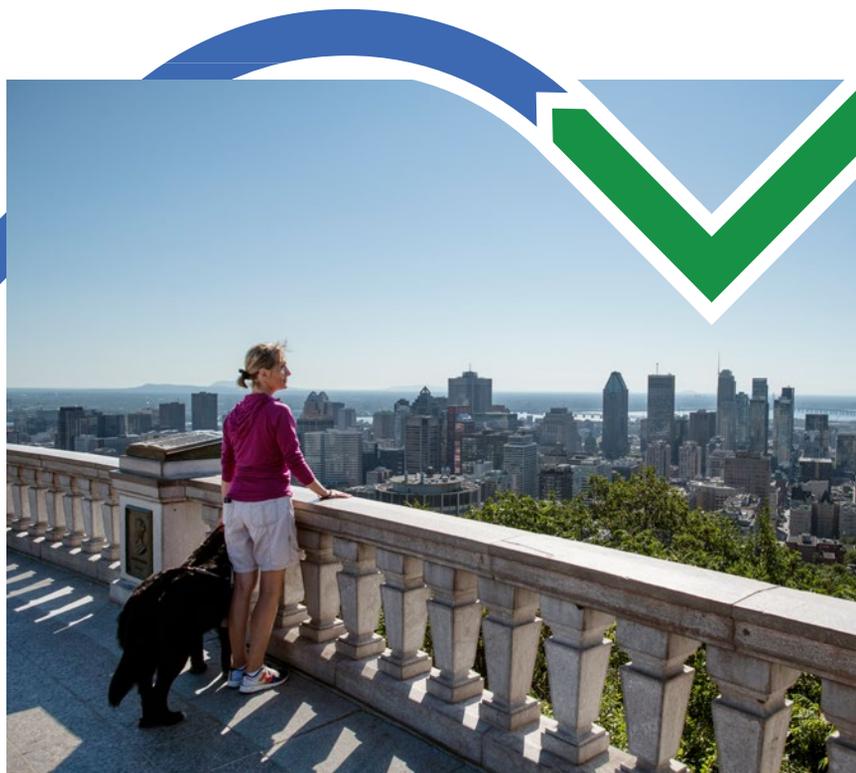


Québec for All

Powered by Kéroul, Your Québec Partner for Accessible Discoveries

7th edition



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Visit Québec with peace of mind

Québec for all is the perfect website for planning your next vacation in Québec. Its database comprises over 2,000 tourism businesses that Kéroul has certified as “accessible” or “partially accessible.” The site also offers information on accessible transportation as well as tips and a blog to help you plan your trip.

To use the database, visit: quebecforall.com

Québec for all, powered by Kéroul

Founded by André Leclerc in 1979, Kéroul is a non-profit organization dedicated to promoting accessible tourism and cultural establishments, activities and services in Québec. Kéroul is the key consultant for Tourisme Québec regarding accessibility: training of front-line staff, assessment of accessibility at tourist establishments, and management of Tourisme Québec’s Programme d’accessibilité des établissements touristiques (PAET), which helps businesses become more accessible by offering financial assistance to that end.

Québec residents, subscribe with Kéroul

Subscribe on the Kéroul website or by phone at 514-252-3104, for \$25 per year (see page 51).

- Support an organization with a mission that’s important to you
- Receive *Le Baladeur*, a quarterly magazine that focuses on accessible tourism and culture
- Receive the bi-monthly newsletter
- Attend the annual general meeting
- Contribute to the development of accessibility

Kéroul certification and traveller experience



A full access rating guarantees a fully autonomous experience for most people with reduced mobility.



A partial access rating means that the establishment meets all major criteria for accessibility, but still presents certain obstacles.



A not accessible rating means that visitors will run into several obstacles (doorsteps, low steps, stairs, etc.).

Other ratings:



Services are provided for people with various levels of hearing impairment (ex.: audio guides).



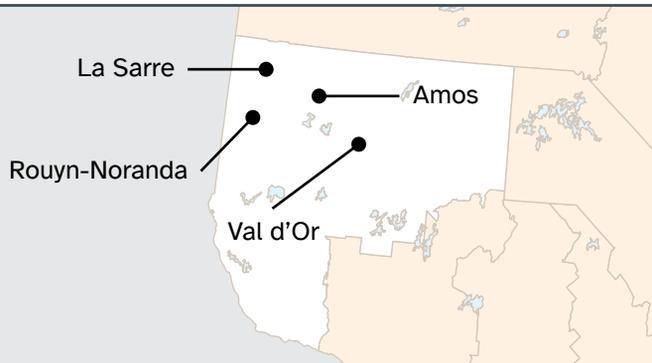
Services are provided for people with various levels of visual impairment (ex.: tactile exploration).



Québec is...

- More than 1.6 million km² of incredible landscapes
- 19 exceptional tourist regions
- Nature getaways for all seasons
- Festivals for all tastes
- Unforgettable human encounters...

Abitibi-Témiscamingue



This vast region is composed of lush forests and lakes. You'll travel through one picturesque village after another. Also known for its mining potential, the region is dotted with fertile farmland and historic sites.

Parks and Outdoors

Accessible

Refuge Pageau • Amos

This shelter cares for orphaned, sick or injured wild animals. A beautiful place to get to know the iconic wildlife of Québec. 🦉



© TQ / C. Savard

Partially Accessible

Parc national d'Aiguebelle • Rouyn-Noranda

The magnificent landscapes of this region await you. The accessible La Castorière trail invites you to explore 760 metres of beaver habitat.

Pavillon d'interprétation de l'esker •

Saint-Mathieu-d'Harricana

This picnic stop in the heart of the forest features an exhibition on what is involved in collecting water from an esker.

Culture and Heritage

Accessible

La Corne Nursing Station National Historic Site of Canada • La Corne

Learn about the work that nurses did over the years at this nursing station built between 1932 and 1975. 🦉

Musée minéralogique de l'Abitibi-Témiscamingue • Malartic

After learning about the local geology, minerals and mining projects, explore the Canadian Malartic pit, the largest open-pit gold mine in the country still in operation. 🦉

MA, musée d'art de Rouyn-Noranda •

Rouyn-Noranda

This museum contributes to the development of the arts in Québec, Canada and the Americas and offers a collective Indigenous perspective to the continent.

Musée de la poste et Boutique de forge, Parc Héritage • Saint-Marc-de-Figuery

Take yourself back to 1920 and learn about the important roles played by the postmaster and the blacksmith in the parish's development in those days.

Le Rift - Salle Augustin-Chénier • Ville-Marie

This cultural venue offers an extensive annual program of comedy shows, concerts, theatre and cinema, as well as art and historical exhibitions, including the International Miniature Art Biennial.



© Le Rift

 **Partially Accessible**

Maison Hector-Authier • Amos

The very first urban-style house in the region, it offers visitors an immersive experience of the days when Abitibi was first settled.

Vieux Palais, Palais des arts Harricana • Amos

This former courthouse is now a centre dedicated to the visual arts and the region's history.

Centre d'interprétation de la foresterie • La Sarre

Immerse yourself in the region's history through a look at its forest industry, geography and archaeology. Take your time looking at the artefacts and interactive exhibits.

Première-Chute Hydroelectric Generating Station (Hydro-Québec) • Notre-Dame-du-Nord

Learn about a uniquely designed power generating station, the history of electrification of the region and the process of power generation.  

Fossilarium • Notre-Dame-du-Nord

Discover the fascinating world of fossils and how fossilization takes place through an extensive collection from every continent. 



© Fossilarium

VOART center and Félix-Leclerc auditorium •

Val-d'Or

This exhibition centre presents contemporary art practices by artists from Québec and Canada.  

Site patrimonial Cité de l'Or, village minier de Bourlamaque • Val-d'Or

Explore what was once one of the highest producing gold mines in the country. End your visit with a tour of the mining village, classified as a historic site. 



© TQ / M. Dupuis

Flavours and Traditions

 **Partially Accessible**

Fromagerie La Vache à Maillotte • La Sarre

This renowned factory has been making artisanal cheeses from cow's and sheep's milk the regional way since 1996.

Fromagerie Le Fromage au Village • Lorrainville

A variety of fine artisanal products awaits you at this cheese factory: fresh cheese curds, raw milk cheddar, soft and washed-rind cheeses.

Fromagerie Fromabitibi • Macamic

Savour cheese and dairy products made from goat's and cow's milk straight from the farm. Simply succulent!

Accommodations

Hotels

 **Accessible**

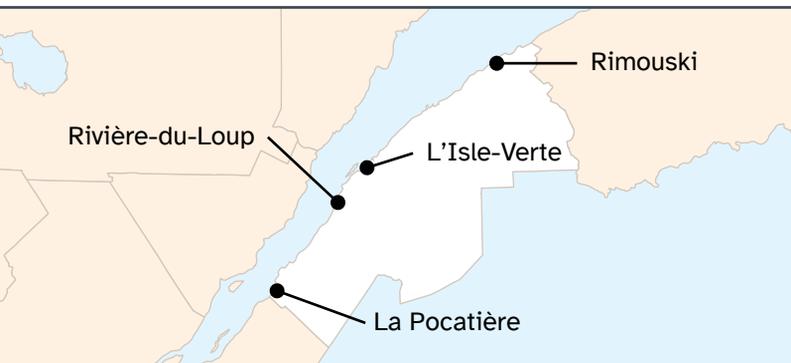
Amosphère Complexe Hotelier • Amos

Continental Centre-ville • Val-d'Or

 **Partially Accessible**

Hotel Quality Inn & Suites Val-d'Or • Val-d'Or

Bas-Saint-Laurent



With the Route des Navigateurs and the Route des Frontières running through it, this region brings treasure islands to mind, with century-old lighthouses and sunsets that will charm all those who love fresh, salt-scented air.

Parks and Outdoors

Accessible

Trail along the shoreline of the Rimouski River •

Rimouski

This accessible trail runs along a salt marsh. From Rocher Blanc beach, on a clear day you can see the Côte-Nord only 50 km away.

Parc national du Lac-Témiscouata •

Saint-Michel-du-Squatec

Local fauna and nature await you in this provincial park. The small Jardin des Mémoires trail is accessible, as is the beach, with its adapted picnic tables.

Sentier Rivière-du-Loup – Témiscouata •

Saint-Modeste

This 70-km section of the compacted stone dust bike path in the Petit Témis Interprovincial Linear Park criss-crosses rivers and forests. Includes several stops where you can enjoy a light meal.



© Kérout

Terfa - Hell's Gate Canyon •

Saint-Narcisse-de-Rimouski

Québec's highest suspended footbridge is 63 metres high and is accessible by drivable road. Unique panoramic view, short, magical interactive trails, interpretation and historical reconstructions.

Partially Accessible

Parc Beauséjour • Rimouski

This small urban park has adapted picnic tables and a barrier-free trail.

Parc national du Bic • Rimouski

This park with its coves and bays offers an ideal vantage point for watching the sun go down.

The Chemin-du-Nord is an accessible trail along the coastline.

Parc des Chutes et de la Croix • Rivière-du-Loup

A path with a fairly steep slope leads to a spot where you'll be able look at the falls.

Promenade de l'Anse-aux-Coques • Sainte-Luce

This stroll along the beach offers a different, often stunning, scenic view every day, depending on the wind and tides.

Culture and Heritage

Accessible

Centre culturel Georges-Deschênes • Dégelis

This former parish hall, named in honour of one of its mayors, has been transformed into a show and film venue, accessible to all.

Maison touristique régionale du Bas-Saint-Laurent • La Pocatière

See an interactive exhibit on the bounty of the Grande-Anse salt marsh and its biodiversity as well as a 360-degree video on Kamouraska.

Sanctuaire Sainte-Anne-de-la-Pointe-au-Père • Rimouski

Superb sanctuary both indoors and out with its park and statues.

Site historique maritime de la Pointe-au-Père • Rimouski

Visit the old buildings at the lighthouse station and the Empress of Ireland museum, which features an immersive exhibit on the history of this steamship and the horrific day it sank. The submarine located right next to it is partially accessible.

La Vieille Gare de Rivière-Bleue • Rivière-Bleue

The only preserved train station in the entire region. Immerse yourself in the Transcontinental adventure through interpretive panels, stories and period objects.

Chapelle du Quai • Rivière-Ouelle

Take a break at the Café de la Chapelle and visit the lovely pier just steps from the chapel.

Musée du Témiscouata • Témiscouata-sur-le-Lac

This museum preserves and displays ethnographic and documentary collections on the colonial history of Témiscouata.

 **Partially Accessible**

Fort Ingall • Témiscouata-sur-le-Lac

Authentic reconstruction of the British fortress erected in 1839 during a border dispute between the United States and Canada.



© Tourisme Bas-Saint-Laurent

Flavours and Traditions

 **Accessible**

Place Lemieux - Marché de poisson Lemieux • Rimouski

This family-run fish store is unique in that it keeps its crabs in tanks. Wide variety of fresh seafood, smoked products and prepared dishes. Restaurant and canteen on site (partially accessible).

 **Partially Accessible**

Domaine Acer – Économusée de l'acériculture: boissons alcoolisées • Auclair

Learn about the art and history of maple fermentation at the economuseum and how maple sap is transformed into syrup and spirits.



Domaine Acer – Économusée de l'acériculture: boissons alcoolisées © TQ / G. Leroyer

Microbrasserie - Le secret des Dieux •

Pohénégamook

Located in a former presbytery, this microbrewery invites visitors to sample beers and local products.

Accommodations

Hotels

 **Accessible**

Hotel l'Empress • Rimouski

Hotel Rimouski et Centre de congrès • Rimouski

Motel Bienvenue • Rimouski

Comfort Inn • Rimouski

Comfort Inn • Rivière-du-Loup

Hotel Lévesque • Rivière-du-Loup

Hotel Universel • Rivière-du-Loup

 **Partially Accessible**

Hotels Le Navigateur • Rimouski

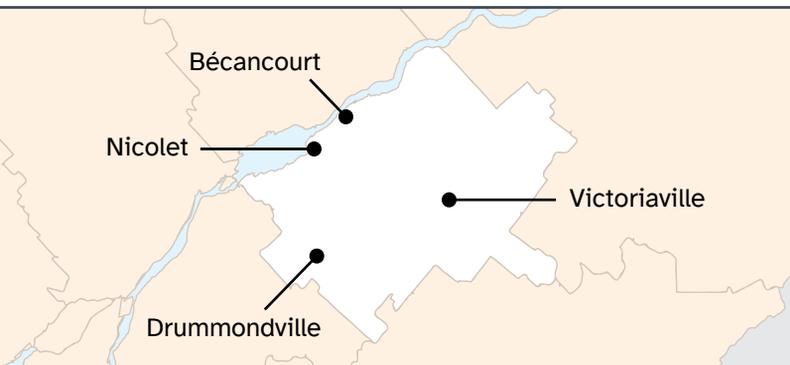
Quality Inn • Rivière-du-Loup

Vacation Resorts

 **Partially Accessible**

Auberge La Clé des Champs • Saint-Cyprien

Centre-du-Québec



Stretching from the St. Lawrence River to the foothills of the Appalachians, this region comes alive with a rich cultural life. This land of maple trees and cranberries will enchant epicureans.

Parks and Outdoors

Accessible

Parc Marie-Victorin • Kingsey Falls

Visit this botanical garden where astonishing giant mosaiculture sculptures rise up in six fantastic gardens and a tropical greenhouse.  

Parc régional des Grandes-Coulées – Old-growth forest area • Plessisville

Wind your way through the old-growth forest on the Des Pins trail (4 km out and back) or follow the Rivière Noire on the De la Tortue trail (4.4 km out and back). Flat trails with rest areas.

Parc régional de la Rivière Gentilly •

Sainte-Marie-de-Blandford

Surrounded by forest, hike the 1.3-km unobstructed loop trail, which includes various rest areas.

Parc du Réservoir Beaudet • Victoriaville

Wander the accessible trails or take an adapted kayak to see the birds during the fall migration season.



© TQ / H. Wittenborn

Terre-des-Jeunes Park • Victoriaville

This park is one of the largest green spaces in the city. A pleasant place for a moment of relaxation in a lush woodland that the Nicolet River flows through.

Partially Accessible

Parc du Boisé-des-Frères-du-Sacré-Cœur • Victoriaville

Stroll through this park and contemplate the surrounding natural areas.

Parc du Mont Arthabaska – Maison recyclée des artisans du rebut global • Victoriaville

Close to downtown, this park offers a variety of free activities: trails, snow tubing, birdwatching and concerts at the lookout.

Parc du Mont Arthabaska - Service pavilion • Victoriaville

Take in the stunning view from the lookout at the top of the mountain. The pavilion features an accessible bistro-bar on the ground floor and patio, as well as a large performance hall.

Culture and Heritage

Accessible

Maison des Arts Desjardins Drummondville • Drummondville

A key component of Drummondville's cultural life, this venue presents summer theatre and a wide-ranging program of shows throughout the year (song, music, comedy, storytelling) for all audiences. 

Partially Accessible

Centre de la biodiversité du Québec • Bécancour

Take the woodland trails to learn more about the local ecosystems, and visit the museum to get acquainted with Québec wildlife, past and present.

