'll find one provincial park after another, all with exceptional landscapes. The local people are very welcoming, and the historic sites are outstanding.

Parc national de l'Île-Bonaventure-et-du-Rocher-Percé © TQ / Image Nomade Production Inc.

Parks and Outdoors

Parc du Bourg de Pabos • Chandler

Although it has some steep hills, this urban park offers accessible trails, a sandy beach and playgrounds for children.

Parc national Forillon* • Gaspé

This park forms a peninsula where the grand Appalachian mountain range comes to an end. Follow the Grande-Grave or Prélude trails offering beautiful views of Gaspé Bay and the ocean.



© TQ / M. Dupuis

Plage Haldimand • Gaspé

This is one of the only beaches in Québec with a beach mat. It also has a beach wheelchair and accessible trails.

Jardins de Métis • Grand-Métis

This garden, a National Historic Site with a unique micro-climate, is recognized for its exceptional design.

Promenade des Capitaines* • Matane

Make your way along this coastal walkway and enjoy the beautiful views of the river from the heart of downtown Matane.

Pointe-Duthie heritage site • New Richmond

This site offers three trails constructed around the lighthouse, a former navigational assistance station on Baie des Chaleurs.

Miguasha National Park – palaeontological site* • Nouvelle

A treasure trove of natural heritage, this park amazes young and old alike with a wide range of family activities and exhibits.

Parc national de l'Île-Bonaventure-et-du-Rocher-Percé* • Percé

Only the Charles-Robin area is accessible. It offers beautiful views of Percé Rock. Its discovery centre presents exhibits on the local flora and fauna as well as the park's geology.

Geopark of Percé • Percé

Take in 500 million years of Earth's history. A suspended glass platform offers a breathtaking view.

Belvédère des chutes à Philomène • Saint-Alexandre-des-Lacs

View this 33-metre high waterfall from the lookout, clearly one of the region's main natural attractions.

Parc national de la Gaspésie* • Sainte-Anne-des-Monts

Created to protect the caribou of the Gaspé region, this park offers two trails with some steep slopes, leading to two lakes, Cascapedia and Lac aux Américains

Culture and Heritage

Bioparc de la Gaspésie* • Bonaventure

This wildlife park is home to some 40 native species of animals in an environment that evokes their natural habitat.

Musée acadien du Québec* • Bonaventure

This place of history and ethnology recounts the fascinating lives of the Acadians. A variety of activities on this enchanting site will appeal to all your senses.

Centre d'interprétation Éole • Cap-Chat

Visit the world's tallest vertical axis wind turbine and the museum created to celebrate it.

Berceau du Canada historic site • Gaspé

Here you'll find a representation of the village of Gaspé as it was in 1900, consisting of a heritage residence and six reconstructed buildings.

Manoir Le Boutillier* • Gaspé

This National Historic Site offers a guided tour of this house that served as a fishing outpost, manager's home and other things. The building was owned by John Le Boutillier, a prominent figure in the fishing industry (1850-1860).

Musée de la Gaspésie et monument à Jacques Cartier • Gaspé

Learn about the history of this fabulous peninsula through exhibitions on the history, art, heritage and culture of the people of Gaspé.



© Musée de la Gaspésie

Sanctuaire diocésain Notre-Dame de Pointe-Navarre • Gaspé

A place of worship and pilgrimage since 1940, where you'll have a chance to become acquainted with the religious order of the Servites de Marie and the works of renowned artists.

Site d'interprétation Micmac de Gespeg • Gaspé

At this interpretive site, find out about the traditional way of life of the 17th century Mi'kmaq. Note that some of the trails outdoors are steep.

Galerie d'art de Matane, Complexe culturel Joseph-Rouleau* • Matane

This art gallery and cultural complex offers all kinds of art exhibitions, many featuring local artists.

Musée maritime du Phare de Matane* • Matane

The exhibition centre at this lighthouse museum portrays the region's maritime history through photos and objects. Only the first floor is accessible.

Paspébiac National Historic Site* • Paspébiac

Learn about the history of the cod fishery on a self-guided or guided tour of the 11 historic buildings interconnected by boardwalks.

La Vieille Usine de L'Anse-à-Beaufils • Percé

This historic site at an old factory houses a small museum, an exhibition space and a cultural centre.

Magasin Général historique authentique 1928 • Percé

This former Robin, Jones and Whitman store run by a company originally from the island of Jersey is a local heritage gem dating back to 1928.