Musée des cultures du monde • Nicolet

The only museum in the Americas dedicated to the five great religions of the world, it presents exhibitions and activities to promote learning, knowledge and exploration.

Cinéma Galaxy • Victoriaville

Part of the Cineplex group, this cinema offers a varied repertoire of movies and has reserved seating for people with disabilities, and seating for companions. 

Le Carré 150 • Victoriaville

This complex is Victoriaville's main cultural venue, and comprises a large performance hall, cabaret, studio, art centre and lounge area. Varied programming for all audiences (music, dance, comedy, circus, visual arts, repertory films). 

Musée de l'hotel des Postes • Victoriaville

Located in a Second-Empire style building, this museum dedicated to the mail exhibits artefacts and presents a replica of an old post office.

Théâtre Parminou • Victoriaville

This socially engaged, creative and touring popular theatre cooperative is celebrating its 50th anniversary. Discover its new cabaret-theatre formula in 2024.

Victoriaville, Destination for All

This municipality offers an accessible, varied and quality tourist experience, enabling people with special needs to stay for several days. Tourists can sleep, eat, visit, shop and enjoy a range of daily activities in a barrier-free environment and a culture of hospitality excellence.

Flavours and Traditions

Partially Accessible

Marché public Drummondville • Drummondville

Live to the rhythm of the seasons with the tastes and colours of this local market.

Miellerie King, Distillerie B • Kingsey Falls

From bee to bottle, take a guided tour of the distillery and taste some spirits, honey mead cocktails and various other food products.

Fromagerie Victoria • Victoriaville

Visit a cheese factory (advance booking required) and discover cheeses and homemade products that you can taste while you're there or take away.

Marché public des Bois-Francis • Victoriaville

This farmers market is a seasonal grocery store where you can discover local products, one flavour at a time.

Sports and Leisure

Accessible

Rémi-Deshaies baseball stadium • Victoriaville

This amateur baseball stadium provides four spaces reserved for people with disabilities at the bottom of the bleachers. Accessible water fountain and unisex washroom.

Partially Accessible

Spa détente du lac William • Saint-Ferdinand

Treat yourself to a moment of relaxation with customized spa treatments in a bucolic setting. In season, get out on the water in a pontoon boat.

Parachute Victoriaville • Victoriaville

Try tandem skydiving and have the experience of a lifetime! Please mention your needs when booking.

Piscine Édouard-Dubord • Victoriaville

A well-equipped swimming pool: lift, pool wheelchairs, walker, beach entry pool.

Accommodations

Hotels

Accessible

Auberge Godefroy Hotel-Spa-Golf • Bécancour

Manoir du Lac William • Saint-Ferdinand

Le Victorin Hotel et Congrès • Victoriaville

Partially Accessible

Comfort Inn • Drummondville

Hotel Montfort et Centre de congrès • Nicolet

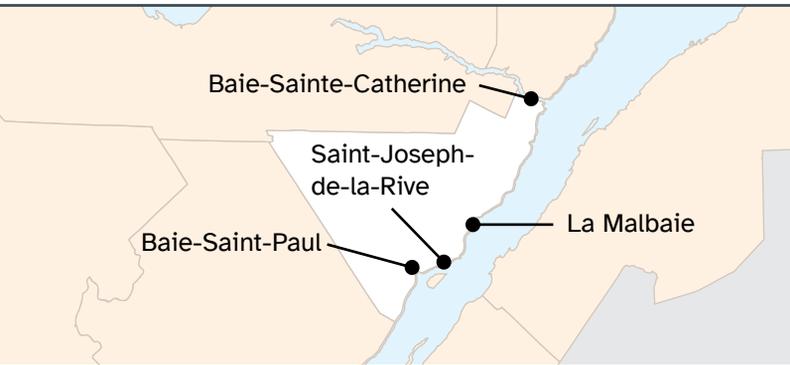
Quality Inn & Suites • Victoriaville

Campgrounds

Partially Accessible

Camping Parc régional de la Rivière Gentilly • Sainte-Marie-de-Blandford

Charlevoix



Designated by UNESCO as a Biosphere Reserve, the region attracts painters, poets and writers who portray the uniqueness of its landscapes. The Route du Fleuve runs along the St. Lawrence River, and the views are exceptional.

Culture and Heritage

Accessible

Musée maritime de Charlevoix •

Saint-Joseph-de-la-Rive

Visit five exhibits, including a 360-degree experience, four boats (with steps), a wharf, a sawmill, a park, a plant maze, an arboretum and spots to contemplate the river.



© Agence Koda

Partially Accessible

Les Moulins de l'Isle-aux-Coudres – Économusée de la meunerie • Isle-aux-Coudres

A fascinating experience at the relaxing pace of the windmill and watermill era, brought together in a unique heritage site in America. 

Les Traverseux: Espace patrimoine – Canot à glace • Isle-aux-Coudres

Immerse yourself in the maritime history of the St. Lawrence islands and discover how the ice canoe, once an instrument of necessity, has evolved into a form of competitive sport. Watch as brave canoers set out onto the icy river.

Flavours and Traditions

Accessible

Cidres et vergers Pedneault – Économusée du cidrier • Isle-aux-Coudres

A century-old family business, this cider mill is the area's main fruit farm. Visit the economuseum to learn about the orchard and the cellar.

Centre de l'émeu de Charlevoix – Économusée de la huillère • Saint-Urbain

Visit the largest emu farm in Canada. This centre promotes the breeding of emus without antibiotics or hormones.

Partially Accessible

Aux Fruits du Biscuitier • Isle-aux-Coudres

For a sweet break, this cookie shop has ice cream, pastries and coffee.

Accommodations

Hotels

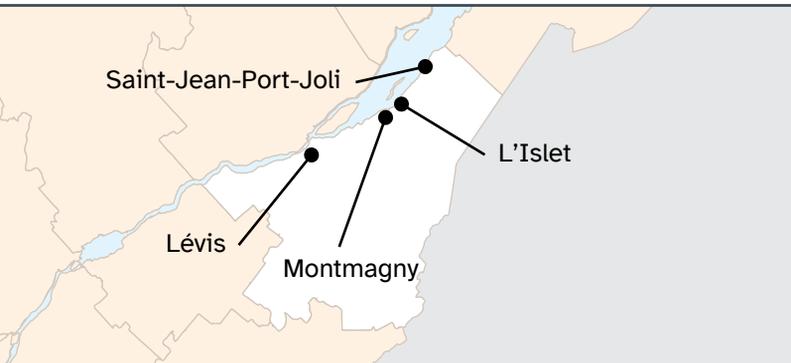
Accessible

Fairmont Le Manoir Richelieu • La Malbaie 

Partially Accessible

Le Petit Manoir du Casino • La Malbaie

Chaudière-Appalaches



This region extends over 200 km along the St. Lawrence River. It is home to some of Québec's most beautiful villages, mills and ancestral homes bearing witness to over 300 years of history.

Parks and Outdoors

Partially Accessible

Parc national de Frontenac • Sainte-Praxède
Commune with the bounties of nature, including a thousand-year-old peat bog with its intoxicating scents, carnivorous plants and orchids.

Culture and Heritage

Accessible

Musée Maritime du Québec • L'Islet
This museum houses one of Canada's most extensive collections of maritime heritage, with over 15,000 artefacts, maps, books and old documents.  

Maison natale de Louis Fréchette • Lévis
This heritage and historic house is a literary and cultural centre. Activities, exhibits and events are held throughout the year.  



© Agence Koda

Musée de la mémoire vivante • Saint-Jean-Port-Joli
Explore the knowledge, skills, customs and way of life passed down and preserved in living memory from generation to generation. Browse through an outdoor exhibition as well.

Ovascène / Salle Méchatigan • Sainte-Marie
Make the most of this cultural venue and its wide array of concerts, comedy shows, theatre and storytelling. General public, children and families.

Minéro - Musée Thetford | KB3 • Thetford Mines
This museum recalls the mining history of the Appalachian region through collections and exhibits related to geology and earth sciences.

Partially Accessible

L'Anglicane • Lévis
The architectural cachet, intimate ambiance and superb acoustics of this Anglican church converted into a cultural venue are something to behold. General public, children and families.

Musée de l'accordéon • Montmagny
Come and learn more about the accordion, an instrument that was central to Québec culture. While you're there, you can visit the museum at the Couillard-Dupuis manor.

Village miniature Baillargeon •

Notre-Dame-des-Pins
The site of this miniature village is a natural setting where you can meander among the 200 models created by Ernest Baillargeon.

Flavours and Traditions

Accessible

Le Ricaneux – Économusée des vins de petits fruits • Saint-Charles-de-Bellechasse

Learn about the history of this family who make wine and alcoholic beverages from local berries. An authentic and friendly experience.



© Agence Koda

La Vallée Bleue, Distillerie • Val-Alain

At this distillery you'll be able to pick your own blueberries, taste some alcoholic beverages and gourmet products and enjoy the mini-farm and picnic area.

Partially Accessible

Microbrasserie Frampton Brasse – Économusée du brasseur • Frampton

This family business produces and transforms beers that are recognized worldwide. The economuseum explains the various stages of beer production.

Ferme Cassis et Mélisse – Économusée de la fromagerie fermière: lait de chèvre •

Saint-Damien-de-Buckland

At this organic farm and economuseum, learn about what's involved in being a herb grower, farmer, milk producer, cheesemaker and ripener.

Le Vivoir, a gallery featuring art, crafts and sculptures • Saint-Jean-Port-Joli

A shop that exhibits the creations of more than 50 Québec craftspeople and visual artists. 

Accommodations

Hotels

Accessible

La Cache du Golf • Beauceville

Auberge des Glacis • L'Islet

Le Georgesville • Saint-Georges

Partially Accessible

Quality Inn & Suites • Lévis

Cottages – B&B

Partially Accessible

Chalet Labbé, Parc national de Frontenac • Adstock

Gîte Ambrelane • Thetford Mines

Campgrounds

Partially Accessible

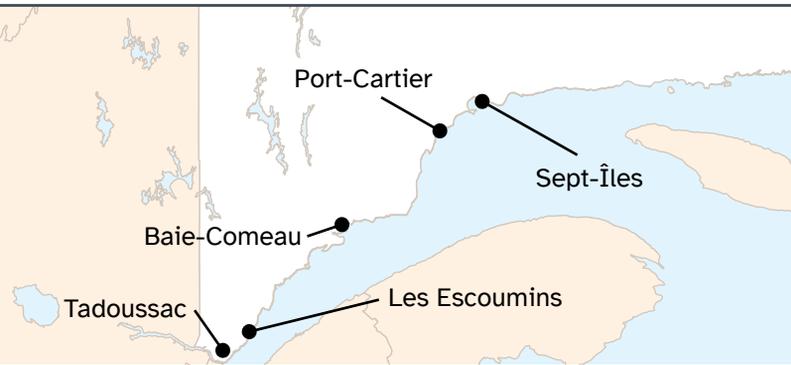
Camping KOA Québec • Lévis

Camping Baie Sauvage, Parc national de Frontenac • Sainte-Praxède



Parc national de Frontenac © TQ / J.F. Bergeron / Enviro Foto

Côte-Nord



Beaches, lighthouses and splendid views abound in this region that skirts the river as it becomes an estuary and then a gulf. Inland, it is a paradise for hunting, fishing and outdoor activities.

Parks and Outdoors

Partially Accessible

Centre d'interprétation des marais salés •

Longue-Rive

This 249-hectares salt marsh is an exceptional observation area for amateur and professional birdwatchers alike.

Quai de l'Anse-de-Roche • Sacré-Cœur

Observe the local wildlife and the majestic sunsets from this wharf on the Saguenay River.

Culture and Heritage

Accessible

Salle de diffusion de la Shed-à-Morue •

Havre-Saint-Pierre

Located close to the sea and in the heart of the tourist action, this cultural entertainment venue presents a varied annual program of shows, dance, theatre and film screenings.

Partially Accessible

Centre des arts de Baie-Comeau • Baie-Comeau

This multidisciplinary cultural complex features a diverse program of shows including theatre, comedy, song, dance and music. General public, children and families.

Daniel-Johnson dam and Manic-5 power station (Hydro-Québec) • Baie-Comeau

Explore this magnificent dam with its unique architecture ensconced in the Manicouagan valley.

Jean-Lesage Manic-2 power station (Hydro-Québec) • Baie-Comeau

Take a guided tour of this hydroelectric plant and explore the dam from the inside: an unforgettable experience.

Havre-Saint-Pierre Reception and Interpretation Centre - Parks Canada • Havre-Saint-Pierre

This centre provides all the information you need on activities and services available for exploring the Mingan Archipelago. Maps and documentation available. Visit the "Life Stories from the Mingan Islands" exhibition.

Bernaches du Canada © TQ / L. Gagnon



Maison de la culture Roland-Jomphe •

Havre-Saint-Pierre

Located in a former general store built in 1943 and purchased by the Hudson's Bay Company in 1963, this cultural site introduces you to the history of Havre-Saint-Pierre through numerous objects and photographs.

Longue-Pointe-de-Mingan Reception and Interpretation Centre - Parks Canada •

Longue-Pointe-de-Mingan

One of the Mingan Archipelago reception centres.

The staff will provide you with information about the activities and services available in the archipelago. "From Islands to the Sea" exhibition and auditorium.

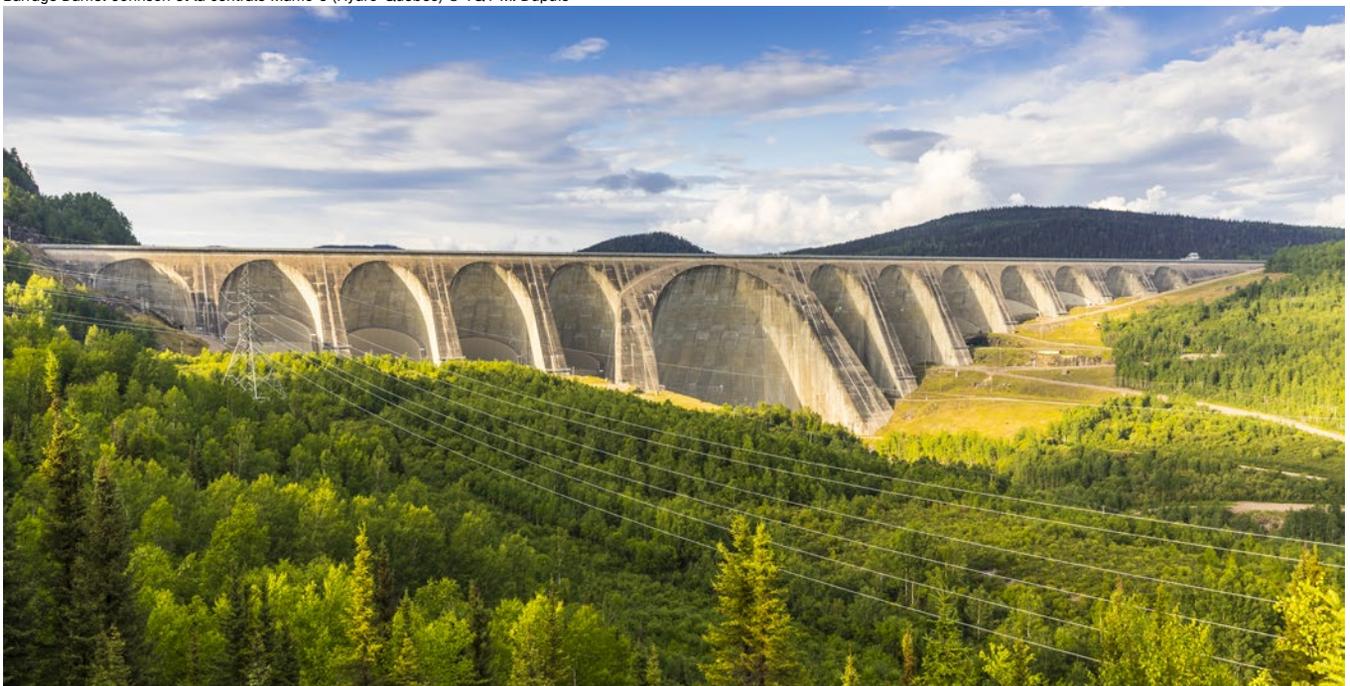
Musée régional de la Côte-Nord • Sept-Îles

This museum of history and archaeology is dedicated to the preservation, study and recognition of regional heritage.



© TCN, Optik 360

Barrage Daniel-Johnson et la centrale Manic-5 (Hydro-Québec) © TQ / M. Dupuis



Flavours and Traditions

 Accessible

Place des Artisans • Havre-Saint-Pierre

Come and stay a while at this ideal spot for finding original and beautiful regional handicrafts.

Sports and Leisure

 Accessible

Mer et monde écotours • Les Bergeronnes

Embark on a whale-watching excursion and explore the natural marine environment of the St. Lawrence Estuary aboard a sea kayak. Accessible activity available at high tide only.

Accommodations

Hotels

 Accessible

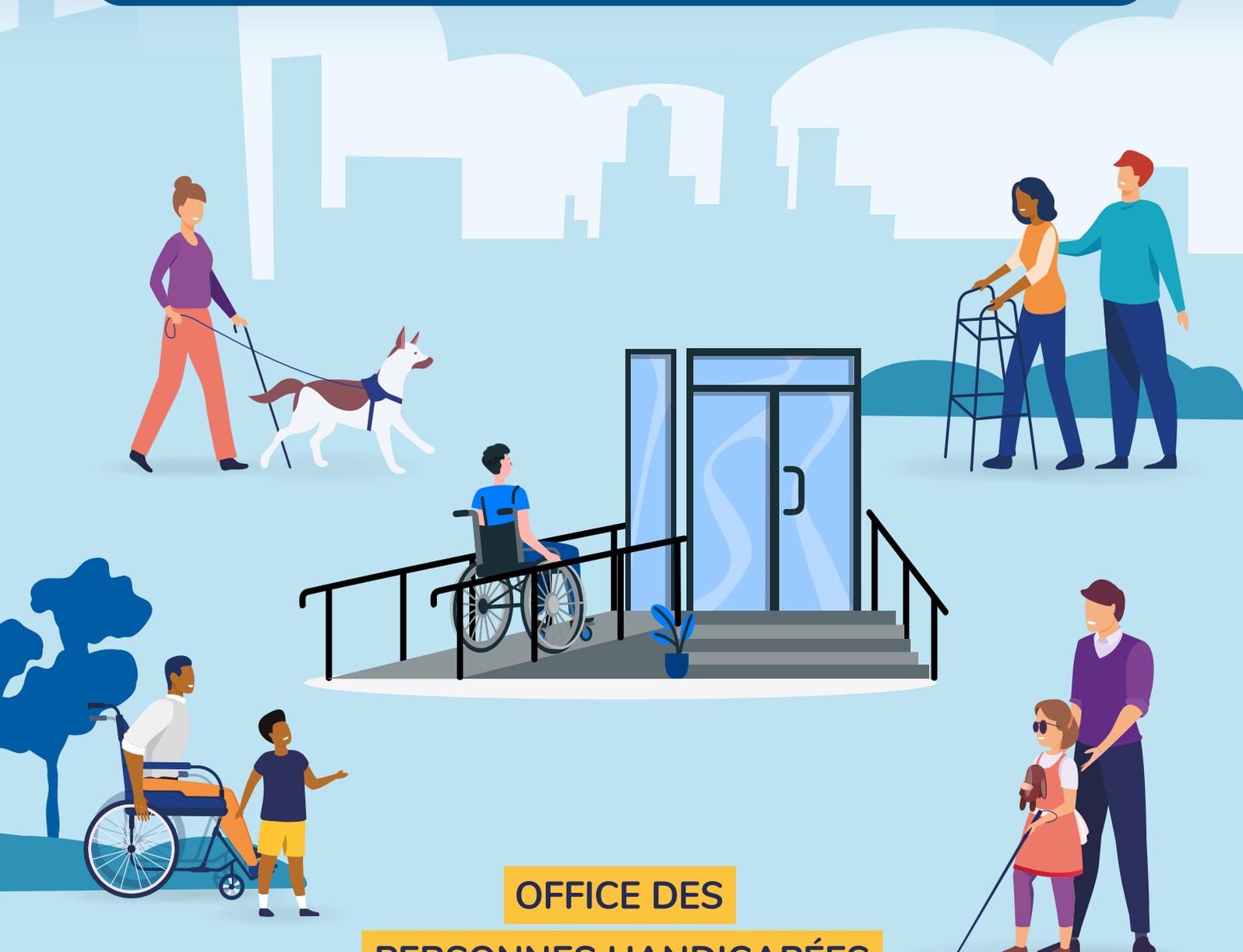
Hotel Le Manoir Baie-Comeau • Baie-Comeau

 Partially Accessible

Auberge de jeunesse, la Maison Majorique •
Tadoussac

Hotel Tadoussac • Tadoussac

Need help or information? Contact us.



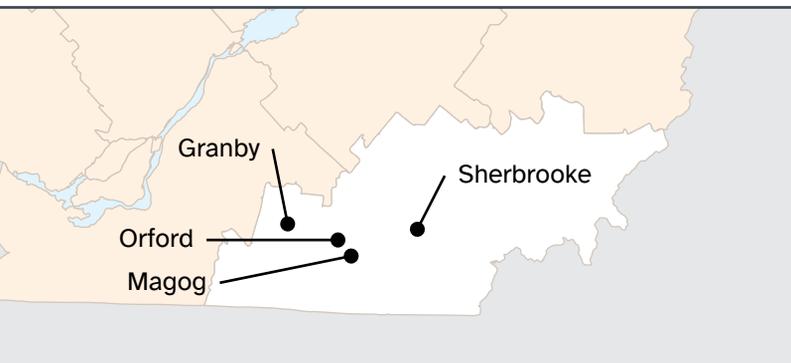
**OFFICE DES
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DU QUÉBEC**

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Eastern Townships



With 80% of its territory covered by forests, this region is an explosion of colour in the fall. Explore picturesque villages of Anglo-Saxon heritage, savour some local products and get a taste of a unique way of life.

Parks and Outdoors

Accessible

Les Amis des Sentiers de Bromont – Parc des Sommets (Mont Oak) • Bromont

You'll find plenty of easy-to-intermediate trails in this area. After you make your reservation, you can rent an adapted electric bicycle or a Dahu.

Parc Découverte Nature • Coaticook

Plan a visit to this park and experience pond fishing. The site's indoor activity, Acoatica, is an interactive survival adventure.

Centre d'interprétation de la nature du Lac Boivin • Granby

This peaceful and sustainable conservation area beckons you to discover its fauna and flora or do a bit of birdwatching.

Parc régional du Mont-Ham • Ham-Sud

Get to know the Waban-Aki nation as you follow a small accessible trail.



© Promo-Accès

Partially Accessible

Parc national du Mont Orford • Orford

Home to the dazzling flora and fauna of this provincial park, Étang Fer-de-lance and Boucle des Trois-étangs are accessible trails that are pleasant to get around on.

Parc national de la Yamaska • Roxton Pond

The Grand-Tour trail at this provincial park offers 19 km of partially accessible trails with a few steep slopes. Discovery centre, beach and playgrounds.

Culture and Heritage

Accessible

Centre d'art Rozynski • Barnston

This creative hub, home to professional ceramic artists, offers the general public creative workshops (with reservation), a riverside sculpture trail and an open-air summer exhibition and sale.

Zoo de Granby • Granby

Have a wildlife experience among the many animals from different continents along an accessible path. In the summer, take advantage of the Amazoo water park to cool off.



© H. Le Reste / P. Akkaoui

Maison Merry • Magog

Maison Merry tells the story of Magog and the surrounding area, from the time of the Indigenous people and the American settlers to the present day.

Le P'tit Bonheur de Saint-Camille • Saint-Camille

This former general store converted into a community and cultural centre features an exhibition hall, a small cabaret-style performance space (tables and chairs), training workshops and a patio café.

Galerie d'art Antoine-Sirois at Université de Sherbrooke • Sherbrooke

Visit this truly regional institution showcasing contemporary art.

Musée de la nature et des sciences de Sherbrooke • Sherbrooke

This museum promotes awareness of the natural sciences with original and informative exhibits. 

Musée de l'ingéniosité J. Armand Bombardier • Valcourt

Explore the history of the ingenious Ski-doo inventor J. Armand Bombardier through interactive exhibits, an immersive show and much more. 

Partially Accessible

Uplands Cultural and Heritage Centre • Sherbrooke

This elegant, Georgian Revival heritage home takes us back to a bygone era. Discover its art gallery and charming tea room, and its outdoor photography and sculpture exhibitions. Tours provided by guide-interpreters in period costume.

Musée des Beaux-Arts de Sherbrooke • Sherbrooke

Explore a visual arts collection that attests to the artistic vitality of Québec and the Eastern Townships in particular. 

Mhist-Musée d'histoire de Sherbrooke • Sherbrooke

The Mhist contains archives on the documentary historical and ethnological heritage of the Sherbrooke area.

Musée Marie-Léonie Paradis • Sherbrooke

Visit the four alcoves focusing on different themes to learn about the life of Mother Marie-Léonie, founder of the Petites Sœurs de la Sainte-Famille.

Salle Maurice-O'Bready (Centre culturel de l'Université de Sherbrooke) • Sherbrooke

This impressive cultural centre combines comfort, convenience and an extensive program of shows (dance, comedy, song, music, theatre, circus, storytelling). General public, children and families.

Flavours and Traditions

Accessible

Vignoble de l'Orpailleur – Économusée du vigneron • Dunham

Come and see what these skilled winemakers are doing and where it all began. 



Vignoble de l'Orpailleur – Économusée du vigneron © TQ / D. Lafond

Fromagerie La Station • Économusée de la fromagerie fermière • Compton

Indulge yourself in these farmhouse cheeses made from unpasteurized organic cow's milk. Come and experience an immersive and olfactory tour of the economuseum. 🕒

Verger le Gros Pierre • Compton

This orchard lets you pick your own apples and offers an accessible tractor ride, an apple interpretation trail, a playground and a shop.

Au cœur de la pomme • Frelighsburg

Have a picnic by the Pike River, pick your apples and visit the boutique.

Érablière Bernard • Granby

Share a meal at a sugar shack in a rustic setting and take the Trotteux trail.

Verger Champêtre gîte & compagnie • Granby

You can take an alpaca for a walk and get to know the animals at the mini-farm at this orchard. Bring your own picnic lunch, or enjoy the wonderful food prepared on site.

Bleu Lavande • Magog

Visit the interpretive centre to learn more about lavender and experience the interactive space created by Moment Factory. Go for a picnic in the fragrant fields.



Bleu Lavande © TQ / D. Poulin

🕒 Partially Accessible

Savonnerie Main de nature • Barnston

Made with passion, these handcrafted soaps are created with fresh, locally-grown products.

Cidrerie Milton • Sainte-Cécile-de-Milton

Discover an artisanal cider operation growing apples on ancestral lands that is recognized internationally as a bold and inspiring leader in the cider industry.

Miellerie Lune de Miel • Stoke

Visit the interpretive centre to learn more about bees, take a guided tour that looks at the lives of these insects and go into the Ruche Géante©, a unique museum that evokes a giant beehive. 🕒

Sports and Leisure

🕒 Partially Accessible

Bromont: mountain of experiences • Bromont

A wide range of outdoor activities are available in summer, including a water park with a heated wave pool, beach-effect wading pool and accessible water games. Food services and boutique on site.

Fox in a box • Sherbrooke

A meticulously designed adventure game and immersive escape room experience set in carefully crafted environments. Two accessible rooms await you, with challenges to overcome and riddles to solve.

Accommodations

Hotels

🕒 Accessible

Hotel Castel • Granby

Manoir des Sables Hotel & Golf • Orford

🕒 Partially Accessible

Hotel Le Principal • Granby

Hotel Chéribourg • Orford

Grand Times Hotel • Sherbrooke

Cottages

🕒 Accessible

Chalets U - Diligences • Austin

Chalets U - Malaga • Austin

Campgrounds

🕒 Accessible

Camping Aventure Mégantic • Frontenac

Camping Melbourne • Melbourne

Domaine des Cantons • Saint-Étienne-de-Bolton

🕒 Partially Accessible

Camping Parc de la gorge de Coaticook •

Coaticook

Route des vins



The Route des vins is a 165-km winery trail for all wine enthusiasts. This rural route is also the perfect opportunity to explore the landscapes and attractions of the Eastern Townships.



© Kéroul

Accessible

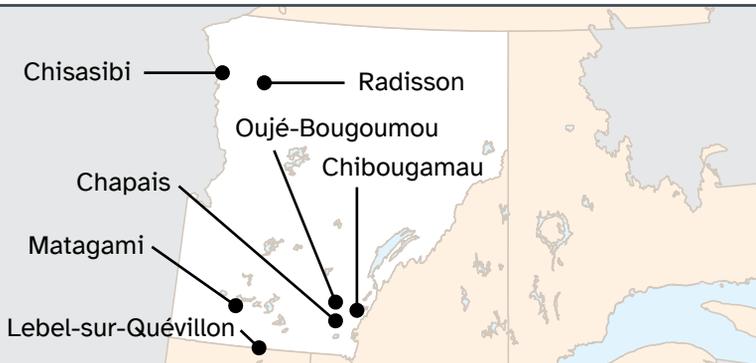
- ▶ **Centre culturel St-John** • Bromont
- ▶ **Boulangerie La Mie Bretonne** • Cowansville
- ▶ **Centre de la nature de Cowansville** • Cowansville
- ▶ **Espace Diffusion** • Cowansville
- ▶ **Fumoirs Gosselin** • Cowansville
- ▶ **Le Sage Brasseur** • Cowansville

- ▶ **Bernard le boulanger** • Dunham
- ▶ **Coop Pied de céleri** • Dunham
- ▶ **La Bodega** • Dunham
- ▶ **La Rumeur Affamée Dunham** • Dunham
- ▶ **Le Terroir de Dunham** • Dunham
- ▶ **Le Vignoble du Ruisseau** • Dunham
- ▶ **Bistrot West Brome** • Lac-Brome
- ▶ **Canards du Lac-Brome** • Lac-Brome
- ▶ **La Knowlton Co. - Microbrasserie & Restaurant** • Lac-Brome
- ▶ **Léon Courville vigneron** • Lac-Brome
- ▶ **Vignoble Le Di-Vin** • Saint-Armand
- ▶ **Domaine Girouard** • Sutton
- ▶ **La Rumeur Affamée Sutton** • Sutton

Partially Accessible

- ▶ **Vignoble de la Bauge** • Brigham
- ▶ **Golf Château-Bromont** • Bromont
- ▶ **Hôtel Château-Bromont** • Bromont
- ▶ **Hôtel Vallea Bromont** • Bromont
- ▶ **Camping Domaine Tournesol** • Cowansville
- ▶ **Domaine du P'tit Bonheur** • Cowansville
- ▶ **Musée Bruck** • Cowansville
- ▶ **UNION LIBRE cidre & vin** • Dunham
- ▶ **Val Caudalies vignoble et cidrerie** • Dunham
- ▶ **Vignoble Clos Ste-Croix** • Dunham
- ▶ **Vignoble Domaine des Côtes d'Ardoise** • Dunham
- ▶ **Vignoble Gagliano** • Dunham
- ▶ **Farnham Ale & Lager** • Farnham
- ▶ **Fromagerie des Cantons** • Farnham
- ▶ **Restaurant Lyvano** • Frelighsburg
- ▶ **Camping Vallée Bleue** • Lac-Brome
- ▶ **Domaine des Nobles Alpagas** • Lac-Brome
- ▶ **Musée Lac-Brome** • Lac-Brome
- ▶ **Raffields Centrale** • Lac-Brome
- ▶ **Théâtre de Lac-Brome** • Lac-Brome
- ▶ **Vignoble Domaine du Ridge** • Saint-Armand
- ▶ **Musée Missisquoi** • Stanbridge East
- ▶ **Vignoble l'Ardennais** • Stanbridge East
- ▶ **Château Ste-Agnès** • Sutton

Eeyou Istchee Baie-James



This region is awe-inspiring with its massive lakes, wild rivers, northern lights, endless forests, unique flora and fauna, and the rich and vibrant Cree culture.

Culture and Heritage

Accessible

Institut culturel cri Aanischaaukamikw • Oujé-Bougoumou

Learn about the culture of the James Bay Cree at this museum, which showcases the community's history.

Partially Accessible

Aménagement Robert-Bourassa (Hydro-Québec) • Radisson

This is the largest power generating facility in North America. It's a veritable cathedral carved in the rock!  

Accommodations

Hotels

Accessible

Hôtel Opémiska • Chapais

Partially Accessible

Auberge Capissit • Oujé-Bougoumou

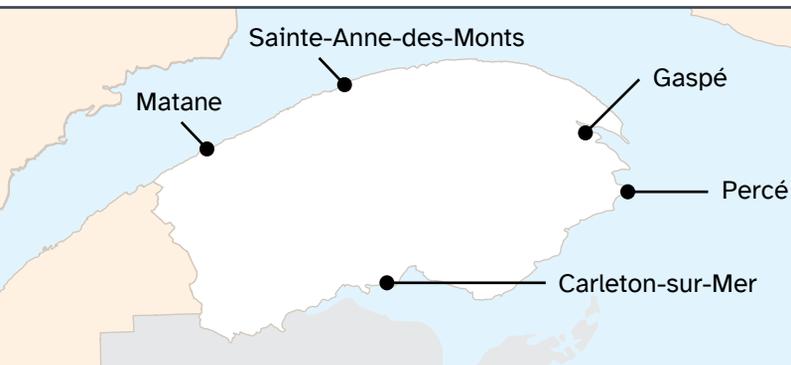


© TQ / M. Dupuis

Eastmain Bridge © GoVan



Gaspésie



Large numbers of tourists take the fabled 885-km trip around the Gaspé Peninsula in high season. Here you'll find one provincial park after another, all with exceptional landscapes. The local people are very welcoming, and the historic sites are outstanding.