Exploramer, la mer à découvrir* • Sainte-Anne-des-Monts

This activity complex offers a chance to immerse yourself in the marine world of the Lower St. Lawrence region. Enjoy the aquarium, touch pools, museum, guided walk and much, much more.

Flavours and Traditions

Fromagerie du Littoral* • Baie-des-Sables

Taste the whole milk cheeses made from cow's milk produced on this family farm.

Les Ateliers Plein Soleil* • Mont-Joli

Shop featuring handmade products by local artisans.

Couleur Chocolat – Économusée du chocolatier • Sainte-Anne-des-Monts

The identity of the Gaspé Peninsula is reflected in every bite of chocolate manufactured by this passionate artisan.

Centre d'Art Marcel Gagnon* • Sainte-Flavie

This art shop features various artists and a restaurant with a view of the river.

Vignoble Carpinteri* • Saint-Ulric

Take a guided tour of the cellars at this vineyard or taste some of their wares on the patio.

La Vallée de la Framboise Inc. – Économusée des liquoristes : framboise • Val-Brillant

Come and discover a whole range of 100% local products from the field to the table in the company of passionate artisans.

Ferries and Cruises

Matane–Baie-Comeau–Godbout crossing • Matane

Take advantage of this ferry crossing to the Côte-Nord to discover the splendours of the St. Lawrence River.

Accommodations

Hotels

-  Auberge Beauséjour* • Amqui
-  Hostellerie Baie Bleue • Carleton-sur-Mer
-  Le Manoir Belle Plage • Carleton-sur-Mer
-  Motel L'Abri* • Carleton-sur-Mer
-  Motel Chandler* • Chandler
-  Hotel Baker • Gaspé
-  Hotel Plante • Gaspé
-  Rodeway Inn Gaspé • Gaspé
-  Quality Inn & Suites • Matane
-  Auberge du Grand Fleuve* • Métis-sur-Mer

-  Hotel Le Francis* • New Richmond
-  Auberge de jeunesse La Maison Rouge* • Percé
-  Le Mirage* • Percé
-  Motel Beurivage* • Sainte-Anne-des-Monts
-  Le Gaspésiana* • Sainte-Flavie

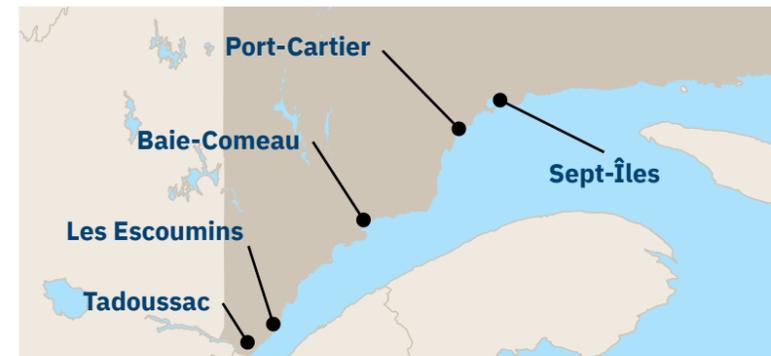
Cottages • B&B

-  Chalets du Bioparc de la Gaspésie* • Bonaventure
-  Village Grande Nature Chic-Chocs* • Cap-Chat
-  Gîte du Mont-Albert* • Sainte-Anne-des-Monts

Campgrounds

-  Camping Plage Beaubassin* • Bonaventure
-  Camping Carleton-sur-Mer* • Carleton-sur-Mer
-  Camping Parc national Forillon* • Gaspé
-  Camping Annie* • Métis-sur-Mer
-  Camping Tête d'Indien* • Percé
-  Camping Beurivage* • Sainte-Florence

Côte-Nord



Beaches, lighthouses and splendid views abound in this region that skirts the river as it becomes an estuary and then a gulf. Inland, it is a paradise for hunting, fishing and outdoor activities.

Réserve de parc national de l'Archipel-de-Mingan © TQ / S. Deschênes

Parks and Outdoors

Centre d'interprétation et d'observation de Cap-de-Bon-Désir* • Les Bergeronnes

Follow the trails (steep in places) to get a look at the spectacular views and marine animals.

Parc marin du Saguenay–Saint-Laurent* • Les Escoumins

Explore marine and bird life from dry land. Watch for whales, seals and birds.

Centre d'interprétation des marais salés • Longue-Rive

This 249-hectares salt marsh is an exceptional observation area for amateur and professional birdwatchers alike.