Parks and Outdoors

Accessible

Le Club Nautique de Carleton • Carleton-sur-Mer

A great spot for get-togethers and festivities. Grab a bite at the harbour master's office and access the quay via a long built-in ramp to admire the many moored boats, the sea and Mont St-Joseph in the background.

Jardins de Métis • Grand-Métis

This garden, a National Historic Site with a unique micro-climate, is recognized for its exceptional design.

Belvédère des chutes à Philomène •

Saint-Alexandre-des-Lacs

View this 33-metre high waterfall from the lookout, clearly one of the region's main natural attractions.

Partially Accessible

Plage municipale du parc des Horizons •

Carleton-sur-Mer

Enjoy this pretty beach, equipped with a beach mat for accessing the shoreline. A nearby sailing school offers excursions and adapted sailing lessons.

Parc du Bourg de Pabos • Chandler

Although it has some steep hills, this urban park offers accessible trails, a sandy beach and playgrounds for children.

Parc national Forillon • Gaspé

This park forms a peninsula where the grand Appalachian mountain range comes to an end. Follow the Grande-Grave or Prélude trails offering beautiful views of Gaspé Bay and the ocean.  



© TQ / M. Dupuis

Plage Haldimand • Gaspé

This is one of the only beaches in Québec with a beach mat. It also has a beach wheelchair and accessible trails.

Miguasha National Park – palaeontological site •

Nouvelle

A treasure trove of natural heritage, this park amazes young and old alike with a wide range of family activities and exhibits. 

Geopark of Percé • Percé

Take in 500 million years of Earth's history. A suspended glass platform offers a breathtaking view. 

Parc national de l'Île-Bonaventure-et-du-Rocher-Percé • Percé

Only the Charles-Robin area is accessible. It offers beautiful views of Percé Rock. Its discovery centre presents exhibits on the local flora and fauna as well as the park's geology.

Parc national de la Gaspésie •

Sainte-Anne-des-Monts

Created to protect the caribou of the Gaspé region, this park offers two trails with some steep slopes, leading to two lakes, Cascapédia and Lac aux Américains

Culture and Heritage



Accessible

Musée acadien du Québec • Bonaventure

This place of history and ethnology recounts the fascinating lives of the Acadians. A variety of activities on this enchanting site will appeal to all your senses. 🗺️

Berceau du Canada historic site • Gaspé

Here you'll find a representation of the village of Gaspé as it was in 1900, consisting of a heritage residence and six reconstructed buildings.

Musée de la Gaspésie et Monument à Jacques Cartier • Gaspé

Learn about the history of this fabulous peninsula through exhibitions on the history, art, heritage and culture of the people of Gaspé. 🗺️



© Musée de la Gaspésie



Partially Accessible

Bioparc de la Gaspésie • Bonaventure

This wildlife park is home to some 40 native species of animals in an environment that evokes their natural habitat.

Centre d'interprétation Éole • Cap-Chat

Visit the world's tallest vertical axis wind turbine and the museum created to celebrate it.

Manoir Le Boutillier • Gaspé

This National Historic Site offers a guided tour of this house that served as a fishing outpost, manager's home and other things. The building was owned by John Le Boutillier, a prominent figure in the fishing industry (1850-1860).

Sanctuaire diocésain Notre-Dame de Pointe-Navarre • Gaspé

A place of worship and pilgrimage since 1940, where you'll have a chance to become acquainted with the religious order of the Servites de Marie and the works of renowned artists.

Site d'interprétation Micmac de Gespeg • Gaspé

At this interpretive site, find out about the traditional way of life of the 17th century Mi'kmaq. Note that some of the trails outdoors are steep. 🗺️

Pointe-à-la-Renommée historic site • Gaspé

Don't miss this site overlooking the entrance to the Gulf of St. Lawrence, where you can visit a century-old lighthouse and the first marine wireless telegraph station. Outdoor evening show.

Musée maritime du Phare de Matane • Matane

The exhibition centre at this lighthouse museum portrays the region's maritime history through photos and objects. Only the first floor is accessible. 🗺️

Paspébiac National Historic Site • Paspébiac

Learn about the history of the cod fishery on a self-guided or guided tour of the 11 historic buildings interconnected by boardwalks.

La Vieille Usine de L'Anse-à-Beaufils • Percé

This historic site at an old factory houses a small museum, an exhibition space and a cultural centre.

Flavours and Traditions



Accessible

Resto-Pub La Révolte - Auberge Le Caribou • Gaspé

Enjoy a friendly ambiance and breathtaking views of the sea as you dine on signature Gaspesian seafood and fish dishes, or other traditional bistro-pub fare.

Les Ateliers Plein Soleil • Mont-Joli
Shop featuring handmade products by local artisans.



© Les Ateliers Plein Soleil

La Maison du Pêcheur • Percé
This seaside restaurant with great access to Percé rock serves up a delicious variety of fresh seafood, fish soup, grilled meats and pizzas.

 **Partially Accessible**

Fromagerie du Littoral • Baie-des-Sables
Taste the whole milk cheeses made from cow's milk produced on this family farm.

Le Vraquier - Marché écoresponsable • Carleton-sur-Mer
An eco-responsible shop featuring a variety of bulk products and a lunch counter with take-out food.

Bistro-bar Le Brise-Bise • Gaspé
This all-in-one bistro, bar and show venue offers a creative menu and beers from micro-breweries in the Gaspé region and elsewhere in Québec. Musical entertainment.

Brasserie artisanale La Fabrique • Matane
A craft brewery and resto-pub featuring seasonal products supplied by local producers, whenever possible.

Couleur Chocolat – Économusée du chocolatier • Sainte-Anne-des-Monts
The identity of the Gaspé Peninsula is reflected in every bite of chocolate manufactured by this passionate artisan.

Centre d'Art Marcel Gagnon • Sainte-Flavie
This art shop features various artists and a restaurant with a view of the river.

Vignoble Carpinteri • Saint-Ulric
Take a guided tour of the cellars at this vineyard or taste some of their wares on the patio.

La Vallée de la Framboise Inc. • Économusée des liquoristes: framboise • Val-Brillant
Come and discover a whole range of 100% local products from the field to the table in the company of passionate artisans.

Accommodations

Hotels

 **Accessible**

Auberge l'Ambassadeur • Amqui

Selectôtel • Amqui

Le Manoir Belle Plage • Carleton-sur-Mer

Quality Inn & Suites • Matane

Motel et Restaurant Au Fin Gourmet • New Richmond

 **Partially Accessible**

Hostellerie Baie Bleue • Carleton-sur-Mer

Motel L'Abri • Carleton-sur-Mer

Motel Chandler • Chandler

Hotel Baker • Gaspé

Rodeway Inn Gaspé • Gaspé

Hotel Le Francis • New Richmond

Le Mirage • Percé

Le Gaspésiana • Sainte-Flavie

Vacation Resorts

 **Partially Accessible**

Camp Sable Chaud • Amqui

Cottages – B&B

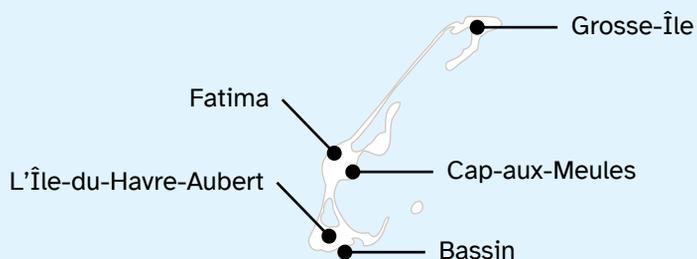
 **Partially Accessible**

Village Grande Nature Chic-Chocs • Cap-Chat



Parc national de l'Île-Bonaventure-et-du-Rocher-Percé © TQ / Image Nomade Production Inc.

Îles-de-la-Madeleine



In the heart of the Gulf of St. Lawrence, this archipelago is a place of incredible natural beauty. While away the hours on the long beaches, let yourself be entranced by the flora and fauna, reward your tastebuds with the wonderful fish dishes, and go back in time by taking a cultural tour.

Tourist Information Centre



Îles de la Madeleine tourist information centre •

Cap-aux-Meules

Stop in on the friendly staff for information on services, activities, accommodation, restaurants and various shows and events.

Culture and Heritage



Le Site d'autrefois • Bassin

A passionate Madelinot immerses you in Acadian culture, island life, fishing and agriculture.



© Le Site d'autrefois

Musée de la Mer • L'Île-du-Havre-Aubert

This museum promotes awareness of the rich heritage, ancestral knowledge, settlement history and socio-cultural development of the Magdalen Islands.



La Grave historic site • Cap-aux-Meules

The only historic site in the archipelago, this place bears witness to the past while preserving its architectural and traditional character. Note: not all buildings are accessible.

Seal Interpretation Centre (located at Auberge La Salicorne) • Grande-Entrée

Discover the fascinating world of seals and their living environment in the Estuary and Gulf of St. Lawrence.

La Maison du Potier – Économusée de la potière • Grosse-Île

Watch as the potters transform clay with their hands, and marvel at their skill.

Musée de la petite école rouge and Musée des vétérans • Grosse-Île

These two museums tell the story of the islands' unique history. Visitors have a chance to experience important moments in history through animations and exhibits.

Flavours and Traditions



Boulangerie Madelon • Cap-aux-Meules

With artisanal expertise dating back to 1964, this bakery has some sweet treats in store for you. Local products, cheeses and charcuterie, and prepared dishes are also yours to enjoy.

Auberge La Salicorne (Resto Madelinot) •

Grande-Entrée

Maritime specialities take centre stage at this inn's restaurant. Cap off a visit to the Seal Interpretation Centre with delicious, authentic cuisine.

Cap Dauphin Fishermen's Cooperative (Fish Shack) • Grosse-Île

This establishment offers a typical seafood menu on the patio, or to go. Take in the beautiful sea view and watch as the fishermen arrive back with their catch of the day.

Fromagerie du Pied-De-Vent – Économusée de la fromagerie • Havre-aux-Maisons

Meet the artisans and learn more about the origins of Québec's cheesemaking tradition and local know-how.

 **Partially Accessible**

Boulangerie Grandma's Bakery – Espace culinaire – Table de Grandma's •

Grosse-Île

Bakers pass on the strong culinary identity of the area through their breads, cookies and other sweets.

Domaine du Vieux Couvent • Havre-aux-Maisons

With a spectacular view of Entry Island and the bay, savour cuisine that blends tradition with innovation, featuring seafood and island cheeses.

Le Fumoir d'antan – Économusée de la boucanerie et du fumage • Havre-aux-Maisons

Discover the secrets of smoking and the history of smokehouses with the Arseneau family, who have been practicing this traditional technique for three generations.



© Le Fumoir d'antan – Économusée de la boucanerie

Crèmerie du port • L'Étang-du-Nord

Enjoy a delicious ice cream tasting experience with a view of the fishing port and the sea.

Accommodations

Hotels

 **Accessible**

Hôtel de la Grave (Pavillon La Saline) •

Havre-Aubert

 **Partially Accessible**

Château Madelinot • Fatima

Auberge Parc de Gros-Cap • L'Étang-du-Nord

Auberge Chez Denis à François •

L'Île-du-Havre-Aubert

Campgrounds

 **Accessible**

Camping Parc de Gros-Cap • L'Étang-du-Nord

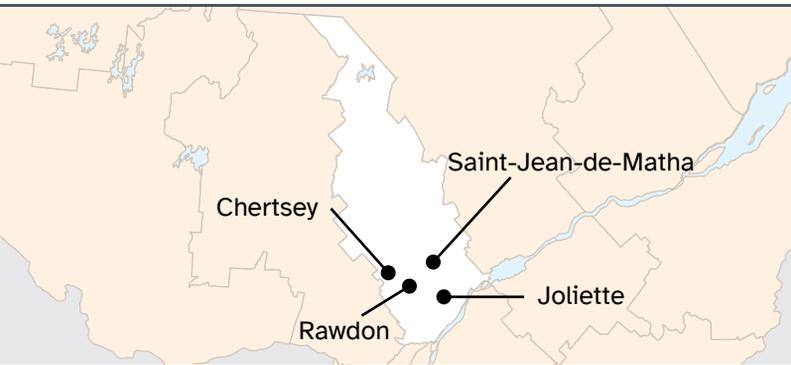


© TQ / A. Quenneville

 **Partially Accessible**

Camping des Sillons • Havre-aux-Maisons

Lanaudière



Nature, culture and agritourism come together in this region to create the good life. The Lanaudière has a rich religious heritage, and a variety of sports can be enjoyed here year round.

Parks and Outdoors

Partially Accessible

Parc du Grand-Coteau • Mascouche

This urban park boasts 23 km of forested walking trails, two natural ponds, water fun, game modules, a creamery and picnic tables.

Parc régional des Chutes-Monte-à-Peine-et-des-Dalles (municipalities of Saint-Jean and Sainte-Mélanie) • Sainte-Béatrix

You'll be charmed by the beautiful scenery at this park, but note that there are a few steep slopes.

Culture and Heritage

Accessible

Musée Gilles-Villeneuve • Berthierville

Explore the history of the Villeneuve family in the various arenas of motor sports: a must-see for racing enthusiasts.



© TQ / Tourisme Lanaudière / J. Vigneux

Partially Accessible

Maison Rosalie-Cadron • Lavaltrie

The birthplace of Rosalie Cadron-Jetté (1794-1864). This historic site tells her story as the mother of 11 children who founded the Sœurs de Miséricorde.

Flavours and Traditions

Accessible

La Terre des Bisons • Rawdon

Come escape to the world of the mighty bison at this ranch. An interpretive centre and a shop that sells local products await you.

Partially Accessible

Alchimiste - Microbrasserie – Économusée du brasseur • Joliette

This microbrewery offers products developed through local partnerships and traditional brewing techniques.

Ferme Guy Rivest • Rawdon

Come to the farm to pick or buy strawberries, cherries and ground cherries. A picnic area and corn maze complete the experience.

Au jardin des noix • Saint-Ambroise-de-Kildar

Learn about the nuts grown here by taking a guided tour of a 4,000-tree nut grove, and visit the shop, the picnic area and the small shop. And you'll be able to pick your own!

Vignoble Saint-Gabriel • Saint-Gabriel

Come to this winery and see the two antique tractor museums, explore the wine cellar and the shop and enjoy a charcuterie tasting on the patio.

Distillerie Grand Dérangement – Économusée du distillateur • Saint-Jacques

A uniquely designed distillery that creates gins and vodkas using local ingredients. And soon you'll have a chance to see how these spirits are produced at an economuseum.



© TQ / Tourisme Lanaudière / J. Vigneux

Ferme Vallée Verte 1912 • Saint-Jean-de-Matha
Farm producing various types of cheese, yogurt and milk made from non-homogenized pasteurized milk sold on site.

Magasin de l'Abbaye Val Notre-Dame • Saint-Jean-de-Matha
In addition to the products prepared on site, the store sells many other delicious local products.

Qui sème récolte! • Saint-Jean-de-Matha
This cider operation offers products made on site, including cider, kombucha, canola oil and maple products.

Miel de Chez-nous • Sainte-Mélanie
Apiary with a recreational and educational program introducing visitors to the world of honey bees. A store and a mini-farm complete the visit.

Vignoble Saint-Thomas • Saint-Thomas
This vineyard established in 2004 on what were once tobacco fields grows grapes and asparagus. It also houses a tasting pavilion and a shop.

Sports and Leisure

 **Partially Accessible**

Groupe Plein Air Terrebonne - Côte Boisée • Terrebonne
Head out onto 26 km of out-and-back trails on compacted stone dust, including two steep slopes, the first at 0.7 km from the start (6%) and the other at 7.3 km (8%). No shelter on the trails.

Accommodations

Hotels

 **Partially Accessible**

Days Inn • Berthierville

Château Joliette • Joliette

Auberge du Lac-Taureau • Saint-Michel-des-Saints

Cottages

 **Accessible**

Le P'tit Urbain • Saint-Côme

 **Partially Accessible**

Chalets Yvano • Chertsey

Chalet Le Vivelô • Entrelacs

Chalets pour tous • Sainte-Béatrix

Vacation Resorts

 **Accessible**

Camp musical Père Lindsay • Sainte-Béatrix

 **Partially Accessible**

Camp Papillon • Saint-Alphonse-Rodriguez

Centre Plein Air L'Étincelle • Saint-Alphonse-Rodriguez

Havre Familial • Sainte-Béatrix

Campgrounds

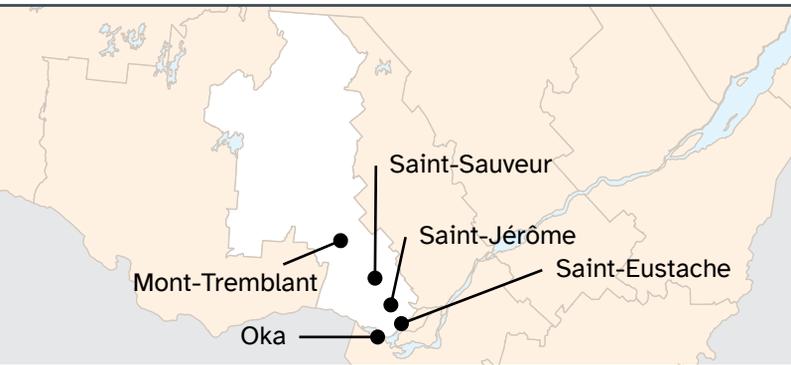
 **Accessible**

Camping Belle-Vie • Sainte-Julienne



Parc régional des chutes Monte-à-Peine et des Dalles © TQ / O. Albert

Laurentians



The Laurentians are a major vacation destination and offer great outdoor activities with breathtaking scenery. Agritourism attracts many visitors who enjoy delicious local products.

Parks and Outdoors

Accessible

Mont-Tremblant National Park • Lac-Supérieur
Secteur de la Diable offers an accessible discovery centre. A number of trails are accessible and offer beautiful views of the natural environment.

Partially Accessible

Parc régional éducatif Bois de Belle-Rivière • Mirabel

Take advantage of adapted equipment to enjoy a swim or explore the trails: Hippocampe all-terrain beach wheelchair, convertible to a ski for winter use, two children's Joëlettes, electric-assist bicycles. Swimming pool accessible with help, water games and 3.5 km of partially accessible trails.

Domaine Saint-Bernard • Mont-Tremblant
Showcasing nature in all its simplicity, the Jardin des oiseaux has accessible stone paths for observing the local fauna and flora.

Parc national d'Oka • Oka
Easily accessible, this park has a swimming area and groomed trails for a relaxing day on the shores of Lake of Two Mountains.

Parc Éco-Laurentides (formerly Centre touristique et éducatif des Laurentides) • Saint-Faustin-Lac-Carré
In the heart of the Laurentian forest, visit the park's reception and interpretation centre to learn all about the natural environment. Certain sections of the exhibition offer tactile exploration (50%).

Sentier des cimes Laurentides •

Saint-Faustin-Lac-Carré
A new destination, this treetop walk culminates with the ascent of a panoramic tower by means of a wooden structure that gradually climbs to a stunning bird's-eye view of the Laurentian forest and mountains.



© D. Desmarais

Parc régional de la Rivière-du-Nord • Saint-Jérôme
Discover the Laurentian fauna and flora of this natural riverside environment. The Le Colvert trail is partially accessible (0.4 km). A Joëlette is available for rent.

Parc régional de Val-David-Val-Morin • Far Hills area • Val-Morin
In this area of the park, enjoy the accessible facilities. Some of the trails are steep; however, there are many rest areas available.

Culture and Heritage

Accessible

Église de l'Annonciation Oka • Oka
Church historically linked to the first Indigenous mission established by the Sulpicians.

Amphithéâtre Rolland • Saint-Jérôme
This performance hall offers a varied summer program of concerts and shows featuring classical music, jazz and song.

Partially Accessible

Centre de création de Boisbriand • Boisbriand
This research and creative centre dedicated to up-and-coming artists in theatre, song, dance and comedy, features an extensive program of theatrical performances, shows, public readings, drama competitions, workshops and author internships.

Centre d'exposition Mont-Laurier • Mont-Laurier
This museum features several visual arts and craft exhibitions. Workshops and various educational services are also available. For the general public.

Espace muséal du Manoir Globensky • Saint-Eustache

A former seigneurial residence, this museum space hosts exhibitions and guided tours on the heritage and history of the city and the region.

Nid'Otruche • Saint-Eustache
Safari farm that demystifies the world's largest bird, the ostrich.

Musée d'art contemporain des Laurentides • Saint-Jérôme
This contemporary art museum has four permanent exhibits showcasing visual arts and local flora and fauna.

Musée de la Cathédrale de Saint-Jérôme • Saint-Jérôme
Museum space at the cathedral dedicated to Curé Labelle, an emblematic figure in the Laurentians, referred to as the King of the North.

Laurentian Ski Museum • Saint-Sauveur
Learn about the history of skiing in the Laurentians through a wide-ranging collection of artifacts and photographs. The museum honours athletes, builders, organizations and journalists prominent in the field of skiing.

Flavours and Traditions

Partially Accessible

Ferme biologique aux petits oignons • Mont-Tremblant
This organic produce farm grows more than 65 certified organic vegetables, herbs, flowers and fruits and sells them on site.

Jude-Pomme • Oka
Let yourself be transported through the orchard with the accessible tractor ride and stop at the lookouts to admire the spectacular landscape.

Les Jardins Michel Corbeil Inc. • Saint-Eustache
Visit the themed gardens, home to a variety of perennials, shrubs and trees, and wind your way along the paths in and out of shaded and wooded areas. Some sections are partially accessible. Store with a wide variety of plants.

La Maison Lavande • Saint-Eustache
Come and admire the 100,000 lavender plants. Enjoy a multi-sensory experience with this aromatic plant and visit the perfume shop.

Cidrerie Lacroix • Saint-Joseph-du-Lac
Located on a flat terrain, this orchard offers a wide variety of apples as well as a delicious range of ciders to taste on the spot.

Le Verger Méli-Mélo • Saint-Joseph-du-Lac
During apple season, come to this orchard to pick your own and take a tour on an accessible tractor.



© A. Gendron

Verger chez les Gauthier • Saint-Joseph-du-Lac
You'll be able to pick apples in season thanks to this orchard's gentle slope. After filling your basket you'll be able to enjoy the shop and the patio.

Accommodations

Hotels

 **Partially Accessible**

Best Western • Saint-Jérôme

Comfort Inn • Saint-Jérôme

Super 8 • Saint-Jérôme

Vacation Resorts

 **Partially Accessible**

Domaine des Prés d'Or • Saint-Aimé-du-Lac-des-Îles

Cottages - B&B

 **Accessible**

Domaine Kaaloo, la mésange d'Olivier •

Chute-Saint-Philippe  

 **Partially Accessible**

Maloujo • Lac-Saint-Paul

La Jolie Campagnarde, les chalets du ruisseau •
Piedmont

Gîte Vita Bella B&B • Saint-Adolphe-d'Howard



© Domaine Kaaloo

Chemin du Terroir des Laurentides



Located in the Basses-Laurentides region, this trail covers some 226 km and features a wealth of agricultural tourism attractions.

 **Accessible**

- ▶ **Marchés publics de Blainville, d'Oka, de Saint-Jérôme, du Vieux Saint-Eustache**
- ▶ **Cabane à sucre Constantin et Cabane à sucre Lalande** • Saint-Eustache
- ▶ **Les Vergers Lafrance** • Saint-Joseph-du-Lac

 **Partially Accessible**

- ▶ **Aux Saveurs du printemps** • Mirabel
- ▶ **Intermiel** • Mirabel 
- ▶ **Serres Stéphane Bertrand** • Mirabel
- ▶ **La Magie de la Pomme** • Saint-Eustache
- ▶ **Moulin Légaré** • Saint-Eustache

- ▶ **Vignoble Rivière du Chêne** • Saint-Eustache
- ▶ **Microbrasserie Dieu du Ciel ! (Saint-Jérôme)** • Saint-Jérôme
- ▶ **La Bullerie** • Saint-Joseph-du-Lac
- ▶ **Tarterie du verger des musiques** •
Saint-Joseph-du-Lac
- ▶ **Vergers Richard Legault** •
Saint-Joseph-du-Lac
- ▶ **Vignoble et microbrasserie Les Vents d'Ange** • Saint-Joseph-du-Lac
- ▶ **Les fromagiers de la Table Ronde** •
Sainte-Sophie



Laval



This island is both urban and rural. You'll find large shopping malls there, but also Vieux-Sainte Rose, a quaint neighbourhood featuring a lovely church, beautiful gardens lining its streets, cafés and old houses.

Parks and Outdoors

Partially Accessible

Bois de l'Équerre

This forest is home to a variety of ecosystems and offers an adapted trail so you can take full advantage of what this natural environment has to offer.

Parc de la Rivière-des-Mille-Îles

This wildlife refuge is a protected area. An exploration centre explains why this environment needs to be preserved. 

Culture and Heritage

Accessible

Place Bell

Inaugurated in 2017, this is Québec's third-largest arena and home to the Rocket de Laval and the Montréal Canadiens' farm club. The arena can be converted into a performance venue. 

Centre d'interprétation de l'eau

This interpretive centre hosts scientific activities that focus on issues related to water and the importance of protecting it. 

Maison des arts de Laval

The Théâtre des muses features a diverse year-round program. Concerts, comedy shows, dance, theatre and storytelling for the general public, children and families.

Musée de la santé Armand-Frappier

Museum and bioscience interpretive centre devoted to the science related to human health. The fun educational activities offered here help make this information accessible to the general public.

Salle André-Mathieu

Inaugurated in 1979 as a tribute to the great Québec composer, this cultural venue boasts wonderful acoustics and a friendly ambiance. Its wide-ranging program offers theatre, music, song and comedy. 

Partially Accessible

Centrale hydro-électrique de la Rivière-des-Prairies (Hydro-Québec)

This power generating station with a storied past recounts the history in the Montréal area around 1930. You'll have a chance to see turbine pits and a spillway.  

Flavours and Traditions

Partially Accessible

Ferme Marineau

Family-run vegetable and berry farm. A coarse gravel path leads to the fields where you can pick your own strawberries and pumpkins.

Sports and Leisure

Partially Accessible

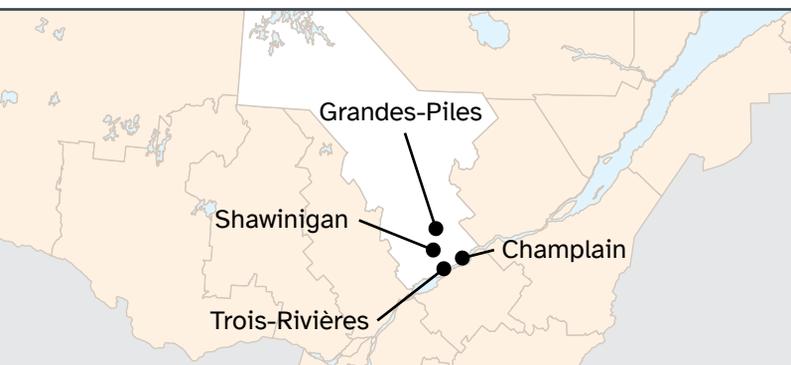
Escalade Clip'n Climb

Enjoy an exciting experience on one of the 30 colourful climbing walls.  

Escaparium Laval

Enjoy a fun experience in immersive escape rooms, in small groups of 3 to 8 people. You'll be given 60 minutes to complete a mission.

Mauricie



Known as “la belle d’à côté”, this beautiful region next door encompasses vast spaces of unspoiled wilderness. Authentic and welcoming, rich in religious and industrial heritage, it offers some wonderful cultural activities.

Parks and Outdoors

Accessible

Parc de la rivière Batiscan • Saint-Narcisse
Explore this regional park’s walking trails for a change of scenery in the heart of nature. A Joëlette is available. Guided and independent activities.

Culture and Heritage

Accessible

Village du Bûcheron • Grandes-Piles
Follow in the footsteps of the Québec lumberjacks of yesteryear through stories and song. 

Shawinigan-2 Generating Station (Hydro-Québec) • Shawinigan
The former generating station has been transformed into a large exhibition hall with a collection of industrial equipment. The second part of the visit includes access to the generating station, which was completed in 1928 in the Art Deco style.  

Boréal, Centre d’histoire de l’industrie papetière • Trois-Rivières
A former industrial heritage site, it is now a museum centred on forestry, the log drive, lumberjacks and the lives of workers in a bygone era. 

Musée POP • Trois-Rivières
This museum brings together six thematic interactive exhibitions dealing with popular culture in Québec.



Partially Accessible

Église Notre-Dame-de-la-Visitation • Champlain
Classified as a historic monument in Québec, this magnificent place of worship is an integral part of the history of the Chemin du Roy and the Mauricie region.

Domaine seigneurial Sainte-Anne (Madeleine de Verchères Site) • Sainte-Anne-de-la-Pérade
This manor, built around 1765, tells the story of the spirited Madeleine de Verchères. Discover three centuries of history, landscaped gardens and a charming shop that sells local products and artistic creations. Tours provided by guides in period costume.

Centre des arts de Shawinigan – Salle Philippe-Filion and Centre d’exposition Léo-Ayotte • Shawinigan
The centre houses two exhibition halls featuring contemporary art of a scientific, heritage and educational nature, as well as an auditorium with a varied performing arts program.

Notre-Dame-de-la-Présentation church (Works by Ozias Leduc) • Shawinigan
A charming little church featuring the last major project by artist Ozias Leduc, a leading figure in religious art in Canada, dubbed the “Michelangelo of Québec.” National Historic Site of Canada.

La Cité de l’Énergie • Shawinigan
At this combination science centre/museum, explore the local history and heritage through immersive exhibits and activities.

The FestiVoix de Trois-Rivières

A The FestiVoix de Trois-Rivières is a major cultural event in Québec. This summer music festival takes place in the historic district of downtown Trois-Rivières. The main sites have dedicated areas with accessible portable toilets nearby.

The locations—sometimes elevated, sometimes on the ground near the stage—are accessible to anyone who uses a manual or electric wheelchair, who uses a 3-wheel or 4-wheel mobility scooter, or who has the help of a guide dog.

Centre d'exposition Raymond-Lasnier •

Trois-Rivières

This contemporary art centre hosts thematic and group exhibitions and events.

Maison de la culture de Trois-Rivières – Anaïs-Allard-Rousseau auditorium and Louis-Philippe-Poisson hall • Trois-Rivières

A major cultural centre with two performance halls and an exhibition centre. Check out the program of exhibitions, concerts, theatre, improvisation, dance and comedy. For the general public, children and families.

Manoir Boucher de Niverville • Trois-Rivières

Located in a protected area and archaeological site, this manor house reveals the secrets of the worldly life in New France. 



© TQ / JF. Bergeron

Musée des Ursulines de Trois-Rivières •

Trois-Rivières

Classified as a heritage site, this museum showcases the three-century history of this religious community dedicated to teaching and healing.

Flavours and Traditions

Accessible

Microbrasserie Nouvelle-France •

Saint-Alexis-des-Monts

Enjoy local beers as you look out at the production plant.

Partially Accessible

Marché public • Shawinigan

Fresh, local and gourmet, this farmers market will whet your appetite.

Microbrasserie Le trou du Diable • Shawinigan

A microbrewery and shop offering a selection of unique beers and related products.

Accommodations

Hotels

Accessible

Le Baluchon Éco-Villégiature • Saint-Paulin

Hotel OUI GO! • Trois-Rivières

Partially Accessible

Auberge du Lac-à-l'Eau-Claire •

Saint-Alexis-des-Monts

Comfort Inn & Suites • Shawinigan

Hotel Énergie Shawinigan • Shawinigan

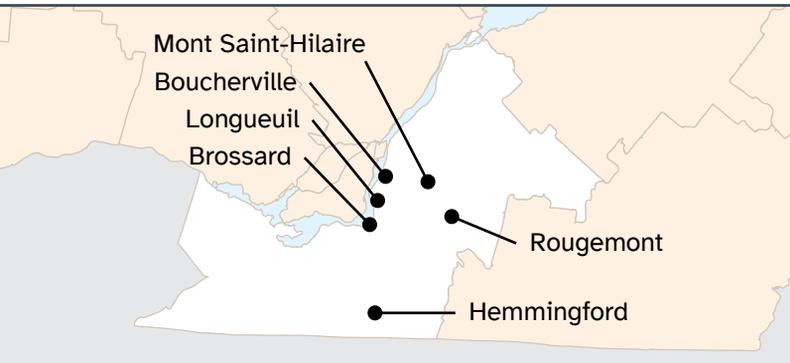
Auberge du Lac Saint-Pierre • Trois-Rivières

Campgrounds

Accessible

Camping Les Forges • Trois-Rivières

Montérégie



Dotted with villages and fertile countryside, this agritourism region abounds with orchards, vineyards and sugar bushes. The many vestiges of history that remain are a testament to the region's colourful past.

Parks and Outdoors

Accessible

Île Saint-Bernard • Châteauguay

Come and spend a relaxing day in the woods at the water's edge amidst the local fauna and flora.

Municipal beach • Saint-Zotique

Beach with an accessible swing, wading pool with ramp and accessible picnic tables.

Partially Accessible

Parc national des Îles-de-Boucherville •

Boucherville

In the middle of the St. Lawrence River, five small islands make up the park, with 19 km of accessible trails on Île-Sainte-Marguerite, Île-de-la-Commune and Île-Grosbois.

Parc national du Mont-Saint-Bruno •

Saint-Bruno-de-Montarville

Ideal for families, this national park offers accessible trails around the lakes. The paths are wide and there are picnic tables along the way.



© S. Laroche

Jardin Daniel A. Séguin • Saint-Hyacinthe

Wander through this magnificent 4.5 hectare flower-filled park, famous for one of the largest collections of annuals in Québec.

Parc régional des Grèves • Sorel-Tracy

This park abounds with biodiversity with its many habitats spanning mature forests and a large marsh. The 1.2-km Des Chênes trail is partially accessible.