Parc de la rivière aux Rochers, salmon weir* • Port-Cartier

Visit the interpretive centre and the weir used to catch salmon as they swim upstream. Contemplate the waterfall and the people fishing there or enjoy a picnic by the water.



Havre-Saint-Pierre © TQ / M. Laporte

Quai de L'Anse-de-Roche* • Sacré-Cœur

Observe the local wildlife and the majestic sunsets from this wharf on the Saguenay River.

Parc national du Fjord-du-Saguenay*– Tadoussac

Some trails are accessible, offering beautiful views of the fjord. You might even see some belugas if you're lucky!

Culture and Heritage

Daniel-Johnson dam and Manic-5 power station (Hydro-Québec) • Baie-Comeau

Explore this magnificent dam with its unique architecture ensconced in the Manicouagan valley.

Église Sainte Amélie • Baie-Comeau

This place of worship is representative of Catholic religious architecture in Québec in the mid-20th century. It features a unique 1,500 m² fresco done by Guido Nincheri.

Jean-Lesage Manic-2 power station (Hydro-Québec) • Baie-Comeau

Take a guided tour of this hydroelectric plant and explore the dam from the inside: an unforgettable experience.

Centre national des naufrages du Saint-Laurent* • Baie-Trinité

Learn about the largest shipwrecks on the St. Lawrence from 1690 to today through artefacts and a multimedia film.

Église de Saint-Pierre • Havre-Saint-Pierre

Located at the end of the harbourfront, this church was built in 1961. Today it is a place to visit and meditate.



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Centre d'interprétation Archéo Topo* • Les Bergeronnes

Travel back in time to the settlement of the Côte-Nord from the arrival of the first Indigenous peoples to the present day at this interpretive centre.

Musée Louis-Langlois* • Port-Cartier

Housed in an 1873 residence, this museum tells the story of the shipwreck of Admiral Hovenden Walker's English Armada off the coast of Île-aux-Œufs.

Maison de transmission de la culture innue: Shaputuan* • Sept-Îles

The Shaputuan (the big gathering tent) presents the thousand-year history of the nomadic Innu people as they put down roots.

Musée régional de la Côte-Nord • Sept-Îles

This museum of history and archaeology is dedicated to the preservation, study and recognition of regional heritage.



© TCN, Optik 360

Marine Mammal Interpretive Centre* • Tadoussac

This museum presents an exhibit on the whales of the St. Lawrence and the scientific research around them.

Poste de traite Chauvin* • Tadoussac

Visit this replica of the first trading post in New France, built in 1600 for the fur trade.

Flavours and Traditions

Microbrasserie St-Pancrace • Baie-Comeau

Sit back and enjoy a nice Côte-Nord beer at the microbrewery's pub, or take a tour of the plant to learn more about the brewing process.

Place des Artisans • Havre-Saint-Pierre

Come and stay a while at this ideal spot for finding original and beautiful regional handicrafts.

Variété Jomphe • Havre-Saint-Pierre

You'll find local products, souvenirs and crafts at this variety store.

Sports and Leisure

Mont Ti-Basse ski resort* • Baie-Comeau

A mountain of fun, or a place to try out a tandemski.

Mer et monde écotours • Les Bergeronnes

Embark on a whale-watching excursion and explore the natural marine environment of the St. Lawrence Estuary aboard a sea kayak. Accessible activity available at high tide only.

Ferries and Cruises

Traverse Tadoussac • Baie-Sainte-Catherine

This ferry makes it easy to reach the Côte-Nord by car.

Terminal de croisières • Havre-Saint-Pierre

Info desk and accessible ramp for boarding the cargo/passenger ship N/M Bella Desgagnés.