Parc régional de Beauharnois-Salaberry •

Beauharnois

In this vast recreational and multipurpose area, ride along an 8.6-km stretch of paved, accessible bike path, which is part of the Route Verte. An adapted electric-assist tandem bike is available on loan. Lookouts and rest stops.

Culture and Heritage

Accessible

Le Club Dix30 • Brossard

Located in the heart of the shopping district, this show venue offers a program for all tastes (comedy, song, variety, blues).

Électrium – Le centre d'interprétation de l'électricité d'Hydro-Québec • Sainte-Julie

Learn more about electricity through entertaining and interactive models, dynamic guides and videos. 

Partially Accessible

Beauharnois hydropower generating station (Hydro-Québec) • Beauharnois

With its art deco architecture, this hydropower generating station is also one of the largest in the world.  

Maison nationale des Patriotes - Maison Jean-Baptiste-Mâsse heritage site •

Saint-Denis-sur-Richelieu

Delve into the life of the Patriotes through collections of artifacts and archives including paintings, prints, drawings, costumes and textiles, ethnology and archaeology, decorative art and photographs.

MUSO - Musée de société des Deux-Rives •

Salaberry-de-Valleyfield

Housed in a renovated former Protestant church, this museum focuses on industrial heritage, particularly textiles, and boasts a vast collection of objects and photographs. Guided tours, peaceful visits and tactile exploration are all available.

Théâtre Manuvie (formerly L'Étoile Banque Nationale) • Brossard

Located in the heart of the Quartier Dix30, this cultural venue offers a wide-ranging program of shows, concerts, theatre and comedy to keep you entertained. 

Droulers-Tsiionhiakwatha Archaeological Site Interpretation Center • Saint-Anicet

Immerse yourself in the world of the St. Lawrence Iroquoians with this life-size reconstruction of an Iroquoian village.

Biophare • Sorel-Tracy

This interactive museum shines a light on the natural and human heritage of the Réserve de la biosphère du Lac-Saint-Pierre and the St. Lawrence River.  

Centre des arts contemporains du Québec •

Sorel-Tracy

This brand new contemporary art centre offers rich and diversified exhibits, artist lectures and artistic performances.

Salle Georges-Codling • Sorel-Tracy

Attend a concert or a comedy, dance, variety or theatrical show in a magnificent heritage building in the heart of downtown Sorel-Tracy. General public, children and families.

Circuit du Paysan



In the foothills of the Adirondacks, in the Haut-Saint-Laurent valley, this tour takes you on a 194-kilometre route through stunning scenery in the Montérégie region, where you'll discover some unique products.

Accessible

- ▶ **Les Frères Dailpé** • Hemmingford
- ▶ **Boucherie Viau** • Hemmingford
- ▶ **Zoo Parc Safari** • Hemmingford
- ▶ **Charcuterie Stefan Frick** • Lacolle
- ▶ **Fromagerie Fritz Kaiser** • Noyan
- ▶ **Récréoparc** • Sainte-Catherine

Partially Accessible

- ▶ **Entre Pierre et Terre** • Franklin
- ▶ **Les Vignes des Bacchantes** • Franklin
- ▶ **Vergers Cassidy** • Franklin
- ▶ **Vergers Blair** • Franklin
- ▶ **Cabane à sucre l'Hermine** • Havelock
- ▶ **Vignoble du Marathonien** • Havelock
- ▶ **Burger Bob** • Hemmingford
- ▶ **Cidrerie du Minot – Économusée du cidriculteur** • Hemmingford
- ▶ **Domaine des Salamandres** • Hemmingford
- ▶ **Vergers Écologiques Philion** • Hemmingford
- ▶ **Vergers Petch** • Hemmingford
- ▶ **Domaine Herdman** • Hinchinbrooke
- ▶ **Taverne de la Ferme** • Ormstown
- ▶ **Verger et Bleuetière Suzanne Machabée** • Saint-Antoine-Abbé
- ▶ **Brasserie Saint-Antoine-Abbé** • Saint-Antoine-Abbé
- ▶ **Le Douglas Resto-Bar** • Saint-Cyprien-de-Napierville
- ▶ **Le Café Hemmingford** • Hemmingford

Statera Expérience • Sorel-Tracy

Enjoy an immersive augmented reality experience to learn all about the Lac Saint-Pierre Biosphere Reserve, or watch a film in the 360° dome.

Flavours and Traditions



Accessible

Fromagerie Ruban bleu • Mercier

Share the passion of these cheesemakers and discover how their cheese is made. You'll also be able to enjoy a taste!

Le Flanc Nord, Verger & Cidrerie •

Mont-Saint-Hilaire

Visit this magnificent orchard and cider operation, renowned for its ambiance and its apples, not to mention its pastries and ciders.

Vignoble La Grande Allée • Mont-Saint-Hilaire

Come taste some wine, and visit the art gallery and the shop offering handmade products.



© Vignoble la Grande Allée

Cidrerie Michel Jodoin • Rougemont

Learn about the history of cider and explore the cellars and the place where the cider is produced, and savour various products. 

Vignoble Coteau Rougemont • Rougemont

Experience a moment of pure happiness in synergy with nature at this vineyard. Enjoy a taste of the multiple award-winning wines and ciders produced here.



Partially Accessible

Les Vignes des Bacchantes • Hemmingford

Take a guided tour of the vineyard to learn more about the world of wine.

Vergers et Cidrerie Denis Charbonneau •

Mont-Saint-Grégoire

Pick your own apples and berries at this orchard and cider operation. Some fine local products await you in the shop.

Le Relais de la Pomme • Saint-Paul-d'Abbotsford

Shop for fresh local fruit and vegetables at this food market.

Les Fraises Louis Hébert • Saint-Valentin

Explore the world of strawberries and visit the first interpretive centre that touches on them.



Cidrerie Michel Jodoin © M. Jodoin

Accommodations

Hotels



Accessible

Escad Hotel Quartier DIX30 • Brossard

Auberge des Gallant • Sainte-Marthe



Partially Accessible

Sandman Hotel Montréal-Longueuil • Longueuil

Hotel de la Rive • Sorel-Tracy

Campgrounds



Accessible

Camping Choisy • Rigaud

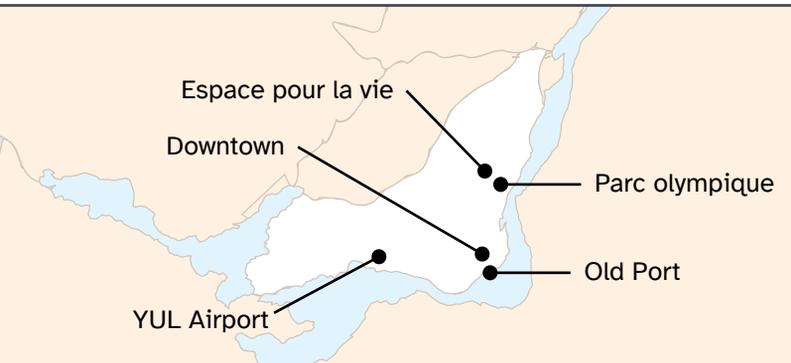
Camping La Clé des champs Complexe VR • Saint-Philippe



Partially Accessible

Camping Saint-Polycarpe • Saint-Polycarpe

Montréal



Montréal is a cosmopolitan city with so much to offer! Art and culture lovers will be delighted with the multitude of accessible establishments. Also famous for its festivals, it pulses with life in the summer.

Parks and Outdoors

Accessible

Old Port of Montréal

The Old Port looks out onto Montréal, the banks of the St. Lawrence River and nearby attractions in the heart of the city.



© TQ / G. Leroyer

Partially Accessible

Parc Jean-Drapeau • Espace 67

Visit Alexander Calder's massive "Three Discs" sculpture for stunning views of downtown and the river.

Parc-nature de l'Île-de-la-Visitation

This quiet, relaxing urban park offers beautiful views of Rivière des Prairies.

Zoo Ecomuseum

See some of Québec's smaller wild residents at this shelter that cares for injured animals, including foxes, otters, raccoons and porcupines.

Squares and Plazas

Many town squares and plazas are accessible in the city of Montréal. You can go for a stroll, rest, take in the beautiful views, admire local artworks or enjoy seasonal festivities. Some examples of such places are: Place d'Armes, Place des Arts, Place des Festivals, Place des Montréalaises, Place du Canada, Place Émilie-Gamelin, Place Jacques-Cartier, Place Jean-Paul-Riopelle, Place Shamrock, Place Vauquelin, Dorchester Square and Victoria Square.

Culture and Heritage

Accessible

Université de Montréal exhibition centre

As the custodian of the Université de Montréal's art collection, this centre also showcases university collections and knowledge.

Montréal Science Centre

An inclusive place where young and old alike can enjoy learning about science and technology through exhibits, entertaining workshops and experiments. 

Cinémathèque québécoise

Take in a screening or an exhibition highlighting the work of exceptional film artists of the past and present. 

Espace pour la vie

This museum complex encompasses five different tourist attractions:

- The **Biosphère** is dedicated to raising public awareness of environmental issues through its programming, activities and exhibitions.
- The **Biodôme** and its five ecosystems of the Americas are all under one roof—you'll feel like you're out in nature. ♿
- The **Insectarium** helps humans have a better experience of nature, by reconsidering their relationship with insects in particular.
- The **Planetarium** uses state-of-the-art technology to provide a unique experience of the universe through its immersive theatres.



Jardin botanique © TQ / M. Julien

- The **Botanical Garden** is recognized as one of the world's finest, with more than 15 thematic gardens. Download the Botanical Garden map with the accessible route to enjoy a memorable experience. Visit the blog at quebecforall.com. ♿

Grande Bibliothèque (Bibliothèque et Archives nationales du Québec)

With its imposing architecture, state-of-the-art library and millions of archival documents to discover with the help of numerous tools adapted to people with disabilities, this establishment is a must-see.

St. Joseph's Oratory of Mount Royal

A spectacular Catholic shrine, the Oratory also offers a beautiful view of the city. It draws close to 2 million visitors and pilgrims each year.

La Guilde

This renowned art gallery is a resource for Inuit art, First Nations art, Métis art, and Fine Crafts from Canada.

Montreal Holocaust Museum

Find out the stories of Montreal survivors of this tragedy. Through the diversity of their destinies, you'll understand the complexity and the scale of the Holocaust.

MUMAQ-Musée des métiers d'art du Québec

Learn about the history of crafts in the province and enjoy temporary exhibitions of contemporary craftspeople. 👁️ ♿

McCord Museum

This museum celebrates life in Montreal, yesterday and today: its history, its people, its communities. ♿

Palais des congrès de Montréal

In this convention and conference centre, you can wander around the main floor to visit its shops or just to appreciate its works of art. 👁️ ♿

Radio-Canada

Québec's oldest broadcasting service opens its doors for you to learn about the archaeological research that preceded the construction of this new building and to explore its architecture, studios and works of art.

Vox • Centre de l'image contemporaine

This centre presents exhibits of contemporary art where image-making is the focus: photography, video, multimedia, film and publication. 👁️



Vieux-Montréal © S. Poulin



Partially Accessible

Mary Queen of the World and St. James the Great Cathedral

Nestled in the heart of downtown, this Catholic cathedral, inspired by St. Peter's Basilica in Rome and built in the late 19th century, features a nave, a coffered vault, a baldachin with twisted columns and paintings in the transept that are all well worth the visit.

Basilique Notre-Dame de Montréal

The Basilica's history as Montréal's mother church is inseparable from that of the city. The interior decors are nothing short of amazing.

Centre Canadien d'Architecture (CCA)

Dig into some of the world's largest collections of publications, drawings, plans, models, engravings, photographs and the like at this centre of architecture.

World Trade Centre Montréal

This centre, with its modern architecture, connects several historic buildings and a portion of the old "Ruelle des Fortifications." Covered by an impressive glass skylight, it houses a shopping area, a majestic fountain and a portion of the Berlin Wall donated to Montréal for its 350th anniversary.

Centre des arts actuels SKOL

Selected exhibitions in support of emerging art and experimentation in the visual arts. Support service available to all, including neurodivergent people and/or people with intellectual disabilities, and video translated into QSL.

Centre Phi

At the crossroads of art, cinema, music, design and technology, the centre offers a program focused on digital and contemporary arts.

Notre-Dame-de-Bon-Secours Chapel

Discover over three centuries of history in Montréal's oldest stone chapel. See works by Ozias Leduc, miniature ships suspended from the arches and the tomb of Saint Marguerite Bourgeoys.

Château Dufresne

Created from the former residences of the Dufresne brothers, this museum offers exhibitions on heritage and the arts. 

Château Ramezay

This heritage site in Old Montréal recounts the history of the city and the province, from prehistory to the present day.

Écomusée du fier monde

A history museum that offers a look at the day-to-day lives of ordinary people, the Écomusée du fier monde invites visitors to explore little-known aspects of Montréal's culture.



© TQ / G. Leroyer

Guido Molinari Foundation

Located in a former bank, this art centre is home to the last studio of Montréal painter and collector Molinari, and exhibits his vast collection of works. Guided tours and workshops for children. 

Fonderie Darling

Housed in two former industrial buildings close to Old Montréal, this visual arts venue features temporary exhibitions, artists' studios and an outdoor public square—an inspiring setting for creativity.

Sir George-Étienne Cartier National Historic Site

Visit the family home of one of the Fathers of Confederation (1814-1873). 

Maison nationale des Patriotes – Prison-des-Patriotes-au-Pied-du-Courant heritage site

Built between 1831 and 1840, this former prison featuring neo-classical architecture now pays tribute to the Patriotes and tells the story of their incarceration within its walls.

Musée de Lachine

Explore a heritage site, a classified archaeological collection, 17th century buildings and a garden with 50 contemporary sculptures.

The Montreal Museum of Fine Arts

Internationally renowned museum with an outstanding contemporary decorative arts collection. 

Musée des Hospitalières de l'Hôtel-Dieu de Montréal

Four centuries of history can be traced through the museum's fascinating collection, which is linked to hospital, medical and pharmaceutical practices, as well as to religious art.

Dorval Museum of Local History and Heritage

This museum combines historical character, innovative multimedia installations and original exhibits on the major events that have shaped Dorval. Discover the former stalls, which are quite rare in Canada.

Parc olympique

View the city from atop the world's tallest inclined tower and get close and personal with the tactile models of the Olympic stadium. 

Pointe-à-Callière

Classified as a national archaeological and historic site, it is the only major archaeological museum in Canada. It covers the Indigenous period to the present day.

Hydro-Québec's head office – Édifice Jean-Lesage

As soon as you enter the lobby, you will be captivated by Jean-Paul Mousseau's mural. Continue your visit in the reception centre with tactile exhibits and virtual tours of the generating stations.  

Société des arts technologiques (SAT)

For digital art and immersive technology enthusiasts, the Satosphere hosts unique artistic creations under its 18-metre dome.



Jean-Talon Market © TQ / L. Turgeon

 **Accessible**

Jean-Talon Market

Maisonneuve Market

 **Partially Accessible**

Atwater Market

Sports and Leisure

 **Accessible**

Olympic Basin

A legacy from the 1976 Olympics, the Basin is located in Parc Jean-Drapeau on Île Notre-Dame and hosts sports groups for rowing, canoeing, kayaking and dragon boat activities.

 **Partially Accessible**

Centre d'escalade Horizon Roc

Québec's largest indoor climbing centre offers introductory and advanced sessions. Take advantage of the various types of facilities and equipment adapted to people with restricted physical ability.

Cinemas, Theatres, Shows and Festivals

Liven up your day or evening with Montréal's incredible cultural programming. Festivals, theatrical performances and international artists are rolled out in quick succession.

 **Accessible**

Casino de Montréal 

Centre Pierre-Péladeau et salle Pierre-Mercure de l'UQAM 

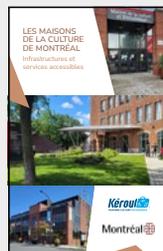
Cinéma Cineplex Odeon Quartier Latin

Festival MUTEK

Grand Quai du Port de Montréal

Maison symphonique de Montréal

Accessibility of libraries and cultural centres



To check the accessibility of these locations and the services they offer before you go, visit quebecforall.com for the brochures *Des bibliothèques pour tous* and *Les Maisons de la culture de Montréal*.

Flavours and Traditions

If you want to prepare a nice meal, satisfy a craving or simply look at some beautiful stalls, take a trip to the city's markets.

Maison Théâtre 🗎
Théâtre Saint-Denis 🗎
TOHU, la Cité des arts du cirque

 **Partially Accessible**

Cinéma Beaubien
Cinéma du Parc
Cinéma Impérial
Festival du nouveau cinéma 🗎 🗎
Festival des Francos de Montréal
Festival international de jazz de Montréal
Festival ÎLESONIQ
Just for Laughs festival
Festival LASSO
Festival Nuits d'Afrique
Osheaga
L'Olympia de Montréal
Montréal en Lumière
Monument National 🗎
MTELUS 🗎
Beanfield Theatre (ex. Corona Theatre)
Théâtre Denise-Pelletier 🗎

Théâtre du Nouveau Monde (TNM)

Théâtre du Rideau Vert 🗎

Accommodations

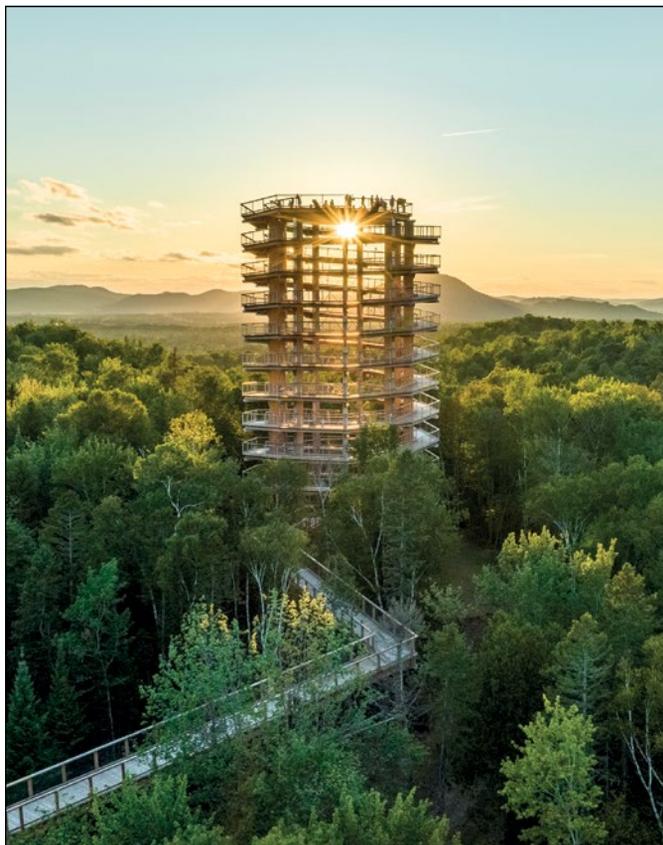
Hotels

 **Accessible**

Boxotel
Hôtel ITHQ
Hotel Monville
Residence Inn by Marriott Montreal Downtown 🗎
Montreal Marriott Château Champlain 🗎
Ritz-Carlton Montréal

 **Partially Accessible**

Courtyard Marriott Montreal Downtown
Alt Hotel Montreal
Renaissance Montreal Downtown Hotel
Travelodge by Wyndham Montreal Centre
Reine Elisabeth
Hôtel Cohorte



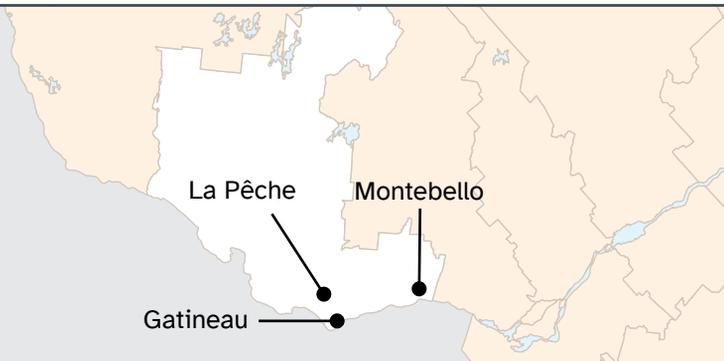
A TREE-HIGH PATH AND
A 40-METRE TOWER

15 minutes from Mont-Tremblant

www.sentierdescimes.ca



Outaouais



Next to the Ontario border, the Outaouais is a cultural region par excellence. It offers a variety of beautiful museums to explore and typical Québec outdoor activities to enjoy in every season.

Parks and Outdoors

Accessible

Waterways – Jacques-Cartier Street • Gatineau

Stroll along the Ottawa River on the landscaped pedestrian pathway, where you'll come across numerous accessible docks along the way.

Relais plein air du parc de la Gatineau • Gatineau

Close to bicycle paths and waterways, these shelters are ideal starting points for outdoor enthusiasts in any season.

Parc de la Francophonie and Parc Jacques-Cartier • Gatineau

These small urban parks provide a pleasant break in nature right in the heart of the city.

Jacques-Cartier Park • Gatineau

Stroll through this urban park in the heart of the capital, and take in beautiful views of the Ottawa River and Parliament Hill.

Parc Oméga • Montebello

From inside your vehicle, venture out to meet the iconic large animals of Québec.



© Kéroul / Promo-Accès

Partially Accessible

Gatineau Park • Gatineau

Huge park with partially accessible trails as well as access to lookouts and beaches. In the winter, you can rent an adapted cross-country ski sled.

Leamy Lake Park • Gatineau

This municipal park offers a peaceful walk in the shade of the trees, near a small beach with lovely views of the wooded surroundings.

Réserve écologique de la Forêt la Blanche • Mayo

This ecological reserve is one of the last remaining old-growth forests in the country, with some trees over four centuries old.

Brewery Creek trail - Skating rink • Gatineau

Follow a 4-km trail along Brewery Creek, where you can bird-watch and admire the industrial buildings, affluent homes and public art.

Culture and Heritage

Accessible

L'Imagier Art Centre • Gatineau

A centre for those who are curious and passionate about contemporary art. In the summer, free performances by musicians take place at Parc de l'Imaginaire. 

Gatineau Hot Air Balloon Festival • Gatineau

Stroll through the accessible site and enjoy colourful performances on an elevated stage.

Canadian Museum of History • Gatineau

Experience Canada's history from its first peoples to the present day through stories, artefacts and other treasures.

Buckingham Historical Society Museum •

Gatineau

This museum, located in the Old Market Place, traces the history of Buckingham through an interactive exhibit, archives, artifacts and photographs.

Salle Odysée – Maison de la culture de Gatineau • Gatineau

This year-round cultural venue features a varied program of concerts. 🎧

Théâtre de l'Île • Gatineau

Built in 1886, this former water tower is now home to the Théâtre de l'Île, the first municipal theatre in Québec. 🎭

🚻 Partially Accessible

Mackenzie King Estate (Gatineau Park) • Chelsea

Visit this 231-hectare estate, rich in history and featuring the summer residence of former Canadian Prime Minister William Lyon Mackenzie King.

Indigenous Experiences • Gatineau

Learn about Indigenous cultures and their history in this authentic experience at the foot of the Canadian Museum of History.

Symmes Inn Museum • Gatineau

Trace the development of this place by the river located in a building classified as a National Historic Site. 🏠

Sentier culturel • Gatineau

This cultural trail, inspired by Boston's Freedom Trail, invites visitors to follow a 3-km red line on the ground as they explore downtown Gatineau.



© Promo-Accès / Kérout

Fairbairn House Heritage Centre • La Pêche

Built in 1861, this interpretive centre now consists of a tourist office, exhibits, a cabin, a barn and trails.

George Bryson Cultural House •

Mansfield-et-Pontefract

This elegant house is a museum for the history of the Pontiac region and the Bryson family.

Manoir Papineau National Historic Site •

Montebello

You'll be charmed by the Papineau estate. Stroll through the garden or the family museum.

Flavours and Traditions

🚻 Accessible

Fromagerie Montebello • Montebello

Taste cheeses bearing playful, evocative names such as Tête à Papineau, Rébellion 1837, Manchabello...

🚻 Partially Accessible

ChocoMotive – Économusée de la chocolaterie • Montebello

This economuseum offers delicious chocolates made from fair trade and organic ingredients.

Les Brasseurs du Temps • Gatineau

This microbrewery is also a regional beer interpretation centre.

Sports and Leisure

🚻 Accessible

Casino du Lac-Leamy • Gatineau

A wide variety of games of chance awaits you in a friendly atmosphere.

Centre Wakefield La Pêche • La Pêche

There are activities for the whole family at this cultural, artistic and recreation centre, which has a performance hall, library and outdoor sports facilities.

Accommodations

Hotels

🚻 Accessible

Four Points par Sheraton • Gatineau

Hilton Lac-Leamy • Gatineau 🎧

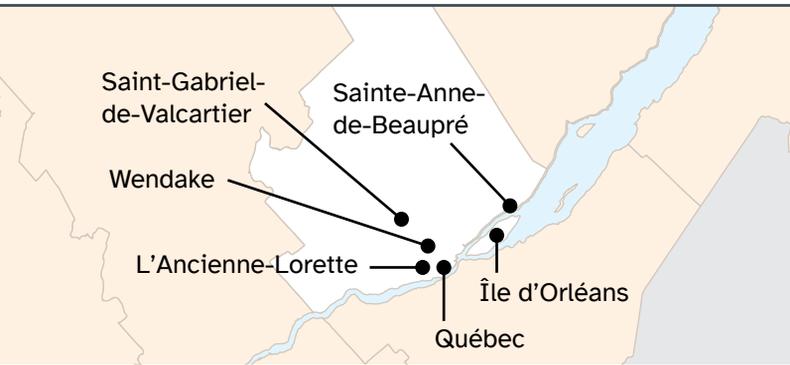
🚻 Partially Accessible

Auberge de la Gare • Gatineau

Les Suites Victoria • Gatineau

Best Western Plus • Hull

Québec City Region



The only fortified city in North America, Québec City is a world heritage treasure recognized by UNESCO. Far more than a living museum, Québec City and its surroundings have much to offer.

Parks and Outdoors

Accessible

Baie de Beauport • Québec City

The sandy beach here is equipped with a mat, and its entertaining installations make it a very popular place in summer.

Base Plein Air Sainte-Foy • Québec City

The ideal spot to enjoy a multitude of accessible outdoor activities, with a good supply of adapted equipment. Beach, boats, fishing, hiking trails, exhibitions.

Réserve faunique de Portneuf • Rivière-à-Pierre

Come to this wildlife reserve to encounter some rugged landscapes among picturesque mountains, raging waterfalls and peaceful streams.

Centre récréotouristique des Hautes Terres •

Sainte-Brigitte-de-Laval

In the heart of the mountains and forest, take off on an adapted ATV on a 4-km trail boasting breathtaking views of two valleys.

Partially Accessible

Canyon Sainte-Anne • Beaupré

Starting at the north shore, the adapted trails provide a pathway with spectacular views from the suspension bridges.

Parc de la Chute-Montmorency • Québec City

This spectacular natural site is breathtaking. At 83 metres in height, its striking waterfall is taller than Niagara Falls.



© TQ / G. Leroyer

Parc naturel régional de Portneuf – gorge section of the Rivière Sainte-Anne • Saint-Alban

Enjoy the beach and boating on the Rivière Sainte-Anne with adapted equipment or take to the partially accessible footpaths (Joëlette and Trakz all-terrain wheelchair available for rent).

Urban parks • Québec City

Place des Canotiers, Place de l'Assemblée Nationale, Parc de l'Amérique-Française, Parc de l'Amérique-Latine, Parc de la Francophonie, Parc des Moulins, Parc du Bois-de-Coulonge and Promenade Samuel-De-Champlain are places steeped in history, offering green spaces that enhance the city and give visitors a chance to enjoy a piece of the local heritage.

Réserve nationale de faune du Cap-Tourmente •

Saint-Joachim

Visit this wildlife reserve located in a wetland whose contrasting landscapes are shaped by the action of the river, and contemplate the coastal marshes, plains and mountains.

Culture and Heritage

Accessible

Aux Trois Couvents • Château-Richer

Located on an archaeological site, this place invites you to discover the region's history, heritage and culture, from the 17th century to today.

Assemblée nationale du Québec • Québec City

Embark on an exciting visit of the Québec legislature with experienced guides. Discover the secrets of Parliament and explore the brand-new reception hall. 

Citadelle de Québec and Musée Royal

22^e Régiment • Québec City

Located in the Citadel, the Royal 22nd Regiment museum holds one of the largest military collections in Canada, from the period of New France to the present day.

Festival d'été de Québec (outdoor site) •

Québec City

A full roster of musical entertainment spanning 11 days on several outdoor stages specially designed for people with disabilities.

Maison Léon-Provancher • Québec City

An interpretive centre for history and science dedicated to the work of Father Léon Provancher, a trailblazing naturalist in French Canada. 

Voltigeurs de Québec Armoury • Québec City

Home to North America's oldest French-Canadian regiment, the Armoury's history and architecture date back 130 years. Only the façade remains intact. It has been transformed into a reception hall.

Monastère des Augustines • Québec City

Steeped in history and tradition, this place offers a unique experience in total health that brings to life the heritage of the Order of St. Augustine.

Musée de la civilisation • Québec City

A place of knowledge and ideas, this museum casts a new and often unexpected light on the human experience through its daring and original exhibitions.  

Musée national des beaux-arts du Québec •

Québec City

This national museum consists of four pavilions and a collection of over 40,000 works from the 17th century to the present.  

Pôle culturel du Monastère des Ursulines •

Québec

Explore three floors of temporary and permanent exhibits showcasing the cultural legacy of the Ursulines.

Unitours (Red Bus) • Québec

Hop on a red bus to visit the most notable attractions in and around Québec City (Ile d'Orléans, Montmorency Falls, Sainte-Anne-de-Beaupré, Valcartier Vacation Village, Ice Hotel). Departures from Château Frontenac.

Atelier Paré – Économusée de la sculpture sur bois • Sainte-Anne-de-Beaupré

At this economuseum, meet wood carvers whose sculptures depict the goblins, werewolves, witches and devils of Québec folklore.  

Musée Huron-Wendat • Wendake

Inspect a very rare collection that speaks to the rich culture and skills of this First Nation.



© TQ / M. Julien

Partially Accessible

Morrin Centre • Québec City

A heritage site and English-language cultural centre housing a beautiful library and reception hall. The laboratory is partially accessible and the former prison is not accessible. 

Moulin de La Chevrotière • Deschambault-Grondines

The mill is home to a permanent exhibition of traditional trades and visual artwork.

Vieux presbytère • Deschambault-Grondines

This old rectory, a landmark of Québec's heritage dating from 1816, presents some excellent exhibitions on village heritage and contemporary visual art. 

Aquarium du Québec • Québec City

With its 10,000 marine animals, this aquarium enchants young and old alike.



© TQ / P. Lambert - JF. Frenette

Domaine Cataracti • Québec City

At this 19th century English estate, explore the remains of a horticultural greenhouse and one for growing grapes, and make your way through a large kitchen garden overlooking the river.

Le Diamant • Québec

Inspired by Robert Lepage and nestled in the heart of Old Québec City, this creative hub and venue is home to the company Ex Machina, and features theatre, circus and multidisciplinary arts.

Le Grand Théâtre de Québec • Québec City

A large, glass-encased building that presents over 150 performances a year, showcasing the performing arts and digital art. 

L'îlot des Palais • Québec City

This historical and archaeological site takes you into the vibrant life of the lower town of Old Québec, including the Jean Talon brewery, the Intendant's palaces, the King's prisons and stores, as well as the Boswell brewery.

Maison Girardin • Québec City

Classified as a historic monument and a building of national significance, this fully restored residence tells the story of Beauport and its community.

Moulin des Jésuites de Charlesbourg •

Québec City

In the heart of the Charlesbourg heritage site, the Centre d'interprétation du Moulin et du Trait-Carré tells the story of New France.

Musée des plaines d'Abraham • Québec City

Discover the treasures of one of the world's most prestigious urban parks. Relive the famous battles of 1759 and 1760.

Observatoire de la Capitale • Québec City

Get a bird's-eye view of the city from this 221-metre high observatory with a 360-degree view.

Site Déry • Pont-Rouge

Step back in time to the 1800s with a tour of this ancestral home and its outdoor facilities, a reminder of the area's agricultural past. A short trail runs along the Rivière Jacques-Cartier.

La Grande Ferme • Historical site • Saint-Joachim

Through a multi-sensory experience, this interpretation centre showcases the heritage and history of this part of the country. 

Site traditionnel Huron Onhoüa Chetek8e •

Wendake

This traditional Indigenous village recreates the history, heritage and customs of the Huron nation. Explore the longhouse, the fish smokehouse and the sweat lodge. 

Getaway to Île d'Orléans



Accessible

Ferme Le Beau Markon •

Sainte-Famille-de-l'Île-d'Orléans

Wander through the orchards with accessible U-pick, and enjoy a picnic on site.

Cidrerie Verger Bilodeau •

Saint-Pierre-de-l'Île-d'Orléans

Apple and maple treats await you at this orchard and cider operation. Picnic table, U-pick, mini-farm.



Partially Accessible

Manoir Mauvide-Genest •

Saint-Jean-de-l'Île-d'Orléans

For over three centuries, this provincial historic site has stood as a testament to the ambition and success of an extraordinary couple in New France.

Espace Félix-Leclerc • Saint-Pierre-de-l'Île-d'Orléans

Learn about the life of this legendary artist, his legacy, his work and his universal values.

Flavours and Traditions

Accessible

Ferme Langlois et fils - Chez Médé – Économusée du maraîcher: maïs sucré de Neuville • Neuville

Come and chat with the 12th generation farmers who grow and process their vegetables here.

Sports and Leisure

Partially Accessible

SkySpa • Québec City

For a moment of relaxation during your stay, this spa is equipped with an accessible steam bath, lounge area and café.

Nord Expe • Sainte-Brigitte-de-Laval

Adapted seats with back and side support make guided snowmobile rides accessible.