© TQ / M. Laporte

Accommodations

Hotels

Comfort Inn* • Baie-Comeau

Hotel Le Manoir Baie-Comeau • Baie-Comeau

Motel La Relance* • Chute-aux-Outardes

Condos-Hotels Natakam avec vue sur le fleuve* • Essipit

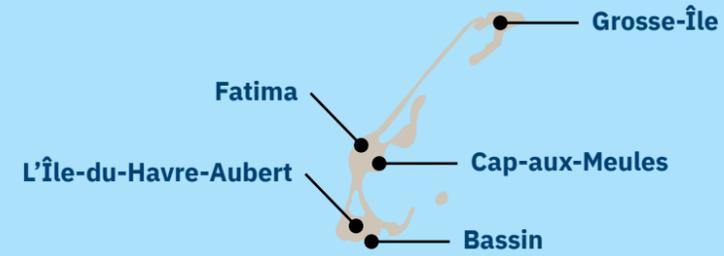
Comfort Inn* • Sept-Îles

Hotels Gouverneur* • Sept-Îles

Auberge de jeunesse, la Maison Majorique • Tadoussac

Hotel Tadoussac • Tadoussac

Îles-de-la-Madeleine



In the heart of the Gulf of St. Lawrence, this archipelago is a place of incredible natural beauty. While away the hours on the long beaches, let yourself be entranced by the flora and fauna, reward your tastebuds with the wonderful fish dishes, and go back in time by taking a cultural tour.

Cap Alright © TQ / M. Dupuis

Parks and Outdoors

Parc du Site de la côte • L'Étang-du-Nord

This coastal park is a haven of peace where you'll be able to enjoy some magnificent sunsets. The site offers shops and outdoor tables.

Culture and Heritage

Église Saint-François-Xavier du Bassin and Presbytère* • Bassin

The oldest church/rectory architectural complex on the Islands.

Le Site d'autrefois • Bassin

A passionate Madelinot immerses you in Acadian culture, island life, fishing and agriculture.



© Le Site d'autrefois

La Grave historic site • Cap-aux-Meules

The only historic site in the archipelago, this place bears witness to the past while preserving its architectural and traditional character. Note: not all buildings are accessible.

Église Notre-Dame-du-Rosaire de Fatima • Fatima

Modern Catholic church with stylized architecture based on a shell design.

Église Saint-Peter's-By-the-Sea • Grosse-Île

A lovely little church built in 1916 with wood recovered from a wrecked ship.

La Maison du Potier • Économusée de la potière • Grosse-Île

Watch as the potters transform clay with their hands, and marvel at their skill.

Musée de la petite école rouge and Musée des vétérans • Grosse-Île

These two museums tell the story of the islands' unique history. Visitors have a chance to experience important moments in history through animations and exhibits.

Église de Sainte-Madeleine • Havre-aux-Maisons

Dating from 1969, this building with its curved lines houses a church and a rectory.

Verrerie La Méduse • Havre-aux-Maisons

This glassblowing shop displays and sells original and unique works.

Église Saint-Pierre de La Vernière • L'Étang-du-Nord

The second largest wooden church in North America.

Concours de Châteaux de sable des Îles • L'Île-du-Havre-Aubert

This annual festival with a sandcastle competition will blow you away. The weekend of the competition always sees a lot of tourists.

Église Notre-Dame-de-la-Visitation • L'Île-du-Havre-Aubert

Church-turned-cultural centre that hosts shows.

Musée de la Mer • L'Île-du-Havre-Aubert

This museum promotes awareness of the rich heritage, ancestral knowledge, settlement history and socio-cultural development of the Magdalen Islands.

Flavours and Traditions

Boulangerie Grandma's Bakery – Espace culinaire – Table de Grandma's • Grosse-Îlet

Bakers pass on the strong culinary identity of the area through their breads, cookies and other sweets.

Fromagerie du Pied-De-Vent • Économusée de la fromagerie • Havre-aux-Maisons

Meet the artisans and learn more about the origins of Québec's cheesemaking tradition and local know-how.

Le Fumoir d'antan – Économusée de la boucanerie et du fumage • Havre-aux-Maisons

Discover the secrets of smoking and the history of smokehouses with the Arseneau family, who have been practicing this traditional technique for three generations.



© TQ / M. Dupuis

Crèmerie du port • L'Étang-du-Nord

Enjoy a delicious ice cream tasting experience with a view of the fishing port and the sea.

Gourmande de nature • L'Étang-du-Nord

This shop offers original ideas, beautiful artwork and other items, as well as savoury and sweet products.

Atelier Côtier • Artisans du Sable • L'Île-du-Havre-Aubert

This workshop brings together creative people who design useful and decorative objects using local materials.

Sports and Leisure

Madeli-Quilles and Dooly's Bar et Billard • Cap-aux-Meules

Come and bowl in a friendly atmosphere.

Ferries and Cruises

CTMA Cruises terminal at Îles-de-la-Madeleine • Cap-aux-Meules

Before your crossing, take shelter in this terminal away from whims of the weather.