© SkySpa

Accommodations

Hotels

Accessible

Cofortel • L'Ancienne-Lorette

Entourage sur-le-lac • Québec

Grand Times Hotel • Québec

Hampton Inn & Suites by Hilton • Québec  

Hotel Château Laurier Québec • Québec

Hotel Delta Québec par Marriott • Québec

Hotel-Motel Le Gîte • Québec

L'Hotel Québec - Hotels JARO • Québec

Hotel Universel • Québec

Hotel-Musée Premières Nations • Wendake

Partially Accessible

Ambassadeur Hotel et Suites • Québec

Auberge Saint-Antoine • Québec

Best Western Premier Hotel Aristocrate • Québec

Fairmont Le Château Frontenac • Québec

Grand Times Hotel, Aéroport • Québec

Hotel Citadelle • Québec

Hotel & Suites Le Dauphin Québec • Québec

Hotel & Suites Normandin • Québec

Hotel Pur Québec • Québec 

Marriott Québec Centre-Ville • Québec

Le Monastère des Augustines • Québec

N Hotel Québec • Québec

Quality Suites • Québec

Repotel Henri IV • Québec

Vacation Resorts

Accessible

Station touristique Duchesnay •

Sainte-Catherine-de-la-Jacques-Cartier

Camp O'Carrefour • Saint-Pierre-de-l'Île-d'Orléans

Cottages

Accessible

Le Caribou, Les chalets Tourisma • Lac-Sergent

La Voisine, Les chalets Tourisma •

Saint-Léonard-de-Portneuf

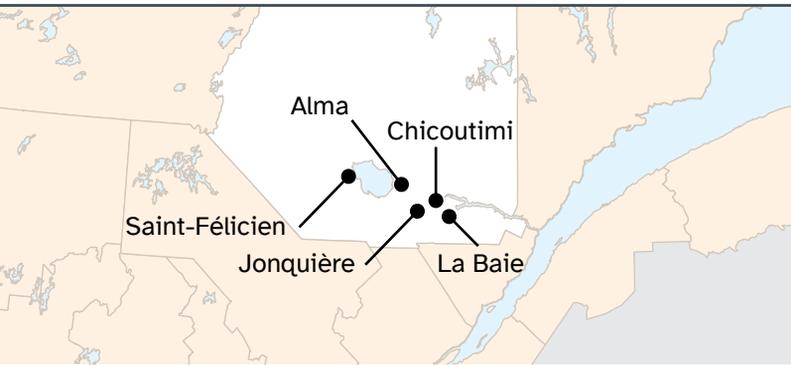
Campgrounds

Partially Accessible

Camping Juneau et Chalets •

Saint-Augustin-de-Desmaures

Saguenay–Lac-Saint-Jean



The many bays and picturesque villages around the Saguenay River and Lac Saint-Jean define this region. Historical, natural, First Nations and culinary attractions make it a must-see.

Parks and Outdoors

Accessible

Parc Sacré-Cœur • Saint-Félicien

This pretty little urban park offers a magnificent view of the Ashuapmushuan River.

Partially Accessible

La Zone portuaire • Chicoutimi

The old port area is a multifunctional meeting place on the banks of the Saguenay River. You'll find an accessible building and barrier-free pathways here.



Zoo sauvage – Cinéma au Zoo – Pavillon d'accueil Boréalium • Saint-Félicien

This 485-hectare zoo showcases nearly 1,000 animals from 80 species of the boreal regions and the cold parts of the world.

Culture and Heritage

Accessible

Parc de la caverne du Trou de la Fée • Desbiens

Explore this unique natural place through a virtual reality experience. The deck provides a magnificent view, and an immersive show rounds out the visit.



© Parc de la caverne du Trou de la Fée

Centre d'histoire Sir-William-Price • Jonquière

Located in the St. James the Apostle chapel, this centre showcases the history of the industrial town of Kenogami and the lives of its workers.

Centre national d'exposition • Jonquière

The centre features artists, exhibitions, events and activities related to traditional, modern, contemporary and current art, as well as history and science. 

Musée du Fjord • La Baie

Multimedia and tactile exhibits and activities illustrate aquatic science, natural heritage interpretation and local history.

Théâtre du Palais municipal • La Baie

This 2,100-seat amphitheatre has been presenting the La Fabuleuse histoire d'un Royaume show for 35 years, and also features some 25 regular events, thanks to broadcaster Diffusion Saguenay.

Verrerie Touverre – Économusée de la taille de pierres fines • La Baie

Discover these workshops fascinating crafts. Come and admire some unique pieces. 

Musée amérindien • Mashteuiatsh

Immerse yourself in First Nations history. Discover the history and culture of the Pekuakamiulnuatsh of Lac-Saint-Jean.

Église de Saint-Félicien • Saint-Félicien

Admire this sweet little Catholic church across from Sacré-Cœur park.

Partially Accessible

Historic village of Val-Jalbert • Chambord

Go back in time to 1927 at this authentic village with 40 period buildings.

La Pulperie de Chicoutimi • Chicoutimi

Learn about the history of this pulp mill and the major role it played in the city's and the region's development in the early 20th century. 🏠 🗺️

Centre d'histoire et d'archéologie de la Métabetchouane • Desbiens

This museum of history and archaeology looks at the importance of natural waterways through time. 🏠 🗺️

Théâtre Palace • Jonquière

This cabaret-style venue (tables and chairs) with a classic balcony offers a wide-ranging program of concerts, dance, theatre, comedy, circus and storytelling. For the general public.

Musée de la Défense aérienne de Bagotville • La Baie

Learn about the history of military aviation in Canada through interactive exhibits, photographs and unique historical artefacts. 🗺️

Verrerie d'Art Touverre – Économusée du soufflage de verre • La Baie

Discover these workshops displaying fascinating crafts. Come and admire some unique pieces.

Moulin des Pionniers • La Doré

Explore a sawmill and an exhibition on the lives of French settlers in the early 20th century. 🗺️

Cristal du Lac – Économusée du prospecteur cristallier • Métabetchouan-Lac-à-la-Croix

Take a geological excursion to the mine and bring back some quartz crystals. The century-old barn that houses the workshop has retained all its charm of yesteryear.



© Cristal du Lac – Économusée du prospecteur cristallier

BILODEAU Canada Universe • Normandin

Take a tour through the exhibition hall into the fascinating universe where fur products are made and discover a variety of animal species from the four corners of the globe.

Maison de la culture de Saint-Félicien & La Félicène • Saint-Félicien

This centre located in the heart of downtown is home to different cultural organizations offering a seasonal program. Musical performances take place on an outdoor stage in the summer.

Flavours and Traditions

🏠 Accessible

Délices du Lac-Saint-Jean – Économusée de la confiture: bleuet sauvage • Albanel

Specialized in the transformation of wild blueberries, this family business is proud to introduce you to products made from this small emblematic fruit.

Chocolaterie des Pères Trappistes de Mistassini Inc. • Économusée de la Chocolaterie des Pères • Dolbeau-Mistassini

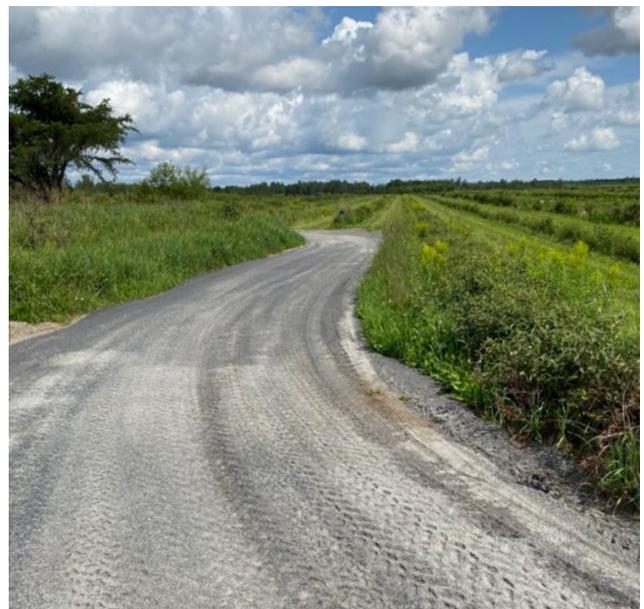
Founded in 1939, this chocolate factory carries on the traditions today. Walk through 80 years of history and learn more about how to make chocolate.

Fromagerie Boivin • La Baie

This family-owned cheese factory has been making excellent fresh cheddar cheese daily since 1939.

Camerises Mistouk – Economuseum of haskap berry transformation • Labrecque

Visit the economuseum for information on the haskap berry and boreal spices, and take a guided tour of the fields in an adapted vehicle to learn about the production and processing of this fruit. Store and U-pick.



© Kéroul

À l'Orée des Champs – Économusée de la charcutière d'agneau • Saint-Nazaire

This century-old family business is a sheep producer. It showcases regional products and offers a menu featuring lamb produced on site.

Partially Accessible

Domaine le Cageot • Jonquière

A range of products made from grapes, wild blueberries, raspberries and blackcurrants.

Le Chevrier du Nord – Économusée de la chevrerie/agrovestimentaire • Saint-Fulgence

This family farm raises angora goats to make warm, unique clothing using traditional methods.

Ferme Gilbert et Fils • Saint-Henri-de-Taillon

The guided tour of this family farm introduces you to the daily life of these farmers, their history and the history of the evolution of agriculture.

La vieille Fromagerie Perron - Musée du fromage Cheddar • Saint-Prime

Make your own cheese in this world-renowned former factory. A unique experience.



© La Vieille Fromagerie Perron, Musée du fromage Cheddar

Accommodations

Hotels

Accessible

Travelodge Alma • Alma

La Saguenéenne Hotel et Centre de congrès • Chicoutimi 

Hotel Delta Saguenay par Marriott • Jonquière 

Auberge du Presbytère Saint-Alexis • La Baie

Hotel de la Boréale • Saint-Félicien

Partially Accessible

Hotel Universel • Alma

Village historique de Val-Jalbert, Hotel • Chambord

Hotel Le Montagnais – Centre de congrès • Chicoutimi

Auberge des Battures • La Baie

Ermitage Saint-Antoine • Lac-Bouchette

Auberge des Îles • Saint-Gédéon

Cottages

Accessible

Centre plein air Otis Nature • Lamarche

Les Chalets Baie Cascouia (Le Tricia) • Larouche

Chalet Dorémi • Saint-Félicien

Vacation Resorts

Partially Accessible

Centre Vacances Nature • Auberge Éva • Lac-Bouchette

Campgrounds

Accessible

Camping Village historique de Val-Jalbert • Chambord



Your Quebec Partner
for Accessible Discoveries

Make a donation to Kéroul

“We need your help to make tourism and culture more accessible to people with disabilities!”

—Isabelle Ducharme, chairperson of the board of directors

By donating to Kéroul, you are actively contributing to the preservation and implementation of various programs that improve access to tourism and culture. Tax receipts are issued for any donation over \$20.

Thank you to all our donors for believing in our mission!

How can I make a donation?

- Online at www.keroul.qc.ca/dons.html (CanadaHelps)
- By mail, simply send a cheque to Kéroul, 7665 Lacordaire Blvd., Montréal (Québec) H1S 2A7.
- By phone, using a credit card (Visa or Mastercard), call 514-252-3104.



Become a Kéroul member

Support accessible tourism and culture in Québec by becoming an individual (\$25) or corporative (\$75) member.

Subscription to Kéroul’s quarterly magazine *Le Baladeur* (in French only) is included with the membership. Fill out the online form at www.keroul.qc.ca/en/membership-form.html.



© TQ / G. Leroyer

Travel Services

Adapted Services in Québec

Equipment rental

To rent equipment or mobility aids during your trip (lifts, wheelchairs or removable shower chairs), please refer to the companies listed on Kéroul's website, in the Rental of mobility aid and adapted equipment section.

Assistance services

For care or support during activities outside the home, day trips or travel, please refer to Personal Assistance section of Kéroul's website.

Free Entrance for Companions

Companion Leisure Card (CAL)—Québec



The CAL card is offered free of charge to residents of Québec above the age of 5 living with a disability, and gives their companion free admission to leisure, cultural or tourism activities in its partner venues. To learn more, go to carteloisir.ca or call 1-833-693-2253.

Access 2 Card program—Canada



This card can be purchased by a person with a disability to grant their companion free entrance (or a discount rate) at movie theatres, as well as various attractions across Canada. More information on carteaccess2.ca or by calling 1-877-376-6362.



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Transportation

Airports

Montréal-Trudeau International Airport is dedicated to making accessible all its facilities. The international arrivals hall of the Montréal-Trudeau airport features an adapted hygiene room where you can freshen up. These facilities are equipped with a lift and changing station for adults. To learn more, visit the GUIDE section of the admtl.com website, and click on the “Adapted services” tab.

To travel to and from the airport, the 747 shuttle service, accessible taxis and vehicle rental are just some of the options available.

Taxis

An accessible taxi transport service is available in several cities throughout Québec. The Accessible transportation page of our website features a non-exhaustive list of the companies that offer this service for each region.

Vehicle Rental

Location Jean Légaré rents accessible vehicles complete with access ramps. Their minivans feature a side entrance and can accommodate up to three people in motorized wheelchairs, for a maximum total of five passengers. It is also possible to rent a vehicle with hand controls.

Location Jean Légaré: 1-877-457-5342

Other companies offer car rentals with hand controls and spinner knobs:

Avis: 1-888-879-4273 • 1-800-962-1434

Alamo: 1-800-651-1223

Hertz: 1-800-263-0678 (Québec)
1-800-263-0600 (outside of Québec)

Enterprise: 1-833-619-3657
(YUL Montréal-Trudeau Airport)

National: 1-888-273-5262
mobility@nationalcar.com

Accessible Transportation

Each municipality in Québec offers adapted transit to residents of the province. A user number is required to book transport. You may apply for a number if you are already using adapted transit in your municipality. Availability can vary across regions.

In Montréal, visitors from outside of Québec can benefit from adapted transit provided they use a wheelchair. To reach their phone service and create your visitor account (7-10 days prior to your arrival) contact the STM Paratransit customer service: 1-514-280-8211.

Accessible

La Baie — Saguenay-Bagotville Airport

Montréal — Montréal-Trudeau International Airport

Québec City — Québec City Jean-Lesage International Airport

Intercity Transit

The intercity transit network is accessible to all and includes over 200 terminals across Québec. To get a list of the companies, routes, schedules and fares, visit the Bus Carrier Federation's website. You could also request the Québec Companion Card. If you are travelling in a wheelchair, make sure to mention it during your booking.

Orléans Express: 1-833-449-6444

Orléans Express's fleet features four buses equipped with platform lifts and wheelchair securement systems. These vehicles can accommodate two wheelchairs each.

Regular Bus and Metro

Several municipalities have accessible public transportation services, with "kneeling" (low-floor) buses and integrated access ramps. More information on the websites of the Réseau de transport de la Capitale: rtcquebec.ca (most sections in French only) and the Société de Transport de Montréal: STM Info - Paratransit.

The Montréal metro has 27 accessible stations. Visit the STM website for more details.



Accessible

- Laval — 575-STL / Paratransit service
- Montréal — Gare d'autocars de Montréal (Montréal coach terminal)
- Saint-Jérôme — Gare intermodale de Saint-Jérôme (Saint-Jérôme intermodal transit station)



Partially accessible

- Montréal — Montréal Central Station

Train

VIA Rail offers accessibility for many of their destinations, for example their Montréal-Québec route. Booking is by phone only. In some circumstances, companions may ride for free. To benefit from this offer, you will be asked to fill out a medical certificate attesting to your needs in terms of assistance.

For full details visit VIA Rail's website or call 1-888-842-7245 • ATS 1-800-268-9503.

Ferries

The Société des traversiers du Québec (Québec ferry company) operates several crossings with adapted river terminals and ships for people with reduced mobility. Make sure to check the information on each facility before you plan your trip. It is important to inform the staff of any functional limitation during your booking process as well as upon arrival on site.

For more information on Québec's transportation services, visit Kéroul's Transportation web page.



Accessible

- Baie-Sainte-Catherine — Tadoussac crossing 
- Cap-aux-Meules — CTMA cruise terminal for the Îles-de-la-Madeleine crossing between Souris (P.E.I.)/Cap-aux-Meules (CTMA Ferry) — Madeleine II
- Gaspé — Gaspé cruise terminal
- La Baie — La Baie cruise terminal / Saguenay
- L'Isle-Verte — L'Île-Verte crossing
- Matane — Matane-Baie-Comeau-Godbout crossing
- Saint-Joseph-de-la-Rive — L'Isle-aux-Coudres crossing
- Les Escoumins — Quais de Trois-Pistoles (Trois-Pistoles crossing)

Parking

People travelling from a member country of the International Transport Forum (ITF) may bring their own accessible parking permit as long as it features the International "Wheelchair" Symbol of Access.

Then simply validate the permit's terms of use with the municipalities you will be visiting (time limits, parking fees, parking in residential areas, etc.). You can visit the website of the SAAQ (Québec Automobile Insurance Corporation) for more information.



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