Souris (PEI)/Cap-aux-Meules (CTMA Ferry) Ferry • Madeleine II • Cap-aux-Meules

The *Madeleine II* is an accessible ferry that offers two cabins including an accessible shower room. You will find all the accessible amenities on the 6th deck.

Accommodations

Hotels

Château Madelinot • Fatima

Auberge Parc de Gros-Cap • L'Étang-du-Nord

Auberge Chez Denis à François • L'Île-du-Havre-Aubert

Cottage

Résidence Petitpas* • Cap-aux-Meules

Campgrounds

Camping des Sillons • Havre-aux-Maisons

Camping Parc de Gros-Cap • L'Étang-du-Nord



© TQ / A. Quenneville

Travel services



© TQ / G. Leroyer

Adapted services in Québec

Rental Equipment

Rent mobility aids or equipment to meet your needs during your trip: lift, wheelchair or portable shower seat. See the list of companies on the [Rental Equipment page of our website](#).

Personal Assistance

For information on care or support services for activities outside the home or for a tour or travel, see the [Personal Assistance page of our website](#).

Free for companions

Carte accompagnement loisir (CAL)



Free card for disabled persons aged five and over residing in Québec that gives free admission to recreational, cultural or tourist activities to a companion. For more information, and to obtain a card, go to [carteloisir.ca](#) or call 1 833 693-2253.

Access 2 card



The disabled cardholder pays for this card to give a support person free or discounted admission to cinemas and certain venues across the country. Further information can be found at [carteaccess2.ca](#) or at 1 877 376-6362.

YUL



Always accessible

To learn more about all the adapted services available at YUL, visit [yul.com](#)

YUL Montréal-Trudeau
International
Airport



© TQ / M. Julien

Transportation



Airport

Aéroports de Montréal is working to provide accessible airport facilities. Washroom facilities are available for you to freshen up in the international arrivals hall at Montréal-Trudeau airport. They are equipped with a lift and a care table (changing table for adults). For more information, please visit admtl.com under “Accessibility for people with disabilities”.

For getting to or from the airport, the 747 shuttle bus, an adapted taxi or a rental vehicle are some of the options available.



Taxi

Accessible taxi service is available in a number of Québec cities. The [Accessible transportation page](#) on our website provides a partial list of companies that provide this service in each region of Québec.



Vehicle rental

One company rents adapted vehicles with an access ramp. These side-entry minivans can accommodate up to three people in motorized wheelchairs (maximum five persons in total). Vehicles with hand controls can also be rented.

Location Jean Légaré: 1-877-457-5342

Other companies rent cars with hand controls or spinner knobs:

Avis: 1-888-879-4273 • 1-800-962-1434

Alamo: 1-800-651-1223 • 1-800-522-9292

Hertz: 1-800-263-0678 (Québec)
1-800-263-0600 (outside Québec)

Enterprise: 1-866-225-4284

National: 1-888-273-5262
mobility@nationalcar.com



Adapted transit

For Québec residents, every municipality in Québec has paratransit. To make a booking, you'll need a user number, which can be obtained if you already use adapted transit in your municipality. Availability varies by region.



Bus

The intercity transit network is accessible to all and comprises more than 200 terminals across Québec. For information on bus companies, routes, schedules and fares, visit the [Bus Carriers Federation website](#). You can also obtain an Accompanying Card. If you're travelling in a wheelchair, be sure to specify this when you book.

Orléans Express: 1-833-449-6444

The Orléans Express fleet includes four coaches equipped with a platform lift and wheelchair anchors. These vehicles can accommodate two wheelchairs at a time.



Regular bus and metro

Many municipalities have accessible public transit services, including low-floor buses with an integrated access ramp. Information is available on the websites of the Réseau de transport de la Capitale: rtcquebec.ca or the Société de Transport de Montréal: [STM Info - Transport adapté](#).

The Montréal metro has 25 accessible stations. Please visit the STM website for full details. Its [map of metro stations with elevator access](#) is really useful.



Train

A number of VIA Rail routes are accessible: between Montréal and Québec City, for example. Bookings can only be made by telephone. In some circumstances a companion can travel free. To obtain a free ticket, you'll need to complete a medical certificate attesting to your need for a companion.

More details are available on the [VIA Rail website](#) or by phone (1-888-842-7245 / ATS 1-800-268-9503).



Ferries

The Société des traversiers du Québec operates a number of ferry crossings and offers accessible river terminals and ships for people with a mobility impairment. Enquire about the specific features of each site to ensure you have a trouble-free crossing. It's also important to make staff aware of your disability when you book and when you arrive.

For further details about transportation in Québec, see the [Accessible transportation page](#) on our website.



Parking

Parking permits are recognized in almost every country. Persons from an International Transport Forum (ITF) member country may bring their own permit as long as the international wheelchair symbol appears on it.

Simply check with the municipalities you'll be visiting regarding the terms of use for the permit: time limits, parking fees and parking in residential areas, for example.

You can also visit the [SAAQ website](#) for more information.



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Accessible Québec Videos



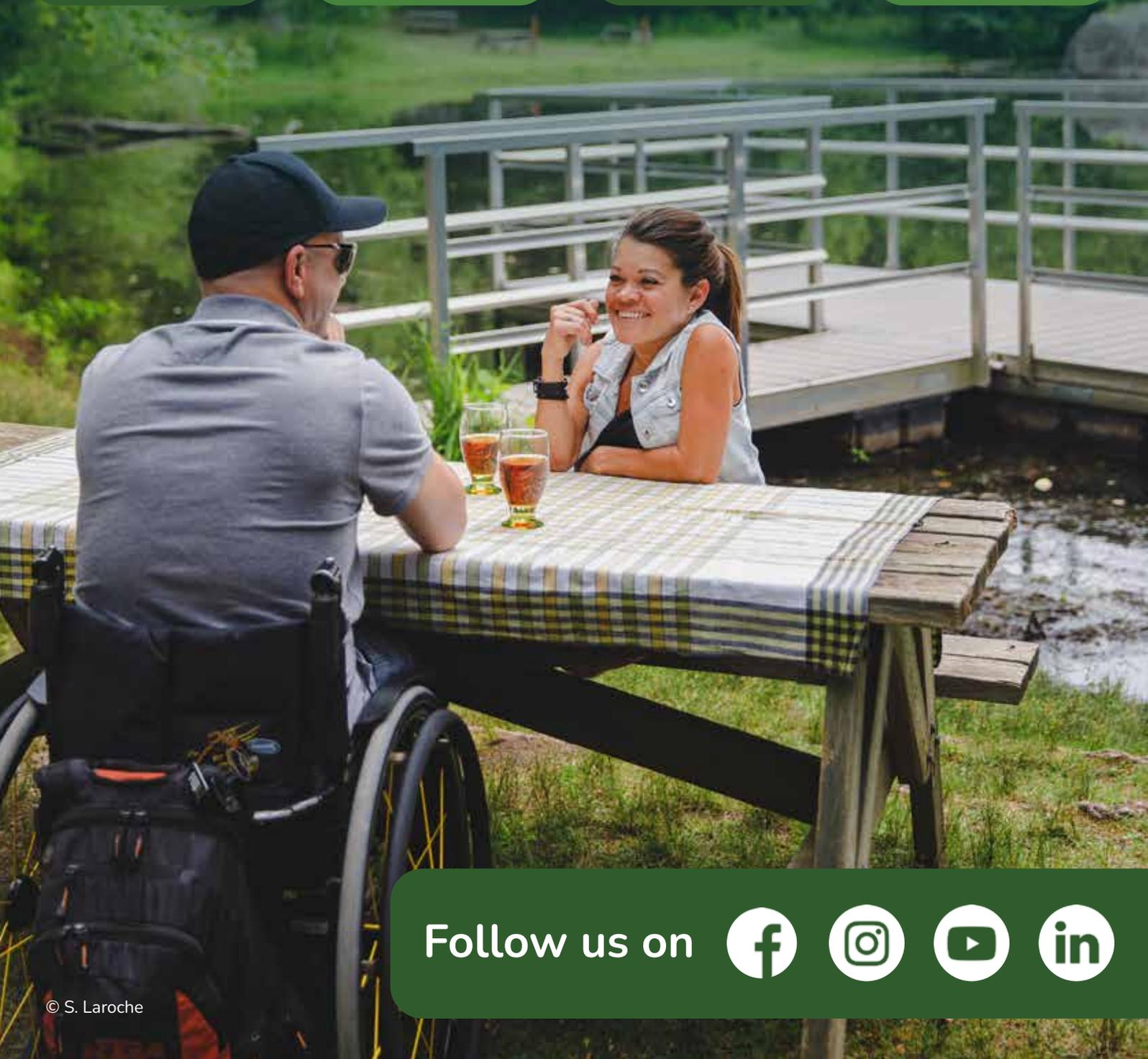
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